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1 Middle to Late Pleistocene vegetation and climate change in 2 subtropical southern East Africa

3
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18 **Abstract:**

19 In this study we investigate Pleistocene vegetation and climate change in southern East Africa by
20 examining plant leaf waxes in a marine sediment core that receives terrestrial runoff from the
21 Limpopo River. The plant leaf wax records are compared to a multi-proxy sea surface temperature
22 (SST) record and pollen assemblage data from the same site. We find that Indian Ocean SST
23 variability, driven by high-latitude obliquity, exerted a strong control on the vegetation of southern
24 East Africa during the past 800,000 years. Interglacial periods were characterized by relatively wetter
25 and warmer conditions, increased contributions of C₃ vegetation, and higher SST, whereas glacial
26 periods were marked by cooler and arid conditions, increased contributions of C₄ vegetation, and
27 lower SST. We find that Marine Isotope Stages (MIS) 5e, 11c, 15e and 7a-7c are strongly expressed in
28 the plant leaf wax records but MIS 7e is absent while MIS 9 is rather weak. Our plant leaf wax records
29 also record the climate transition associated with the Mid-Brunhes Event (MBE) suggesting that the
30 pre-MBE interval (430-800 ka) was characterized by higher inputs from grasses in comparison to
31 relatively higher inputs from trees in the post-MBE interval (430 to 0 ka). Differences in vegetation

32 and SST of southern East Africa between the pre- and post-MBE intervals appear to be related to
33 shifts in the location of the Subtropical Front. Comparison with vegetation records from tropical East
34 Africa indicates that the vegetation of southern East Africa, while exhibiting glacial-interglacial
35 variability and notable differences between the pre- and post-MBE portions of the record, likely did
36 not experience such dramatic extremes as occurred to the north at Lake Malawi.

37

38 **1. Introduction**

39 The Earth experienced numerous fluctuations between cold glacial periods and warm
40 interglacial periods during the Pleistocene. Individual glacial and interglacial periods were
41 characterized by varying boundary conditions including insolation, continental ice sheet extent and
42 atmospheric carbon dioxide ($p\text{CO}_2$) concentrations, resulting in differing intensities and associated
43 patterns of climate variability (Past Interglacials Working Group of PAGES, 2016). Accompanying
44 glacial-interglacial variability, long-term climate transitions also occurred. During the mid-
45 Pleistocene transition (1.2-0.6 Ma), variations in global ice volume shifted from exhibiting a dominant
46 41 kyr periodicity to a 100 kyr periodicity and a number of atmospheric and oceanic circulation
47 changes took place (Past Interglacials Working Group of PAGES, 2016). Another climate transition,
48 the Mid-Brunhes Event (MBE), placed between Marine Isotope Stages (MIS) 12/11 at 430 ka, marks
49 an increase in the amplitude of glacial-interglacial cycles after this time (Jansen et al., 1986; EPICA
50 community members, 2004).

51 On the African continent dramatic and rapid climate fluctuations frequently occurred during
52 the Pleistocene, which are thought to have contributed to major steps in human evolution and to the
53 development of modern behavior (e.g. Compton, 2011; deMenocal, 2004; Trauth et al., 2009).
54 Presently, continuous records of African continental climate spanning beyond the Last Glacial

55 Maximum (MIS 2) are relatively rare. A number of Plio-Pleistocene marine records exist from the
56 tropical and subtropical regions offshore northwest and northeast Africa (deMenocal, 2004) while
57 numerous lakes and paleolakes of the East African Rift valley have provided both long, continuous
58 records and brief snapshots into past climate during discrete intervals (e.g. Scholz et al., 2007; Cohen
59 et al., 2007). These records reveal dramatic past hydroclimate and vegetation fluctuations as well as a
60 high degree of spatial variability. In contrast, the subtropical southern African continent, a region that
61 hosted early hominin species (e.g. Compton, 2011), remains understudied.

