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1 **Interactive effects of temperature and food availability on the growth of *Arctica islandica***
2 **(*Bivalvia*) juveniles**

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13 **Keywords (6-10)**

14 Bivalve, shell and tissue growth, temperature, phytoplankton concentration, siphon activity,
15 sclerochronology

16

17 **Abstract (150)**

18 The interest in *Arctica islandica* growth biology has recently increased due to the widespread
19 use of its shell as a bioarchive. Although temperature and food availability are considered
20 key factors in its growth, their combined influence has not been studied so far under
21 laboratory conditions. We tested the interactive effect of temperature and food availability
22 on the shell and tissue growth of *A. islandica* juveniles (9-15 mm in height) in a multi-
23 factorial experiment with four food levels (no food, low, medium, and high) and three
24 different temperatures (3, 8, 13 °C). Shell and tissue growth were observed in all treatments,
25 with significant differences occurring only among food levels (2-way ANOVA; P-value < 0.05).
26 Siphon activity (% open siphons), however, was affected by temperature, food, and the
27 interaction between them (2-way ANOVA; P-value < 0.05). Siphon observations, as indication
28 of feeding activities, played a key role to better understand the growth variation between
29 individuals.

30 1. Introduction

31 In sclerochronology, shell growth increments are used for retrospective climate studies, in
32 the same way as growth rings of trees are used in dendrochronology (Jones, 1980; Witbaard
33 et al., 1994; Karney et al., 2011). Based on *Arctica islandica* annual growth increments, it is
34 possible to distinguish periods of rapid and slow growth to create shell-growth chronologies
35 (Schöne and Gillikin, 2013). These chronologies can be coupled with local environmental
36 records, providing insight into past environmental and ocean climatic conditions (Schöne et
37 al., 2003; Witbaard et al., 2003; Butler et al., 2013; Mette et al., 2016).

38 The long-living bivalve *A. islandica* can be found on both sides of the North Atlantic: from
39 Cape Hatteras to the Canadian arctic, and from the North Sea to the Barents Sea, including
40 Iceland (Jones, 1980; Dahlgren et al., 2000). This species has an optimal thermal range
41 between 6-16 °C (Golikov and Scarlato, 1973; Cargnelli et al., 1999; Zettler et al., 2001;
42 Begum et al., 2009), but tolerates temperatures between 0 and 20 °C (Kraus et al., 1992;
43 Witbaard et al., 1997a; Hippler et al., 2013). With a lifespan of up to 507 years (Marchitto et
44 al., 2000; Schöne et al., 2005a; Wanamaker et al., 2008; Butler et al., 2013), its growth rate is
45 characterized by a sharp decrease after the first 20 years of life (Thompson et al., 1980;
46 Kennish et al., 1994). Shell length can reach a maximum size of ~14cm (Ropes, 1985).
47 However, size may not be a strong indicator of age since there is geographical variation in
48 the growth of the species (Ropes, 1985; Witbaard et al., 1999).

49 There is a lack of consensus about the intra-annual timing of shell growth in *A. islandica*,
50 the period during which the annual growth increment is formed, and the main
51 environmental forces regulating its growth. The growing season has been defined from eight
52 months (Weidman et al., 1994; Schöne et al., 2005b; Dunca et al., 2009; Ballesta-Artero et
53 al., 2017) to twelve months (Jones, 1980; Wanamaker et al., 2008; Mette et al., 2016).
54 Further, the shell growth rate has been assumed both as being constant throughout the
55 growing season (Weidman et al., 1994; Marchitto et al., 2000), or, alternately, exhibiting
56 intra-annual variability (Witbaard et al., 2003; Witbaard and Hippler, 2009; Schöne et al.,
57 2005b; Dunca et al., 2009; Wanamaker et al., 2008; Mette et al., 2016). Lastly, the cessation
58 of the main growing season has been proposed as occurring during autumn/winter (Jones,
59 1980; Murawski et al., 1982; Weidman et al., 1994; Schöne et al., 2005b), early spring (Mette
60 et al., 2016), or late summer (Witbaard et al., 2003; Dunca et al., 2009; Ballesta-Artero et al.,

61 2017). Studies from different locations, e.g. from the New Jersey Coast (Jones, 1980), Middle
62 Atlantic Bight (Murawski et al., 1982), Nantucket Shoals (Weidman et al., 1994), Fladen
63 Ground (Witbaard et al., 1997b; Witbaard et al., 2003; Butler et al., 2009), North and Baltic
64 Seas (Schöne et al., 2005b), Gulf of Maine (Wanamaker et al., 2008), Swedish West Coast
65 (Dunca et al., 2009), and Northern Norway (Mette et al., 2016; Ballesta-Artero et al., 2017),
66 suggest that different environmental conditions play key roles in explaining the variability in
67 the length or timing of the growing season. Therefore, the specific mechanistic link between
68 shell growth and the environment has to be well understood, to not limit the utility of this
69 species as a retrospective monitor of ocean conditions.

70 *In situ* observational studies on juvenile *A. islandica* in the Baltic Sea and the Gulf of
71 Maine showed variable shell growth. In Maine, growth rates ranged between 0.50-76.67 μm
72 d^{-1} (Lutz et al., 1983; Kraus et al., 1992; Kennish et al., 1994). In the Baltic Sea, Brey et al.
73 (1990) found growth rates between 12.60-36.71 μm d^{-1} . Hippler et al. (2013) found a
74 maximum growth rate of 157 μm d^{-1} with Baltic specimens cultivated in the NIOZ harbor
75 (Texel Island, the Netherlands). All these authors hypothesized that the different growth
76 rates were mainly the result of different environmental conditions, highlighting the
77 importance of food availability and water temperature in the study areas.

78 Under laboratory conditions, Witbaard et al. (1997a) tested the effect of five different
79 food levels at 9° C, and the effect of five different temperatures at optimal food conditions
80 ($>10 \times 10^6$ cells L^{-1} ; Winter, 1969) on the growth of *A. islandica*. There was a tenfold increase
81 in shell height between 1°C and 12 °C, with a maximum growth rate of 74 μm d^{-1} (Witbaard
82 et al., 1997a; Hippler et al., 2013). Witbaard et al. (1997a) also reported an increase of
83 siphon activity at higher food concentrations, corresponding with greater shell and tissue
84 growth. Other laboratory studies tested the combined effects of temperature and salinity as
85 well as temperature and acidification on specimens collected from the Baltic Sea (Hiebenthal
86 et al., 2012; Hiebenthal et al., 2013). The average growth rate per treatment was between
87 2.86- 25.71 μm d^{-1} (Hiebenthal et al., 2012; Hiebenthal et al., 2013). These studies showed
88 that acidification did not have an influence on *A. islandica* shell growth; however, high
89 temperature (16 °C) and low salinity (15) resulted in decreased growth rate. Milano et al.
90 (2017) tested the effect of temperature (10 and 15° C) and diet (three types) on the
91 microstructural organization of *A. islandica* shells. In their food experiment (performed on

92 shells from Baltic Sea), they found higher growth rates ($41.22 \mu\text{m d}^{-1}$) at the most biodiverse
93 diet, i.e., the one composed of different phytoplankton species. In their temperature
94 experiment (executed on shells from Maine), the specimens at 10°C had the highest growth
95 rate reported so far under experimental conditions i.e. $295.21 \mu\text{m d}^{-1}$ (Milano et al., 2017).

96 The combined effects of temperature and food availability have not yet been studied in a
97 single multi-factorial experiment. Most existing studies have focused on a single parameter
98 and did not take into account the possible interaction between environmental factors (e.g.,
99 Witbaard et al., 1997a; Milano et al., 2017). Therefore, to improve paleoclimatic
100 reconstructions based on *A.islandica* shell chronologies, a better understanding of the
101 relationship between food, temperature and growth is necessary. Thus, we analyzed the
102 interactive effects of temperature and food availability on the shell and tissue growth of *A.*
103 *islandica*. Furthermore, we studied siphon activity as an indication of feeding activity. We
104 aim to clarify the diversity of results found on *A. islandica* growth rate relative to two key
105 environmental factors: temperature and food availability.

