A man on the front line of exploration

Rose Paul

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A man at the front line of exploration and one of the world's most experienced divers, field science and polar experts, Paul Rose helps scientists unlock and communicate global mysteries in the most remote and challenging regions of the planet. He is an experienced television presenter and radio broadcaster.

Former Vice President of the Royal Geographical Society and Chair of the Expeditions and Fieldwork Division, Paul is currently Expedition Leader for the National Geographic Pristine Seas Expeditions.

He was the Base Commander of Rothera Research Station, Antarctica, for the British Antarctic Survey for 10 years and was awarded HM The Queen's Polar Medal. For his work with NASA and the Mars Lander project on Mt Erebus, Antarctica, he received the US Polar Medal.

Paul is a mountain and polar guide leading Greenland Icecap crossing and mountaineering expeditions and polar science support logistics. He worked for four years as a Mountain Safety consultant to the oil industry in the Middle East.

On his 2012 Greenland expedition, Paul led the first expedition to successfully traverse a new 275km icecap route of Knud Rasmussen Land and repeated his first ascent of the north face of Gunnsbjørnfjeld, the highest mountain in the Arctic.

His professional diving work includes science support diving in Antarctica as the British Antarctic Survey's Institute Diving Officer. He ran the US Navy diver training programme at Great Lakes Naval Training Centre and trained many emergency response dive teams including the Police, Fire Department and Underwater Recovery Teams. He remains a current and active PADI Dive Instructor.

Paul co-authored the BBC book, Oceans and wrote the Humboldt and Magellan chapters for the book Great Explorers published by Thames and Hudson in 2010. His commissioned magazine articles include the Sunday Times Eureka magazine and a monthly column for Sport Diver magazine.

He is an Honorary Fellow of the University of Cumbria and was a member of the 2010 Rolex Awards jury.

The Royal Geographical Society has awarded Paul the Founder's Medal and the Ness Award.

A mountain has been named after him in Antarctica.