62 Here we examine plant leaf waxes from a marine sediment core to investigate vegetation
63 change in southern East Africa during the past 800,000 years. We compare our records to pollen
64 (Dupont et al., 2011) and sea surface temperature (SST) (Caley et al., 2011) reconstructions from the
65 same core. Pollen and plant macrofossils are commonly used to examine vegetation change, a
66 sensitive indicator of past climate conditions. A complementary approach is to examine the
67 distribution and isotopic composition of plant leaf waxes. High molecular weight *n*-alkanes (29 to 33
68 carbon atoms) are a main component of plant epicuticular waxes (Eglinton and Hamilton, 1967). The
69 distribution of dominant homologues can reflect environmental conditions while the carbon isotopic
70 composition ($\delta^{13}\text{C}$) of *n*-alkanes provides information on the dominant photosynthetic pathway (C_3
71 or C_4) used (Collister et al., 1994). Our records provide insights into the role of Indian Ocean SST and
72 orbital forcing in driving subtropical vegetation change.

73

74 **2. Study location and methods**

75 ***2.1 Study location***

76 Giant piston core MD96-2048 (37.59m, 660m depth), located in the precursor region of the
77 Agulhas Current, was retrieved by the R/V Marion Dufresne during the 104 MOZAPHARE cruise from

78 the upper continental slope offshore Mozambique, south of the Limpopo River mouth (26°10'S,
79 34°01'E) (Figure 1). The uppermost 12m of the core, spanning the past 800 ka, is examined. The age
80 model was previously published by Caley et al. (2011) and is based on oxygen isotope stratigraphy.
81 Pollen and spore analysis of the upper part of the core (MIS 9 to 1) is reported by Dupont et al.
82 (2011). The SST record is based on a stacked record of the $U_{37}^{K'}$ Index, the TEX₈₆ paleothermometer
83 and Mg/Ca ratios of *G. ruber s.s.* (Caley et al., 2011).

84 The Limpopo River is the second largest African river draining into the Indian Ocean after the
85 Zambezi River. Its watershed includes parts of Botswana, Zimbabwe, southern Mozambique and
86 northern South Africa (Figure 1). Watershed elevation varies greatly ranging from lowland coastal
87 regions to >2000m on the interior central southern Africa plateau. Mean annual temperature and
88 precipitation ranges from 16°C and 1400mm in the central plateau region to 24°C and 600mm in the
89 lowlands (Dupont et al., 2011). Presently, a strong relationship exists between southwest (SW) Indian
90 Ocean SST and southern East African precipitation. Most rainfall occurs in austral summer (November
91 to March) with precipitation increasing in late summer when SW Indian Ocean SSTs are the highest
92 (Jury et al., 1993; Reason and Mulenga, 1999). The vegetation of the Limpopo catchment is highly
93 variable and includes closed forest, dry scrubland, alpine open grasslands and semi-evergreen
94 lowland forest (Figure 1; White, 1983). For a detailed description of modern vegetation in the
95 Limpopo catchment the reader is referred to Dupont et al. (2011).

96

97 **2.2 Organic geochemical analyses**

98 177 samples from core MD96-2048 were freeze dried and extracted with an Accelerated
99 Solvent Extractor (ASE 200) using a mixture of 9:1 dichloromethane (DCM) to methanol (MeOH).
100 Samples were separated into apolar, ketone and polar fractions with alumina oxide using solvent

101 mixtures of 9:1 (vol:vol) hexane/DCM, 1:1 (vol:vol) hexane/DCM, and 1:1 (vol:vol) DCM/MeOH,
102 respectively. The apolar fractions were passed through Ag⁺ impregnated silica to separate saturated
103 and unsaturated hydrocarbons.

104 Identification of *n*-alkanes was performed on a Thermo Finnigan Trace Gas Chromatograph
105 (GC) Ultra coupled to Thermo Finnigan DSQ mass spectrometer (MS) using a CP Sil-5 fused silica
106 capillary column (25m × 0.32mm; film thickness 0.12µm) with helium as the carrier gas. Mass scans
107 were made from m/z=50–800 with 3 scans per second and an ionization energy of 70eV. The oven
108 program initiated at 70°C, increased by a rate of 20°C min⁻¹ to 130°C, and subsequently by a rate of
109 4°C min⁻¹ until 320°C (held for 10 min).