106

107 **2. Methods**

108 2.1 Experimental setup

109 Living juveniles of *Arctica islandica* (< 20mm; 1-3 years old) were collected in July 2014 from
110 Kiel Bay, Baltic Sea ($54^\circ 32' \text{N}$, $10^\circ 42' \text{E}$). They were transferred to the Alfred Wegener
111 Institute (AWI, Bremerhaven) where they were kept at 7°C and salinity 21 for 6 months.
112 During this period, the individuals were fed with a microalgae mix of *Nannochloropsis* sp.,
113 *Isochrysis galbana*, and *Pavlova lutheri*. In January 2015, they were transported to NIOZ
114 (Texel) under refrigerated conditions. They were placed in small aquaria with aerated
115 seawater inside a controlled climate room (air temperature 9°C). Seawater temperature
116 varied between 8 and 10°C and salinity between 29 and 30. *A. islandica* specimens were fed
117 twice per week with a commercial mix of marine microalgae: *Isochrysis* sp., *Tetraselmis* sp.,
118 *Paulova* sp., *Thalassiosira* sp. and *Nannochloropsis* spp (Mixalgae; www. acuinuga.com).
119 They were kept under these conditions for a year.

120 In February 2016, 250 individuals (of ~ 400) were randomly selected for the growth
121 experiment and subdivided among four 15-liters aquaria for acclimation to their target

122 temperatures (about 1°C change per day). These animals were fed with Mixalgae twice per
123 day during one month (February 22nd to March 22nd, 2016) to achieve similar body
124 conditions. Optimal food concentration level ($10^{-11} \times 10^6 \text{ cells L}^{-1}$; Winter, 1969) was
125 maintained until the beginning of the experiment. Cell concentration of the water was
126 measured using a BD Accuri C6 flow cytometer.

127 The starting shell height of the experimental animals ranged between 7.86 and 15.48 mm
128 (± 0.01). Prior to the start of the experiment, the specimens were soaked in a calcein
129 solution of 125 mg L^{-1} for 24 hours (Linard et al., 2011; Ambrose et al., 2012). Calcein is a
130 non-toxic fluorescent dye which becomes incorporated in the shell and that gives a shell
131 time marker for growth studies (Linard et al., 2011; Ambrose et al., 2012). The experiment
132 was done under dimmed light conditions, and took place during spring (March 22nd to June
133 23rd, 2016; 14 weeks) to avoid undesirable effects on growth due to autumn/winter
134 physiological state of the specimens (Hiebenthal et al., 2013; Ballesta-Artero et al., 2017).

135 2.2 Experimental design

136 The experimental set-up had 12 treatments: all combinations of four food levels (no ; low:
137 0.5×10^6 phytoplankton cells L^{-1} ; medium: 5×10^6 cells L^{-1} ; and high: 15×10^6 cells L^{-1}) and three
138 different temperatures (3°C, 8°C, and 13 °C; see Table 1 for more details). There were 3
139 replicates per treatment (3 aquaria), which meant a total of 36 aquaria (4 food levels x 3
140 temperatures x 3 replicates). Five *A. islandica* juveniles were randomly assigned to each
141 aquarium, amounting to a total 180 *A. islandica* specimens. Since individual specimens
142 within one experimental unit (aquarium) are interdependent pseudo-replicates, single
143 average values for mortality, siphon activity, shell and tissue growth were calculated for
144 each aquarium separately. Thus, we present the average response of all individuals within
145 each aquarium (replicate); in particular, the specific combination of food and temperature of
146 that aquarium.

147 Each aquarium measured 30x40x17 cm (polypropylene; www.hulkenberg.nl) and
148 contained 15 liters of aerated seawater. This volume was refreshed at a rate of 600 mL h^{-1}
149 ($\sim 100 \% \text{ d}^{-1}$) with fresh filtered seawater taken from the Marsdiep tidal inlet. Suspended
150 material was filtered out over sandbed filters. Fresh water was cooled or heated before it

151 arrived to the experimental set up so that the right temperature was constantly maintained
 152 in the experimental aquaria.

153 **Table 1:** Summary of treatments.

	3°C	8°C	13°C
<i>No food</i>			
Target concentration (cells L ⁻¹ x 10 ⁶)	0	0	0
Actual concentration (cells L ⁻¹ x 10 ⁶)	0.04 ± 0.03	0.04 ± 0.00	0.03 ± 0.02
Mg dry weight ind ⁻¹ d ⁻¹	-	-	-
<i>Low food</i>			
Target concentration (cells L ⁻¹ x 10 ⁶)	0.50	0.50	0.50
Actual concentration (cells L ⁻¹ x 10 ⁶)	0.85 ± 0.43	0.22 ± 0.02	0.53 ± 0.18
Mg dry weight ind ⁻¹ d ⁻¹	0.62	0.62	0.62
<i>Medium food</i>			
Target concentration (cells L ⁻¹ x 10 ⁶)	5	5	5
Actual concentration (cells L ⁻¹ x 10 ⁶)	6.19 ± 0.64	2.34 ± 0.17	1.53 ± 0.05
Mg dry weight ind ⁻¹ d ⁻¹	5	5	5
<i>High food</i>			
Target concentration (cells L ⁻¹ x 10 ⁶)	15	15	15
Actual concentration (cells L ⁻¹ x 10 ⁶)	24.56 ± 2.85	12.99 ± 0.82	6.45 ± 2.08
Mg dry weight ind ⁻¹ d ⁻¹	14	14	14
Actual temperature (°C)	2.49 ± 0.02	7.94 ± 0.07	13.11 ± 0.05
Salinity	30.26 ± 0.10	30.38 ± 0.08	29.39 ± 0.24

154

155 To reach the desired micro-algal concentrations (Table 1), the estimated filtration rate per
 156 individual (~350 mL h⁻¹; Winter, 1969) and the water flux (600 mL h⁻¹) were considered as
 157 loss factors, from which the amounts to be added to each treatment were determined. Due
 158 to the importance of a constant food supply on bivalve's growth (Langton and McKay, 1976;
 159 Winter and Langton, 1976), food was provided eight times per day, every three hours using a
 160 peristaltic pump and a timer. During the entire experiment, the amount of added food was
 161 kept constant at each food level (Table 1). Every second day, a new food batch was

162 prepared. The amount of concentrated algal suspension needed (for the three replicates of
163 each treatment) was diluted with seawater based on the flux of the peristaltic pump and the
164 required concentration in each aquarium.

165 Mixalgae (2×10^9 cells mL^{-1} ; 18% dry weight) were used for this experiment based on a
166 previous *A. islandica* growth experiment, which showed highest shell growth rates (41.22
167 $\mu\text{m d}^{-1}$) at the most biodiverse diet (Milano et al., 2017). This phytoplankton mix provided a
168 particle size range from 3 to 16 μm and a balanced fatty acid composition (Lipids 16%: 16%
169 EPA and 10% ARA), ensuring an optimal nutritional profile (Widdows, 1991; Milano et al.,
170 2017). Each shell was placed in a numbered plastic jar of 7-cm of diameter and 4-cm high.
171 Each jar was filled with micro glass beads (www.kramerindustriesonline.com) to avoid
172 undesirable food input and provide a uniform sediment for all shells. The average size of the
173 beads was 350 μm (Ballesta-Artero et al., 2017).

174 A BD Accuri C6 flow cytometer was used to evaluate the differences in the number of
175 cells between treatments and replicates, and a portable multipara-meter (HI98192;
176 www.hannainst.com) to check temperature and salinity values during the entire
177 experimental period. Numbers of cells were counted once per week, while temperature and
178 salinity were checked once daily.

179 2.3 Shell growth

180 Shell size (height, length, and width) was measured three times: at the beginning, mid-term,
181 and at the end of the three-month experiment. Measurement error might be relatively large
182 due to the small size of the animals, and we therefore triplicated each measurement and
183 calculated the average. The electric caliper error was ± 0.01 mm and the average
184 measurement error (over all measurements and individuals) for height, length and width
185 was: 0.07, 0.06, and 0.06 mm respectively (standard deviation). Shell growth per individual
186 was determined based on the difference in the shell sizes between the representative
187 periods of the experiment (beginning, midterm and end).