110 Quantification of *n*-alkanes was performed on an HP 6890 gas chromatograph (GC) using a
111 50m CP Sil-5 column (0.32mm diameter, film thickness 0.12µm), helium as the carrier gas, and the
112 same oven program as for GC-MS. Compound concentrations were determined by relating
113 chromatogram peak areas to the concentration of an internal standard of known concentration. The
114 average chain length (ACL; Poynter et al., 1989) was calculated using the C₂₇ to C₃₃ *n*-alkanes (many
115 samples did not contain shorter homologues):

116

$$117 \quad ACL = \frac{27C_{27} + 29C_{29} + 31C_{31} + 33C_{33}}{(C_{27} + C_{29} + C_{31} + C_{33})},$$

118

119 where C_x represents the abundance of the *n*-alkane with *x* carbon atoms.

120 Compound-specific δ¹³C analyses were performed on the aliphatic fraction using an Agilent
121 6800 GC coupled to a ThermoFisher Delta V isotope ratio monitoring mass spectrometer. Isotope
122 values were measured against a calibrated external reference gas and instrument performance was
123 monitored by daily injection of a mixture of C₂₀ and C₂₄ perdeuterated *n*-alkanes with known isotopic

124 compositions. Squalane added as an internal standard to each sample provided an additional check
125 on instrument performance. The $\delta^{13}\text{C}$ values for individual compounds are reported in the standard
126 delta notation against the Vienna Pee Dee Belemnite (VPDB) standard. Ninety nine samples were
127 analyzed in duplicate to quadruplicate with a reproducibility of on average $\pm 0.36\text{‰}$ for the C_{31} *n*-
128 alkane.

129

130 **3. Results**

131 Concentrations of total long-chain *n*-alkanes ($\text{C}_{27}\text{-C}_{33}$) vary from 0.02 to $0.82\mu\text{g g sed}^{-1}$ with a
132 mean value of $0.27\mu\text{g g sed}^{-1}$. In general, concentrations and mass accumulation rates (MAR) of *n*-
133 alkanes do not exhibit clear glacial-interglacial patterns with a few exceptions (Figure 2). The lowest
134 *n*-alkane concentrations and MARs are noted from ~491 to 522 ka during MIS 13. Elevated *n*-alkanes
135 concentrations and MARs are noted during the MIS 2 and also in the older part of the core (526-620
136 ka and 680-800 ka). ACL ranges from 30.7 to 31.4 with a mean value of 30.9. Mean pre- and post-
137 MBE (see section 4.5) ACL values are 31.0 and 30.9, respectively (Figure 2).

138 The $\text{C}_{29}\text{-C}_{33}$ *n*-alkanes were generally present in suitable concentrations to analyze their carbon
139 isotopic composition. Here we report the carbon isotope composition of the C_{31} *n*-alkane (hereafter
140 $\delta^{13}\text{C}_{\text{wax}}$, $n=166$), the most abundant homologue. The C_{33} *n*-alkane was also abundant but it co-eluted
141 with another compound so its isotopic composition could not be reliably measured. In core MD96-
142 2048, $\delta^{13}\text{C}_{\text{wax}}$ values range from -23.8 to -27.9‰ (Figure 2), with a mean value of -25.5‰. The $\delta^{13}\text{C}_{\text{wax}}$
143 record indicates generally lower values during interglacials and higher values during glacials. The
144 average $\delta^{13}\text{C}_{\text{wax}}$ values in the pre-MBE and post-MBE intervals are similar at -25.6‰ and -25.4‰,
145 respectively. The uppermost sample analyzed from MD96-2048 (0.36 ka) has a $\delta^{13}\text{C}_{\text{wax}}$ value of -

146 25.8‰, similar to core top samples collected from 23-28°S from the Atlantic Ocean offshore western
147 Namibia and South Africa, which vary from -25.2‰ to -26.1‰ (Vogts et al., 2012).

148

149 **4. Discussion**

150 ***4.1. Sources of *n*-alkanes***

151 Plant leaf waxes are widely recognized as a resistant compound class and are known to be
152 transported long-distances within large river systems (e.g. Ponton et al., 2014). Many previous
153 studies have examined marine sediment cores situated in front of large river basins including the Nile
154 (e.g. Castañeda et al., 2016), the Congo (e.g. Schefuß et al., 2003) and the Zambezi (e.g. Schefuß et al.,
155 2011) to investigate basin-scale continental vegetation or hydroclimate change from leaf waxes, the
156 approach we take here. A study of leaf wax hydrogen isotopes in Amazon River particulate organic
157 matter, designed to test whether biomarkers present in rivers are representative of their catchment,
158 concluded that leaf waxes in transit largely reflect catchment-averaged precipitation, thereby
159 supporting this approach to paleoclimate reconstruction (Ponton et al., 2014).

160 Before inferring the vegetation and climatic history based on plant leaf waxes or pollen, the
161 source area(s) of the vegetation must be determined. Plant leaf waxes are transported to marine
162 sediments via wind or water erosion. Here, transport by the Limpopo River is likely the main
163 transport mechanism as the dominant wind patterns do not facilitate transport of *n*-alkanes from the
164 continent to the SW Indian Ocean because the surface airflow persists in an east-west (ocean to land)
165 direction during most of the year (Tyson and Preston-Whyte, 2000). The coring site is also located
166 close (within 120km) to the mouth of the Limpopo River (Figure 1). Furthermore, we note a
167 significant positive correlation ($r^2=0.78$, $p<0.001$) between mass accumulation rates (MAR) of total *n*-
168 alkanes and total branched glycerol dialkyl glycerol tetraethers (brGDGTs) (Figure 2). BrGDGTs are

169 commonly found in soils (Weijers et al., 2007) and their presence at site MD96-2048 is attributed to
170 Limpopo River runoff (Caley et al., 2011). Although overall terrestrial inputs to the coring site are low,
171 as evidenced by low concentrations of *n*-alkanes, brGDGTs (Caley et al., 2011), and pollen grains
172 (Dupont et al., 2011), the general agreement between brGDGT and *n*-alkane MARs (Figure 2)
173 suggests that fluvial transport is the dominant delivery mechanism of leaf waxes to site MD96-2048.
174 Dupont et al. (2011) also concluded that most of the pollen and spores at this site are fluvially
175 transported.

176 Based on pollen, Dupont et al. (2011) suggested that the main source area of material to
177 MD96-2048 is from the region north of Maputo, extending from the Drakensberg (the eastern
178 portion of the Great Escarpment) in the west to the coastal plain in the east (Figure 1). We assume
179 that plant leaf waxes in the same sediment core derive from an identical region. It should be noted
180 that the source area of material within the Limpopo River catchment may have shifted in the past
181 between different sub-basins under different climate regimes, as has been documented for other
182 large river catchments including the nearby Zambezi (Just et al., 2014; van der Lubbe et al., 2016).
183 However, this issue cannot be assessed for MD96-2048 with the data presently available. We note
184 that the Zambezi River likely does not represent a significant source of material to site MD96-2048.
185 Marine cores collected in front of the Zambezi and Limpopo Rivers reveal qualitative differences
186 between pollen assemblages, with pollen from the Limpopo site consistent with vegetation reflecting
187 overall lower temperatures (Dupont et al., 2011 and references therein) as expected for the more
188 southerly position of the Limpopo catchment. Furthermore, the core site is located in the southern
189 Limpopo cone deposition center, which has accumulated sediments since the Late Miocene, its
190 location restricted aurally by a counter-current (Martin, 1981). Sediment transport from the Zambezi
191 River is northwards over the shelf to the upper part of the deep sea canyon during interglacials

192 whereas sediment is mainly discharged on the slope in front of the river mouth during sea level
193 lowstands (Schulz et al. 2011; van der Lubbe et al. 2014). Therefore, it seems unlikely that Zambezi-
194 derived material deposited at these locations could be displaced to the Limpopo cone (upper slope),
195 over five degrees of latitude to the south.