188 To verify the reliability of the externally-measured growth determined with the caliper, 73
189 shells were cross-sectioned to accurately identify the shell portion that grew during the
190 experimental period on the basis of the calcein mark. The right valve of each specimen was
191 cut into one 1.5-mm thick section along the axis of maximum growth (saw Buehler Isomet

192 1000). Given the small size and fragility of the juvenile shells, the valves were fully
 193 embedded in a block of Struers EpoFix (epoxy). All samples were ground at different grit
 194 sizes (P320, P600, P1200, P2500, and P4000) and then polished with a Buehler diamond
 195 polycrystalline suspension (3- μ m). The calcein marks were located under a fluorescence light
 196 microscope (Zeiss Axio Imager.A1m microscope), to enable measuring the newly formed
 197 shell portion (for more details refer to: Milano et al., 2017). Subsequently, a comparison was
 198 made between the externally- and internally-measured shell growth.

199 2.4 Body Mass Index (BMI)

200 To calculate the reference Ash Free Dry Weight ($AFDW = Dry\ Weight - Ash\ Weight$),
 201 twenty animals of the 250 preconditioned shells were sacrificed at the start of the
 202 experiment. Dry weight was determined after drying the soft tissue at 60 °C for 3 days. Then,
 203 the dried flesh was incinerated at 540 °C for 4 hours to obtain the ash weight. Based on
 204 these AFDW and the individual shell heights, we determined a height-weight relationship.
 205 This relationship was subsequently used to estimate the weights of the experimental
 206 animals at the beginning of the experiment. AFDW data was also used to calculate the Body
 207 Mass Index of the animals ($BMI = AFDW / H^3 * 1000$) as a fitness parameter.

208 After 45 days, 36 individuals were sacrificed, one per aquarium, for which the AFDW and
 209 BMI were determined. At the end of the experiment, which lasted 93 days, the AFDW and
 210 BMI of the rest of individuals (89) was measured (Table 2). The BMI was compared between
 211 the representative periods of the experiment.

212 **Table 2:** Summary of individuals used.* Due to the small size of the individuals their shells were quite
 213 fragile.

Specimens	Number	Comments
Starting individuals	180	5 x 36 aquaria
Dead individuals	53	37 dated + 16 not dated
Sacrificed individuals at midterm	36	34 BMI (two specimen broken*)
Remaining individuals at midterm	127	126 used (one outlier removed)
Remaining individuals at the end	90	89 (one specimen broken*)

214

215

216

217 2.5 Siphon activity (%)

218 Siphon activity is an indication of feeding (Møhlenberg and Riisgård, 1979; Newell et al.,
219 2001a; Riisgård and Larsen, 2015) and thus, it may be linked to growth (Witbaard et al.,
220 1997a; Ballesta-Artero et al., 2017). Here siphon activity is expressed as the percentage of
221 observations with open siphons relative to the total number of observations per specimen.
222 The siphon activity of all individuals was checked at least twice per week at randomly-
223 selected times. The data were recorded as 0 and 1, closed and open siphon, respectively.
224 The average per aquarium (experimental unit) was calculated after the experimental period
225 and used in the subsequent analyses.

226 2.6 Mortality (%)

227 At the end of the experiment, the percentage of dead specimens was calculated per
228 aquarium (replicate). During the experiment, dead specimens were replaced by new ones to
229 keep the density constant, and thus the loss of food by filtration. However, these new
230 individuals were not considered in the statistical analyses of shell and tissue growth (Table
231 2).

232 2.7 Data analysis

233 Response variables were transformed to obtain normality and homogeneity of variance.
234 Percentages, that is siphon activity and mortality, were logit transformed (Warton and Hui,
235 2011); shell growth and BMI were log-transformed. Data were analyzed by a 2-factorial
236 ANOVA with a significance level of $\alpha=0.05$. Afterwards, a residual analysis was used to study
237 the relationship between initial size and shell growth. Differences between treatment levels
238 were calculated by Tukey's HSD post hoc test. Pearson correlation coefficients were used to
239 study the strength of the relationship between the response variables. All analyses were
240 performed using R version 3.2.2 (www.r-project.org).

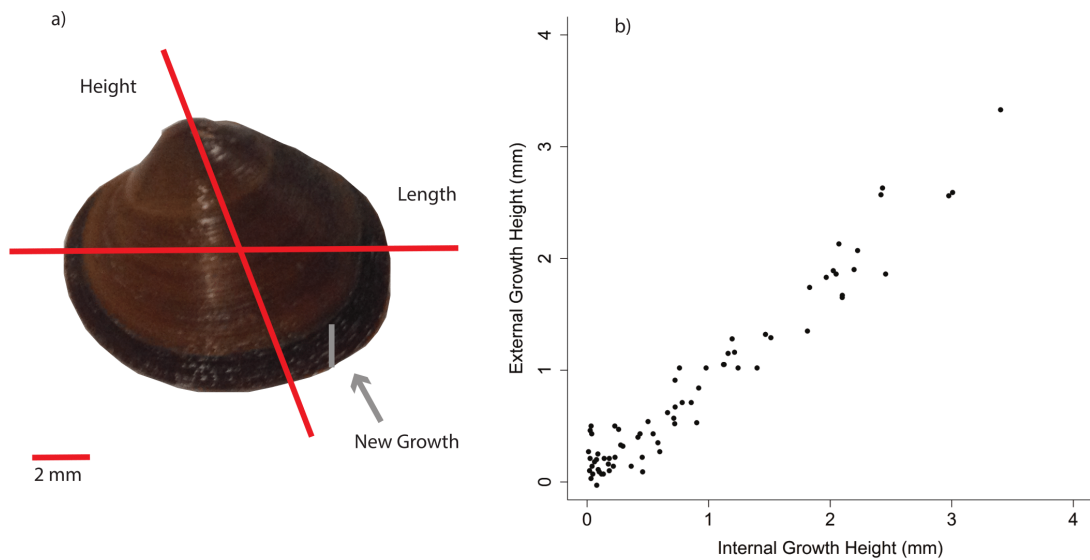
241

242 3. Results

243 3.1 Shell growth

244 Visual inspection of the experimental animals identified new shell growth during the
245 experiment because the new deposited shell had a darker colored periostracum (Fig. 1a).
246 Five outliers were identified based on the relationship between external and internal shell

247 growth, possibly due to external measurement error. Therefore, the outliers were corrected
248 based on the linear relationship of the rest of individuals, $y = 1.0742x$ ($R^2 = 0.94$), where y
249 and x were the external and internal shell height, respectively (Fig. 1b).



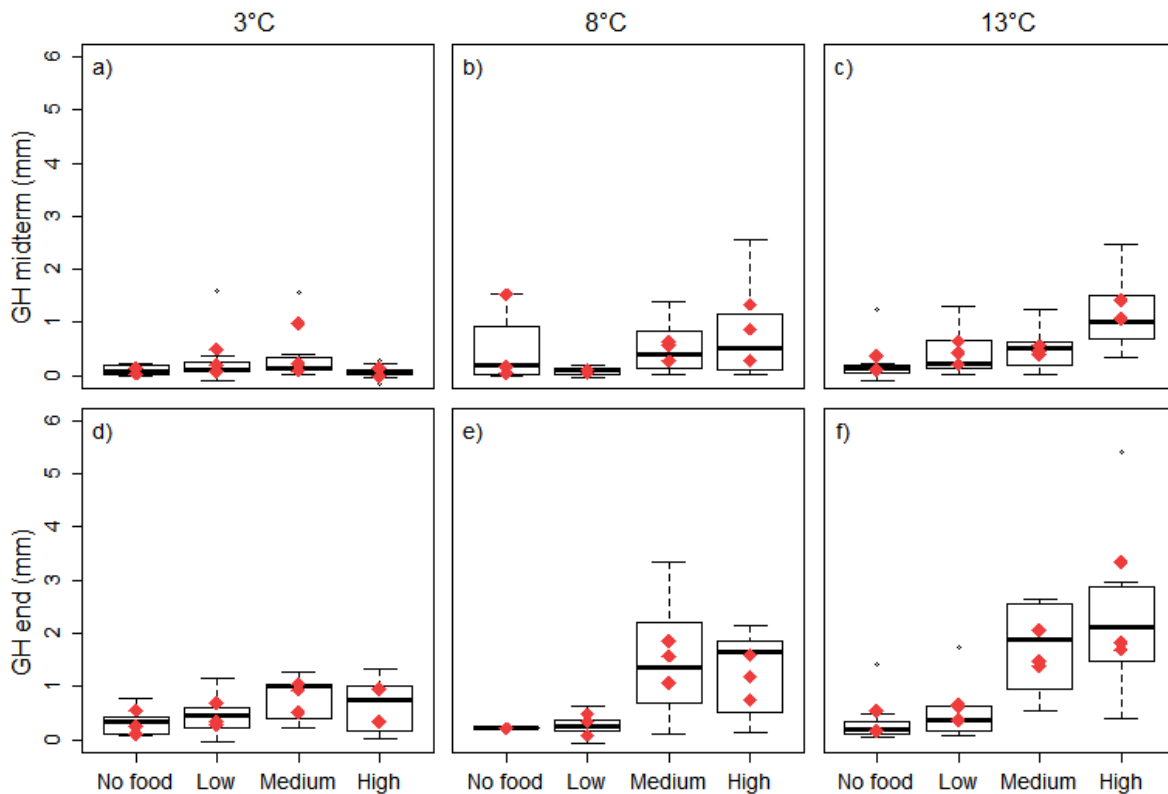
250
251 **Fig. 1.** a) Visible shell growth in one specimen of *Arctica islandica* due to change of periostracum
252 color b) Relationship between external and internal growth in height (GH in mm; $n=73$). Internal
253 growth was determined on the basis of calcein mark.