196

197 **4.2. Glacial-interglacial variability in plant leaf wax ratios**

198 Several parameters based on the distribution of *n*-alkane homologues reflect environmental
199 variability. For example, increasing ACL is observed with increasing aridity or temperature (e.g.
200 Poynter et al., 1989; Rommerskirchen et al., 2003; Horikawa et al., 2010; Bush and McInerney, 2015).
201 Likewise, the ratio of $C_{31}/(C_{29}+C_{31})$ *n*-alkanes, is also used as a proxy for temperature or aridity
202 (Horikawa et al., 2010). We focus leaf wax discussion on the $C_{31}/(C_{29}+C_{31})$ ratio, which most clearly
203 resolves the glacial/interglacial cycles. This ratio likely reflects vegetation change on the African
204 landscape as rainforest species dominantly produce the C_{29} *n*-alkane while savanna species
205 (including trees, herbs and shrubs) dominantly produce the C_{31} *n*-alkane (Vogts et al., 2009).

206 The glacial-interglacial cycles of the past 800 ka are strongly expressed in the $C_{31}/(C_{29}+C_{31})$
207 ratio except for Termination III, marking the transition between MIS 8/7, which is not expressed in
208 the *n*-alkane records (Figure 3). While the interval of substages 7a through 7c is marked by a clear
209 excursion to lower $C_{31}/(C_{29}+C_{31})$ values, the absence of substage 7e, coupled with a weak MIS 8
210 glacial, results in the absence of Termination III. In agreement with our data, MIS 7 is recognized as a
211 weak interglacial while the part of MIS 8 immediately before Termination III is a weak glacial at many
212 sites (Lang and Wolff, 2011). MIS 7 is a particularly intriguing interglacial as substage 7e is the
213 strongest signal at some locations whereas at others 7c is the strongest (Lang and Wolff, 2011). In
214 other records, the entire interval of 7c through 7a appears as a rather strong interglacial (Lang and

215 Wolff, 2011), which is the case for our vegetation records. Of the interglacials, MIS 11 and MIS 5 are
216 recognized as the strongest of the past 800 ka with MIS 11 being exceptionally strong (Lang and
217 Wolff, 2011). Both MIS 5e and 11c are clearly expressed in our leaf wax records, as is MIS 15e.
218 Termination II, marking the transition from MIS 6/5, is particularly dramatic and abrupt in the
219 $C_{31}/(C_{29}+C_{31})$ record (Fig. 3). Interestingly, while MIS 9 is recognized as a strong interglacial at many
220 sites, including in the MD96-2048 SST record, it is relatively weak in the $C_{31}/(C_{29}+C_{31})$ record.
221 Conversely, we also note that SW Indian Ocean SST was quite low during MIS 7a-c when a relatively
222 strong response in the $C_{31}/(C_{29}+C_{31})$ record is detected. While the reasons for a weak expression of
223 MIS 9 and a strong expression of 7a-c in our *n*-alkane records are not clear, likely other factors in
224 addition to aridity, which in turn is related to SST variability, contributed to vegetation change at
225 these times. Overall, the $C_{31}/(C_{29}+C_{31})$ record supports stronger glacial-interglacial vegetation
226 variability in southern East Africa since the MBE (EPICA community members 2004; Lang and Wolff,
227 2011).

228 Interestingly, a long term trend to lower ACL and $C_{31}/(C_{29}+C_{31})$ ratios occurs from 800 ka to the
229 present. A long-term trend to lower SST also occurs over this interval (Figure 3). While the SST trend
230 is largely due to pronounced cooling during MIS 2, at ODP Site 1082, located offshore Namibia at
231 21.5°S, the opposite trend is observed where a long-term shift to lower oxygen isotope values of
232 *Globorotalia inflata* reflects increasingly higher glacial SSTs toward the present (Jahn et al., 2003).
233 This pattern may be related to long-term variability in the location of the Subtropical Front (STF), and
234 the associated strength and position of the Agulhas Current and Agulhas Leakage (see section 4.5).
235 However, the exact cause of the long term decrease in the $C_{31}/(C_{29}+C_{31})$ ratio remains unclear.

236

237 ***4.3 Leaf wax proxies and pollen***

238 The stable carbon isotopic composition of plant leaf waxes ($\delta^{13}\text{C}_{\text{wax}}$) is used to distinguish
239 vegetation utilizing the two major photosynthetic pathways. The C_3 pathway is the most common
240 and is used by most trees, cold-season grasses and sedges while the C_4 pathway is utilized by warm
241 season grasses and sedges and is common in tropical savannas. C_3 plants have lower carbon isotopic
242 values in comparison to C_4 vegetation (Collister et al., 1994). For the C_{31} *n*-alkane, mean values of -
243 35.2‰ and -21.7‰ are representative of C_3 and C_4 vegetation, respectively (Castañeda et al., 2009a).
244 A third photosynthetic carbon-fixation pathway, the Crassulacean Acid Metabolism pathway, is
245 typically used by a minor component of the vegetation and has isotopic values intermediate
246 between those of C_3 and C_4 plants (Feakins and Sessions, 2010). Recent work indicates a larger
247 variability in the range of C_3 plant carbon isotope values than previously thought (Diefendorf et al.,
248 2010). However, C_3 vegetation is generally isotopically depleted in ^{13}C comparison to C_4 vegetation
249 and thus $\delta^{13}\text{C}_{\text{wax}}$ can be used to examine relative inputs of C_3 vs. C_4 plants, although absolute values
250 should be interpreted with care. A number of factors including temperature, aridity and pCO_2 can
251 influence the distribution of C_3 and C_4 vegetation (e.g. Kohn et al., 2014 and references therein). In
252 tropical Africa previous studies have recognized aridity (precipitation) as the main factor controlling
253 the continental scale distribution of C_3 vs. C_4 vegetation (e.g. Castañeda et al., 2009a; Schefuß et al.,
254 2003) although more recent work suggests a greater influence of temperature and CO_2 , particularly
255 for glacial periods (Kohn et al., 2014).

256 We find that ACL, the $\text{C}_{31}/(\text{C}_{29}+\text{C}_{31})$ ratio, and $\delta^{13}\text{C}_{\text{wax}}$ of MD96-2048 reveal similar overall
257 trends (Figure 3). Glacial periods are generally characterized by higher ACL values, higher
258 $\text{C}_{31}/(\text{C}_{29}+\text{C}_{31})$ ratios and higher $\delta^{13}\text{C}_{\text{wax}}$ values. A study of the central USA found longer *n*-alkane chain
259 lengths, and higher ACL values, were correlated with higher growing season temperature (Bush and
260 McInerney, 2015). Likewise, to the north of the Limpopo basin at Lake Malawi, higher ACL values also

261 are correlated with higher temperatures (Castañeda et al., 2009b). Conversely, in core MD96-2048
262 higher ACL values are noted during glacials, suggesting that temperature likely is not the dominant
263 controlling factor on *n*-alkane chain length. Increased *n*-alkane chain lengths are also associated with
264 increased aridity (Poynter et al., 1989; Schefuß et al., 2003). Thus in the Limpopo River drainage
265 aridity or relative humidity is likely the main control on *n*-alkane chain length. The $\delta^{13}\text{C}_{\text{wax}}$ record
266 indicates that glacial periods were also characterized by slightly higher contributions of C₄ vegetation
267 (Figure 3) although pollen data from the same core (Dupont et al., 2011) indicates that glacial-
268 interglacial changes in the extent of grassy vegetation were not large. Dupont et al. (2011) infer that
269 the combination of moderately less rainfall with lower temperatures drove the expansion of
270 mountain vegetation during glacial periods.