254 At the end of the experiment, externally-measured shell growth varied between 0.21 and
255 2.29 mm (Fig. 2) while internal shell growth varied between 0.04 and 1.88 mm (Table 3). The
256 difference in absolute values between external and internal growth indicated a small
257 difference on the inclination of the measurements axis relative to the axis of maximum
258 height. Nevertheless, the significant and high correlation ($r= 0.90$, P -value < 0.01 ; Table 4)
259 between internal and external growth verified the accuracy of the 'external' measurements
260 taken with the caliper. To keep results comparable with findings from other studies, the rest
261 of the analysis is based on the 'external' measurements.

262

263 **Table 3:** Summary of all response variable per treatment (mean \pm SD). Note: GH means growth in
 264 height, BMI is body mass index, and AFDW is ash free dry weight.

	3°C	8°C	13°C
No food			
External GH midterm (mm)	0.11 \pm 0.06	0.58 \pm 0.82	0.19 \pm 0.16
External GH end (mm)	0.30 \pm 0.23	0.21 \pm 0.00	0.28 \pm 0.22
Internal GH (mm)	0.17 \pm 0.12	0.18 \pm 0.00	0.04 \pm 0.03
BMI midterm (mg AFDW/mm3)	3.96 \pm 0.29	5.48 \pm 0.88	4.59 \pm 1.76
BMI end (mg AFDW/mm3)	3.03 \pm 0.90	3.34 \pm 0.00	2.45 \pm 0.10
% Siphon Activity	65.00 \pm 21.51	27.97 \pm 8.33	10.68 \pm 3.08
% Mortality	44.67 \pm 11.55	73.33 \pm 11.55	26.67 \pm 23.09
Low food			
External GH midterm (mm)	0.26 \pm 0.22	0.08 \pm 0.03	0.43 \pm 0.22
External GH end (mm)	0.43 \pm 0.22	0.30 \pm 0.20	0.55 \pm 0.16
Internal GH (mm)	0.39 \pm 0.28	0.28 \pm 0.22	0.39 \pm 0.45
BMI midterm (mg AFDW/mm3)	5.30 \pm 2.25	4.48 \pm 0.27	4.64 \pm 0.61
BMI end (mg AFDW/mm3)	3.67 \pm 0.36	2.55 \pm 0.53	2.79 \pm 0.55
% Siphon Activity	71.12 \pm 29.11	83.61 \pm 8.13	39.90 \pm 12.13
% Mortality	13.00 \pm 11.55	33.00 \pm 11.55	33.33 \pm 23.09
Medium food			
External GH midterm (mm)	0.43 \pm 0.48	0.50 \pm 0.19	0.47 \pm 0.09
External GH end (mm)	0.83 \pm 0.28	1.50 \pm 0.40	1.63 \pm 0.37
Internal GH (mm)	0.91 \pm 0.24	1.66 \pm 0.35	1.82 \pm 0.52
BMI midterm (mg AFDW/mm3)	4.64 \pm 1.17	8.99 \pm 1.90	9.54 \pm 1.82
BMI end (mg AFDW/mm3)	6.12 \pm 0.23	4.83 \pm 0.67	5.28 \pm 0.24
% Siphon Activity	77.07 \pm 6.47	89.38 \pm 7.63	71.65 \pm 9.07
% Mortality	33.33 \pm 23.09	6.67 \pm 11.55	13.33 \pm 11.55
High food			
External GH midterm (mm)	0.09 \pm 0.09	0.84 \pm 0.53	1.19 \pm 0.21
External GH end (mm)	0.75 \pm 0.36	1.17 \pm 0.43	2.29 \pm 0.92
Internal GH (mm)	0.72 \pm 0.39	1.34 \pm 0.40	1.48 \pm 0.05
BMI midterm (mg AFDW/mm3)	5.26 \pm 2.27	8.11 \pm 2.90	9.33 \pm 1.46
BMI end (mg AFDW/mm3)	6.24 \pm 2.86	7.89 \pm 2.43	7.77 \pm 1.05
% Siphon Activity	68.49 \pm 13.75	77.08 \pm 9.11	63.70 \pm 15.54
% Mortality	26.67 \pm 23.09	20.00 \pm 20.00	26.67 \pm 11.55



266

267 **Fig. 2.** Shell growth in height (GH; mm) at midterm (45 days): a) 3°C, b) 8°C, c) 13°C, and at the end of
 268 the experiment (93 days) d) 3°C, e) 8°C, f) 13°C. Red diamonds indicate average per aquarium (data
 269 used for the statistical analysis) and boxplot showed the inter-specimen variation (n=126).

270 At midterm (after 45d), the average external shell growth was < 1 mm in all treatments
 271 (Fig. 2; Table 3). At the end of the experiment, the maximum growth rate per day was 58.26
 272 $\mu\text{m d}^{-1}$ at 'high' food and a temperature of 13°C. The externally-measured growth in shell
 273 height showed significant differences at different food levels at the end and midterm (2-way
 274 ANOVA, P-value < 0.05; Table 5). Residual plots showed no relationship (no pattern)
 275 between initial shell size and total shell growth. The effect of temperature on shell growth
 276 was almost significant at mid-term (P-value=0.06; Table 5) and it was associated with higher
 277 growth rates at the two highest food levels (medium & high; Fig. 2; Table 3). Such
 278 temperature effects could not be detected at the two lowest food levels (no food & low
 279 food; Fig. 2; Table 3). A one factorial Tukey HSD test showed that shell growth in the
 280 treatments 'no' food and 'low' significantly differed from 'medium' and 'high' (one-factorial
 281 TUKEY P-value < 0.01).

282 **Table 4:** Correlation among the different response variables and the factors food and temperature
 283 (Temp): Height growth in mm at midterm (GHmid; 45d) and the end of the experiment (GH; 93 d),
 284 internal growth in height (IntGH), siphon activity (S.Act.), body mass index at midterm (BMI_{mid}) and
 285 the end of the experiment (BMI), and mortality (Mort). The top right part shows the P-values of the
 286 corresponding correlations.

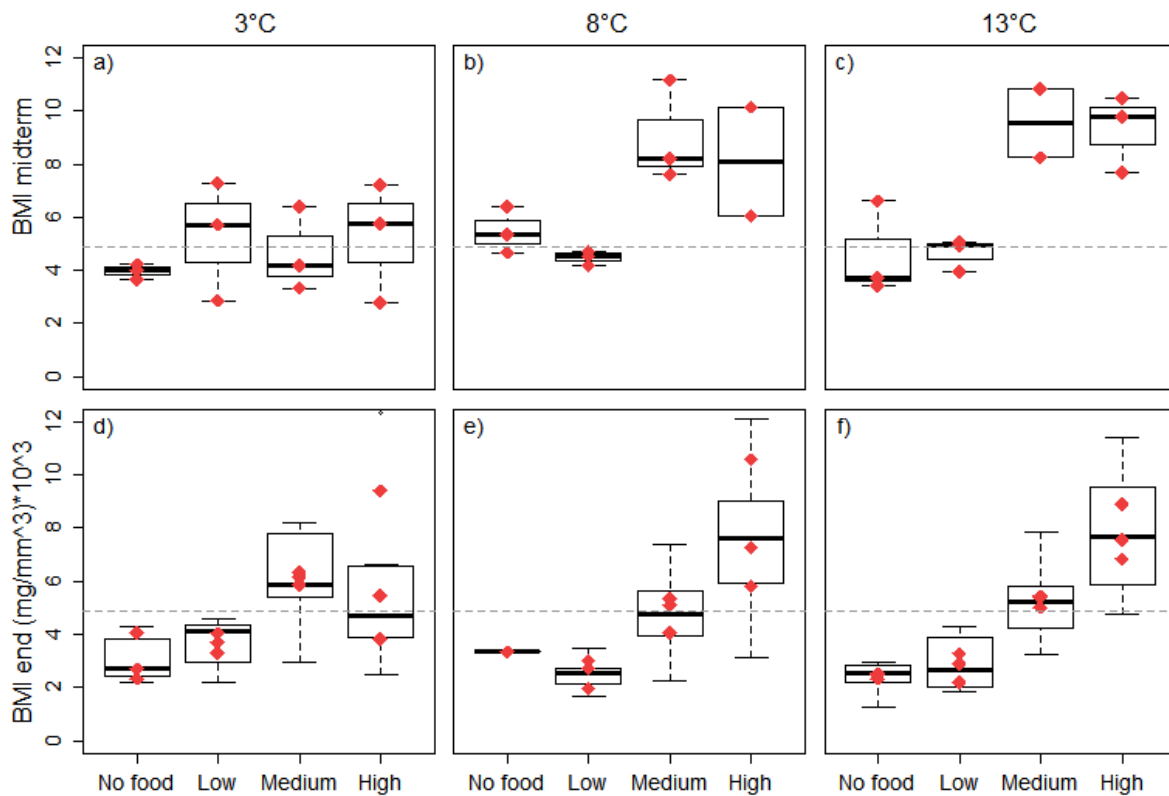
	Log(GH)	Log (GHmid)	Logit (S.Act)	Log (BMI)	Log(BMI mid)	Sqrt (intGH)	Logit (Mort)	Temp	Food
Log(GH)		0.000	0.024	0.000	0.000	0.000	0.111	0.155	0.000
Log(GHmid)	0.76		0.638	0.001	0.000	0.000	0.321	0.027	0.002
Logit(S.Act)	0.39	0.08		0.006	0.092	0.000	0.139	0.022	0.002
Log(BMI)	0.78	0.55	0.46		0.002	0.000	0.482	0.538	0.000
Log(BMI_{mid})	0.68	0.59	0.29	0.52		0.000	0.775	0.044	0.004
Sqrt(IntGH)	0.90	0.62	0.57	0.83	0.66		0.148	0.446	0.000
Logit(Mort)	-0.33	-0.25	-0.22	-0.14	-0.15	-0.29		0.718	0.039
Temp	0.25	0.37	-0.38	-0.11	0.35	0.14	-0.02		1
Food	0.73	0.51	0.49	0.82	0.49	0.75	-0.35	0	

287

288 3.2 Fitness Condition

289 The weights (AFDW) of all the experimental animals at the beginning of the experiment (y)
 290 was calculated as $= 0.0008e^{0.1702x}$, where x was equal to the height of the individuals at
 291 the start of the experiment ($R^2 = 0.54$). Then, AFDW data was used to calculate the BMI of
 292 these animals which had a mean value of 4.89 mg mm^{-3} .

293 Food level significantly affected the BMI of *Arctica islandica* (2-way ANOVA, P-value <
 294 0.05; Table 5) over the entire experiment. Temperature, was significant only at midterm (P-
 295 value = 0.02; Table 5). At most of the treatments, the mean BMI per treatment decreased
 296 from the mid-term to the end of the experiment (Fig. 3; Table 3). Since the quantity of food
 297 added to each treatment did not change, this is an indication of asynchrony between shell
 298 and tissue growth. Individuals at higher temperatures had increased BMIs at food levels
 299 'medium' and 'high', but there was almost no BMI change between temperatures at food
 300 levels 'no' and 'low' (Fig. 3). In food-limited treatments ('no' and 'low' food), most of the
 301 individuals had a decrease in BMI between the midterm and the end of the experimental
 302 period (Fig. 3).



303

304 **Fig. 3.** Body Mass Index (BMI) per treatment: at midterm (45 d; n=34): a) 3°C, b) 8°C, c) 13°C, and at
 305 the end of the experiment (93 d) d) 3°C, e) 8°C, f) 13°C. Horizontal line denotes average BMI at the
 306 start of the experiment (reference BMI). Red diamonds indicate average per aquarium (data used for
 307 the statistical analysis) and boxplot show the inter-specimens variation ($n_{\text{midterm}}=34, n_{\text{end}}=89$).

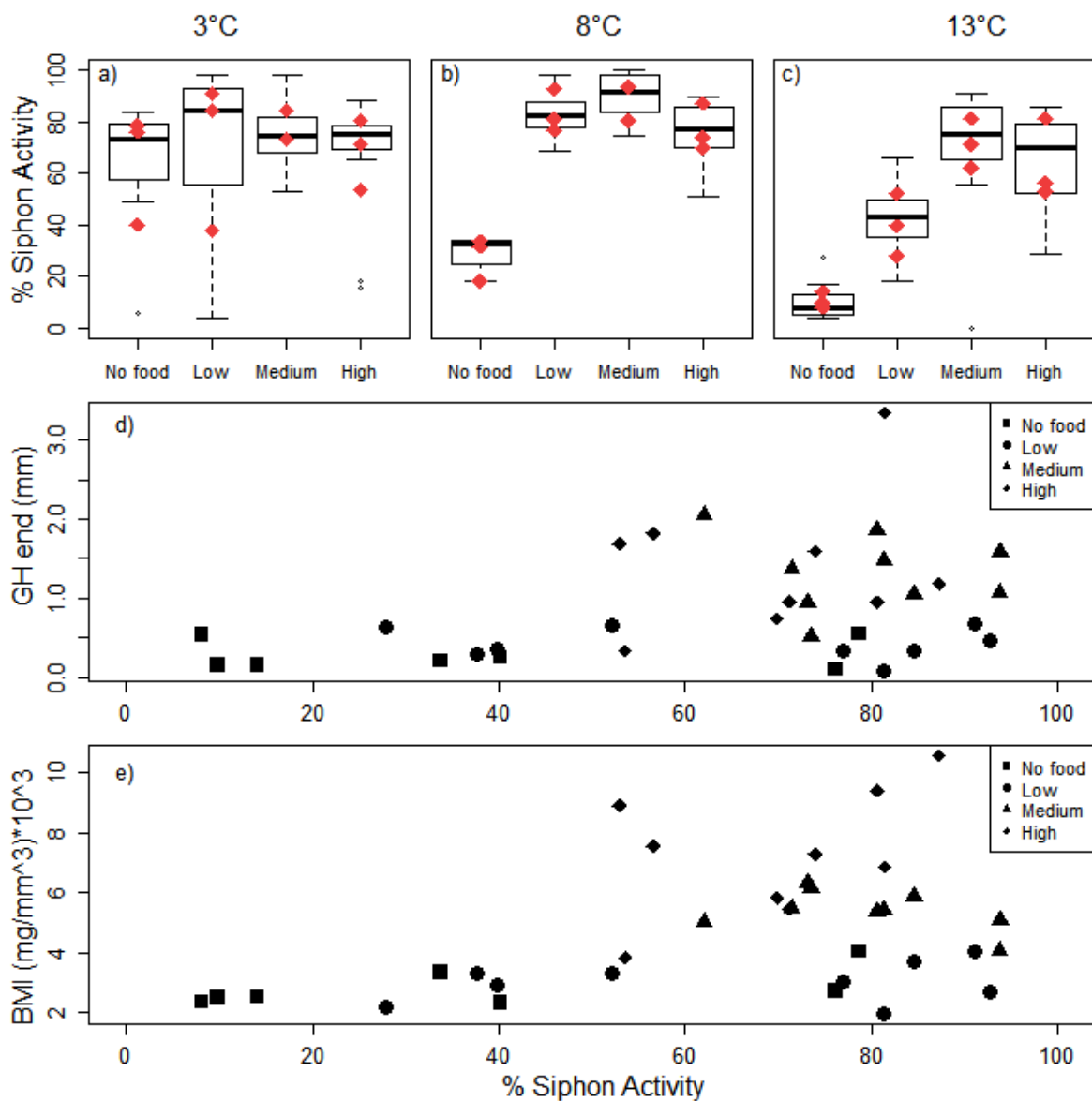
308 At the end of the experiment, tissue growth, as well as shell growth, was only significantly
 309 affected by food level and not by temperature. 'No' and 'low' food treatments were
 310 significantly lower from those of 'medium' and 'high' food (one-factorial TUKEY P-value <
 311 0.01).

312 3.3 Siphon activity

313 Siphon activity varied significantly with temperature, food level, and the interaction between
 314 them (2-way ANOVA, P-value < 0.05; Table 5). Mean siphon activity increased at higher food
 315 levels (except for the highest concentration): between 11 and 77% at temperature 13°C
 316 (64% at the highest concentration), between 28 and 89% at 8 °C (77% at the highest
 317 concentration); and between 65 and 78% at 3 °C (68% at the highest concentration; Fig. 4a,
 318 b, c; Table 3). The differences in siphon activity between food levels were far smaller at 3 °C
 319 than at the other temperatures (8 and 13 °C, Table 3; Fig. 4a, b, c).

320 Moreover, the starving animals ('no' food) had a much lower average siphon activity (35%)
 321 than the rest of treatments (65-79%, one-factorial TUKEY P-value < 0.01; Fig. 4a, b, c). Only
 322 at 3 °C, the starving animals had a relatively high siphon activity (65%; Table 3).

323 Siphon activity was significantly correlated with shell growth ($r=0.39$, P-value < 0.05; Fig
 324 4d; Table 4) and marginally significant with tissue growth ($r=0.46$, P-value = 0.06; Fig. 4e;
 325 Table 4).



326
 327 **Fig. 4.** Percentage of average siphon activity at: a) 3°C, b) 8 °C and c) 13°C. Red diamonds indicate
 328 average per aquarium (data used for the statistical analysis) and boxplots show the inter-specimen
 329 variation (n=126). Relationship between average siphon activity and d) external growth in height (GH
 330 per aquarium; n=36) e) Body Mass Index (BMI) per aquarium (n=36).

331 **Table 5:** Two-way ANOVA table testing on the effects of temperature and food level on the different
 332 response variables. Significant factors per model are highlighted in *italic* (P-value < 0.05).

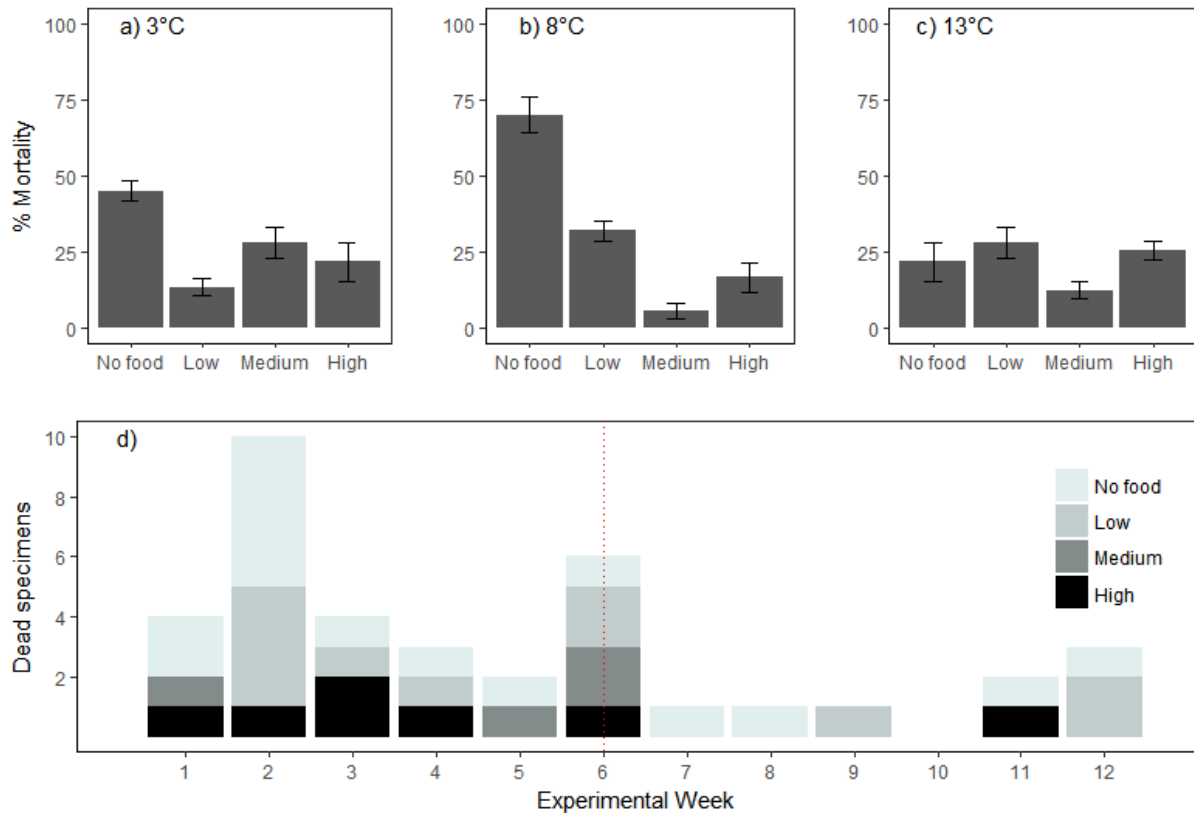
Variable response	Effect	df	Sum Sq	Mean Sq	F-value	Pr (> F)
log(GHmid)	<i>Food (F)</i>	3	1.9824	0.6608	4.835	0.0094
	Temperature (T)	2	0.8886	0.4443	3.251	0.0571
	Interaction F*T	6	1.2275	0.2046	1.497	0.2234
	Residuals	23	3.1417	0.1367		
log(BMI _{mid})	<i>Food</i>	3	0.27517	0.091725	5.7569	0.0046
	<i>Temperature</i>	2	0.17364	0.086819	5.4490	0.0120
	Interaction F*T	6	0.16106	0.026844	1.6848	0.1719
	Residuals	22	0.35052	0.015933		
log(GH)	<i>Food</i>	3	3.198	1.0660	18.709	2.94E-06
	Temperature	2	0.357	0.1783	3.129	0.0637
	Interaction F*T	6	0.393	0.0655	1.149	0.3680
	Residuals	22	1.253	0.0570		
log(BMI)	<i>Food</i>	3	0.99031	0.33010	36.9768	9.09E-09
	Temperature	2	0.01138	0.00569	0.6373	0.5382
	Interaction F*T	6	0.09588	0.01598	1.7900	0.1477
	Residuals	22	0.19640	0.00893		
logit(Activity)	<i>Food</i>	3	26.489	8.8296	16.4803	4.99E-06
	<i>Temperature</i>	2	13.144	6.5718	12.2662	0.0002
	<i>Interaction F*T</i>	6	10.208	1.7014	3.1756	0.0194
	Residuals	24	12.858	0.5358		
logit(Mortality)	<i>Food</i>	3	13.70	4.567	2.955	0.053
	Temperature	2	0.41	0.204	0.132	0.877
	Interaction F*T	6	20.51	3.418	2.211	0.077
	Residuals	24	37.10	1.548		

333 3.4 Mortality (%)

334 There was a 29% mortality during the entire experimental period over all treatments and
 335 replicates. There were only significant differences in mortality among food levels (2-way
 336 ANOVA; P-value < 0.05; Table 5 and Fig. 5a, b, c). More individuals died at 'no' food (n=22)
 337 than at the other food treatments (low, n=12; medium, n=8; high, n=11; Fig 5d). A few
 338 specimens were not included in Fig. 5d because we could not precisely determine the date

339 of death (Table 2). The observed mortality was not significantly correlated to any of the
340 other response variables (Table 4).

341



342

343 **Fig. 5.** Percentage of average mortality at: a) 3 °C, b) 8 °C and c) 13°C. d) Number of dead specimens
344 per food level and experimental week. Vertical line indicates the week that the midterm
345 measurements were done. NOTE: No specimens died at week 10.

346

347 4. Discussion

348 Within the temperature range tested (3-13°C), only food level significantly affected shell and
349 tissue growth of *Arctica islandica* juveniles. Siphon activity, however, was affected by both
350 factors as well as by the interaction between them. Siphon observations played a key role to
351 better understand the growth differences among individuals (Fig. 4).

352 4.1. Food availability and growth

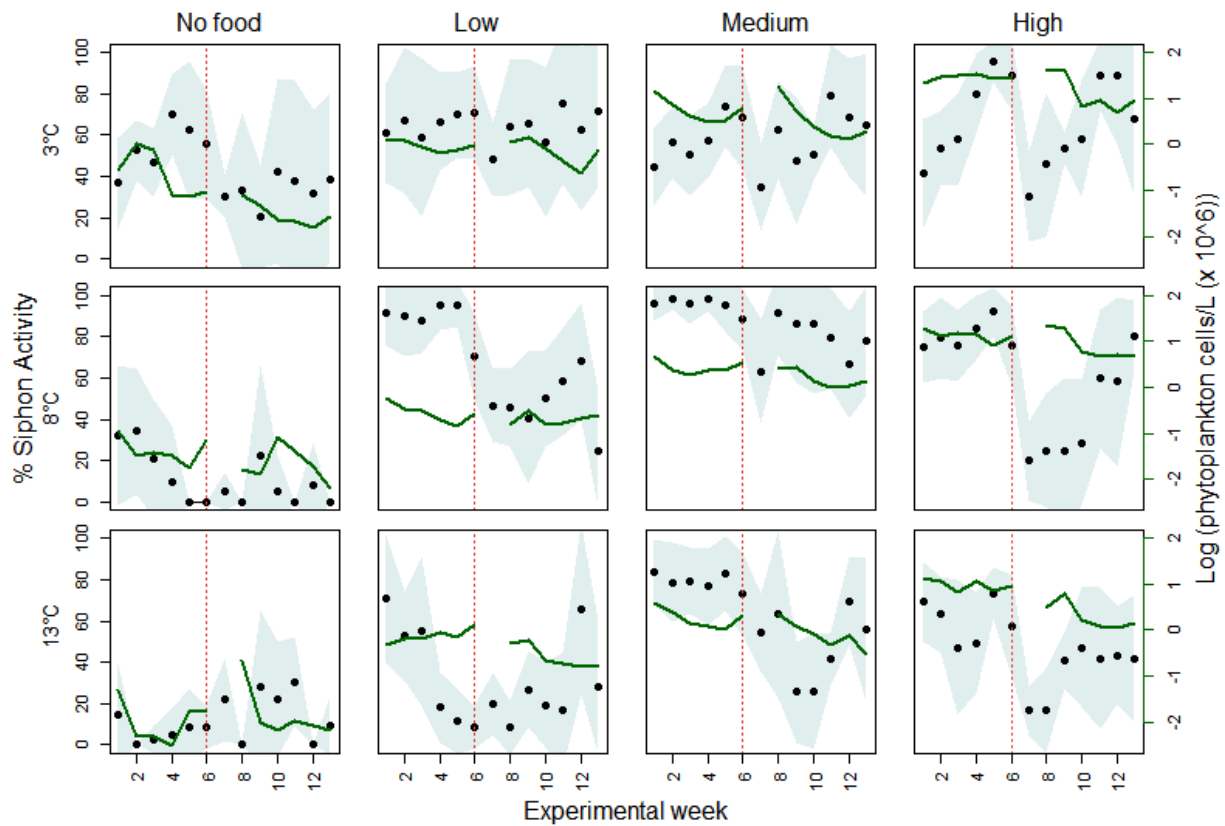
353 We found increased shell and tissue growth at higher food concentrations (all temperatures;
354 Fig. 2 & 3). More growth at elevated food levels have been also reported in other bivalve
355 species such as *Mytilus edulis*, *Tapes japonica* or *Pinctada margaritifera* (Winter and Langton,

356 1976; Langton et al., 1977; Linard et al., 2011; Thomsen et al., 2013; Joubert et al., 2014).
357 Thus, our findings support that bivalve growth is strongly influenced by food supply. Our
358 growth rate measurements ($0.32 - 58.26 \mu\text{m d}^{-1}$) were in the range of growth rates found in
359 other laboratory growth experiments (Witbaard et al., 1997a; Hiebenthal et al., 2012;
360 Hiebenthal et al., 2013; Hippler et al., 2013; Stemmer et al., 2013), although lower than *A.*
361 *islandica* growth rates reported *in situ* (Hippler et al., 2013; Milano et al., 2017). The minimal
362 shell growth found at all treatments without food (all replicates at all temperatures) has to
363 be interpreted with caution. All specimens could have grown on the basis of the energy
364 reserves that were accumulated during the acclimation time (average reference BMI=4.9;
365 Fig. 3). They were fed at optimal conditions and thus had reserves to survive some period of
366 starvation.

367 Mean BMIs of most treatments decreased at the end of the experiment with respect to
368 mid-term (Fig. 3). Since the quantity of food added to each treatment did not change, this is
369 an indication of asynchrony between shell and tissue growth. Figure 6 supports that finding
370 because it shows how the concentration of phytoplankton cells per treatment decreased or
371 remained almost equal through time. This indicated equal or higher food intakes at the
372 second part of the experiment. Moreover lower levels of phytoplankton cells coincided with
373 higher siphon activity at most of the treatments (Fig.6).

374 At the food-limited treatments, 42% of the animals died (11 of 26, Fig. 5d) in the second
375 week of the experimental period. At the 'medium' and 'high' food level, 27 % of the animals
376 died (3 of 11) and mortality was more spread over the duration of the experiment (Fig. 5d).
377 Those results suggest that mortality is related to food level and the duration of starvation (P-
378 value < 0.05). In the food-limited treatments, mortality decreased with time and the
379 observations suggest that this might be due to a decrease in feeding activity as evidenced by
380 a lower siphon activity (Fig. 6). Lower siphon activity means lower energy cost and thus,
381 energy conservation by which the specimens could survive starvation for longer periods of
382 time. We furthermore, observed that after measuring the specimens at mid-term, for 1-2
383 weeks the specimens changed their 'normal' siphon activity registered until that moment
384 (Fig. 6) and were seen less with open siphons. Similar reduction in gape activity had been
385 observed in *in-situ* valve gape measurements where specimens also needed up to two weeks
386 to return to their previous valve gape level after disturbance (Ballesta-Artero et al., 2017).

387 These findings clearly illustrate the disturbing effect on the behavior of these clams caused
 388 by manipulation.



389
 390 **Fig. 6.** Percentage of siphon activity per treatment (dots) and mean phytoplankton cells
 391 concentrations (solid line) during the entire experimental period. Grey shadow represents siphon
 392 activity standard deviation (all specimens considered). Dashed vertical line marks midterm.

393
 394 **4.2 Temperature and growth**

395 Our results are in agreement with Begum et al. (2010) who constructed a growth and energy
 396 budget model for six different North Atlantic populations of *Arctica islandica* (temperature
 397 range 4-10 °C). Since the Q_{10} for *A. islandica* respiration is about 2.5, they predicted that
 398 temperature should have an effect on shell and tissue growth (measured as tissue and shell
 399 AFDW). Nevertheless, they could not find such a temperature effect, and they postulated
 400 that site-specific effects (for example differences in salinity) could have obscured the
 401 temperature effect on their results (Begum et al., 2010). Likewise, food availability could be
 402 the reason for this. In previous laboratory experiments conducted in the range of 1 and 12
 403 °C, faster shell and tissue growth at higher temperatures was reported (Witbaard et al.,

404 1997a). Other studies conducted between 10 and 16°C found, that shell and tissue growth
405 decreased at increasing temperatures (Hiebenthal et al., 2012; Milano et al., 2017). Field
406 studies also showed conflicting results regarding the effect of temperature on the growth of
407 *A. islandica* (Witbaard et al., 1996; Marchitto et al., 2000; Eplé et al., 2006; Wanamaker et
408 al., 2008; Stott et al., 2010; Marali and Schöne, 2015). Different authors reported occasions
409 where *A. islandica* growth rate was lower than expected on the basis of temperature alone,
410 and suggested that food availability determined growth rate within the optimal temperature
411 range of the species (Witbaard et al., 1996; Witbaard et al., 1997b; Witbaard et al., 1999;
412 Schöne et al., 2003; Witbaard et al., 2003; Strahl, 2011; Ballesta-Artero et al., 2017). We only
413 used specimens from one population, Kiel Bay, and we cultivated them at constant
414 controlled environmental conditions (Table 1). The results suggest that the temperature
415 between 3 and 13 °C had a limited effect on shell and tissue growth when compared to the
416 role of food availability. On basis of our results, however, we cannot exclude the role of
417 temperature. Exclusion of outliers in the statistical analyses turned temperature into a
418 significant factor. Future experiments at higher temperatures and/or broader temperature
419 range (0–20° C) could better elucidate its effect on *A. islandica* growth.

420 We observed that at the same food level the algal concentrations tended to be lower at
421 higher temperatures, suggesting that filtration rate increases with temperature. The typical
422 filtration rate curve in bivalves shows how filtration rate increases up to the optimal species-
423 specific temperature. Above that optimal temperature, filtration rate collapses (Winter,
424 1978). Moreover, larger body size of the specimens as well implicate higher filtration rate
425 (Walne, 1972; Winter, 1978). Consequently, only at the coldest temperature, the mean of
426 phytoplankton concentration measured in the aquaria was higher than the desired target
427 level for each of the treatments (Table 1). Based on the phytoplankton concentration
428 measurements at the different temperatures (Table 1), we did not find an indication of an
429 abrupt reduction in their filtration rate. The absence of that abrupt change suggests that the
430 highest experimental temperature remained still equal or below the optimum for filtration.
431 Therefore, our study together with results obtained in other laboratory growth experiments
432 suggest that between 1 and 13 °C, the growth rate of *A. islandica* increases (Witbaard et al.,
433 1997a), but that temperatures above 14-15 °C could be suboptimal (Hiebenthal et al., 2012;
434 Milano et al., 2017), leading to a decrease in filtration and growth. These findings are in

435 agreement with earlier studies which found that *A. islandica* distribution limit follows the 16
436 °C isocline (Mann, 1982; Cargnelli et al., 1999; Weinberg et al., 2002).

437 4.3 Siphon activity and growth

438 We noticed that siphon activity at the 'high' food levels was lower, than at the 'medium'
439 food levels (Fig. 4; Table 3). This may indicate that the food concentration of the highest
440 food level was close to gut capacity, making the specimens to regulate their filtration rate in
441 such a way that the amount of food ingested is kept constant (Winter, 1978). If this is true,
442 our findings would support the idea that *Arctica islandica*, similar to *Mercenaria mercenaria*
443 and *Cardium edule*, controls ingestion primarily by reducing filtration rate instead of
444 producing copious pseudofaeces such as *Mytilus edulis* and *Crassostrea virginica* (Bricelj and
445 Malouf, 1984). The reduction of filtration rate above a critical algal concentration prevents
446 overloading of the feeding system and is a way to optimize the ingestion rate and growth
447 (Møhlenberg and Riisgård, 1979; Riisgård, 1991). These critical thresholds, however, may
448 vary depending on the diet or pre-experimental conditions of the individuals (Maire et al.,
449 2007) and may be different for the species in other situations.

450 Ballesta-Artero et al. (2017) reported that *A. islandica* in a natural setting had the highest
451 valve gape coinciding temporally with the highest ambient levels of chlorophyll-*a* (Chl-*a*).
452 This result agreed with earlier studies arguing that the main driver for opening valves in
453 bivalve species as *Mytilus edulis*, *Austrovenus stutchburyi*, and *Crassostrea virginica*, was the
454 occurrence of Chl-*a* (Higgings, 1980; Williams and Pilditch, 1997; Riisgård et al., 2006). Open
455 valves are needed for siphon extension in filter-feeding bivalves. Therefore, open siphons
456 (and open valves) can be used as an indicator of feeding activity. Our laboratory results not
457 only confirm above field experiment (Ballesta-Artero et al., 2017) but also confirm the
458 findings of a previous *A. islandica* growth experiment (Witbaard et al., 1997a), where siphon
459 activity ranged from 12% in the individuals that did not receive any food to 76% with the
460 highest food concentration (from 11 to 89% in our study). A low activity in the absence of
461 food (% open siphons and gaping activity) can be interpreted as a physiological mechanism
462 that allows *A. islandica* to save energy and survive starvation periods in nature (Taylor, 1976;
463 Witbaard et al., 1997a; Riisgård et al., 2006; Tang and Riisgård, 2016; Ballesta-Artero et al.,
464 2017). In the experiment reported here, we observed that specimens at 8 and 13 °C showed
465 a marked change in their siphon activity between the no-food and food treatments.

466 However, this change did not occur at 3°C (Fig. 4), suggesting that the metabolic energy cost
467 for the species is lower at 3°C (Abele et al., 2002; Abele and Puntarulo, 2004; Hiebenthal et
468 al., 2013; Milano et al., 2017), and could allow for higher siphon activity at all tested
469 concentrations.

470 Finally, we found, similarly to Witbaard et al. (1997a), a strong correlation between shell
471 and tissue growth, and siphon activity (Fig. 4d, 4e; Table 4). Therefore, the inter-specimen
472 variation in growth of *A. islandica* can partly be explained by differences in their siphon
473 activity, i.e., in their individual feeding activities. Food density seems to be driving the
474 siphon/gaping activity of this species, and with that, shell and tissue growth (this study;
475 Witbaard et al., 1997a; Ballesta-Artero et al., 2017). The present study supports this link
476 between valve gape, open siphons, and shell growth in the bivalve *A. islandica* (Witbaard et
477 al., 1997a; Ballesta-Artero et al., 2017).

478 4.4 Application to paleoclimate studies

479 Paleoclimate studies based on *Arctica islandica* chronologies usually use old and large
480 specimens to reconstruct past environmental conditions. Such large specimens have
481 extremely low growth rates (Thompson et al., 1980; Murawski et al., 1982; Kennish et al.,
482 1994) which hampers experimental growth studies with them. It is virtually impossible to
483 reliably measure size differences over short (experimental) time spans. That is much easier
484 when juvenile specimens are used, but they might respond differently to variations in food
485 and temperature when compared to adults. The *A. islandica* valve gape study done with
486 adults (up to 9-cm height; Ballesta-Artero et al., 2017) showed, however, a similar link
487 between shell growth and valve gape (siphon activity) as we report here. This supports the
488 idea that adults and juveniles have the same behavioral response to variations in food and
489 temperature. On basis of this similarity, we think that our experimental results will help with
490 the interpretation of growth line records in adults, being of great utility for the
491 sclerochronology community.

492

493 **5. Conclusions**

494 Our study helps to understand the role of food and temperature on the growth rate of *A.*
495 *islandica*. Within the temperate range tested (3-13°C), the interaction between feeding

496 conditions and temperature did not have a significant effect on the growth of the species.
497 The concentration of algal food was the main factor driving siphon activity and with that
498 shell and tissue growth. Very low and very high algal concentrations led to shell closure and
499 reduction (or cessation) of filtration in *A. islandica*. Therefore, paleoclimatic reconstructions
500 based on *A. islandica* shell chronologies should not only consider temperature but also food
501 supply of the area under study.

502

503 **5. Compliance with Ethical Standards**

504 The authors declare that they have no conflict of interest. All applicable international,
505 national, and/or institutional guidelines for the care and use of animals were followed.

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507

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