271 To date a relatively limited number of studies have examined pollen and $\delta^{13}\text{C}_{\text{wax}}$ from the
272 same samples (e.g. Huang et al., 2006; Rommerskirchen et al., 2006; Feakins et al., 2013; Hoetzel et
273 al., 2013; Dupont et al., 2013). Plant leaf waxes provide complementary, but different, information on
274 past vegetation assemblages in comparison to pollen. A fundamental difference is that *n*-alkanes are
275 an indicator of biomass whereas pollen is a signal of reproduction (e.g. Hughen et al., 2004). Pollen
276 can differentiate vegetation at the genus to species level whereas leaf wax distributions can provide
277 insight into general plant life forms (e.g. trees or grasses). Another difference is that pollen grains
278 from C₃ and C₄ grasses are microscopically indistinguishable (Bonnefille and Riollet, 1980) whereas
279 $\delta^{13}\text{C}_{\text{wax}}$ can differentiate vegetation using C₃ and C₄ photosynthesis. Some plant species produce little
280 pollen while others produce abundant pollen. Likewise, different species of plants produce variable
281 concentrations of leaf waxes (e.g. Vogts et al., 2009), which potentially could lead to a bias in $\delta^{13}\text{C}_{\text{wax}}$
282 if large differences in *n*-alkane concentrations exist between C₃ and C₄ species. Both pollen and leaf

283 waxes may be transported by wind and fluvial erosion; however, some pollen types may be
284 selectively dispersed by animal vectors while other types are transported long distances by wind.

285 During the past 800 ka, our *n*-alkane records suggest interglacial periods in southern East
286 Africa were characterized by relatively wetter conditions with slightly increased contributions of C₃
287 vegetation. In contrast, glacial periods were characterized by more arid conditions and relatively
288 higher contributions of C₄ vegetation (Figures 3, 4). Overall, our *n*-alkane records support the pollen
289 data from the same core, covering the interval from 342 ka to the present (Dupont et al., 2011).
290 MD96-2048 pollen and spore counts were examined by applying a multivariate analysis in the form
291 of an endmember model unmixing procedure to generate a model consisting of three endmembers
292 (EM) (Figure 4; Dupont et al., 2011). EM1 represents humid mountainous *Podocarpus* forest and
293 woodland taxa, EM2 represents mainly open mountain vegetation dominated by ericaceous scrubs
294 (Ericaceae and Asteroideae) with a swampy component (including Cyperaceae, *Stipularia africana* and
295 *Typha*), and EM3 represents a complex situation of different biomes with woodland and forest taxa
296 combined with coastal vegetation (Dupont et al., 2011). EM1 is the most abundant during periods of
297 intermediate climate between full interglacial and full glacial conditions (MIS 9, 7 and the later part
298 of MIS 5), EM2 is most abundant during full glacial periods (MIS 8, 6 and 2-4) while EM3 is most
299 abundant during full interglacial stages (MIS 9, 7, 5e and 1) (Figure 4). Dupont et al. (2011) found that
300 the extent of EM2 (open mountain vegetation) in southern East Africa was driven primarily by SST in
301 this region of the SW Indian Ocean. Here, we also note agreement between the *n*-alkane and SST
302 records (see section 4.4).

303 To investigate relationships between pollen assemblages and *n*-alkane parameters ($\delta^{13}\text{C}_{\text{wax}}$ and
304 the C₃₁/(C₂₉+C₃₁) ratio), correlations were performed with each of the three endmembers. The
305 C₃₁/(C₂₉+C₃₁) ratio was found to exhibit a significant correlation with EM2 (r=0.63, p<0.001) but not

306 with EM1 or EM3. Similarly, the $\delta^{13}\text{C}_{\text{wax}}$ record, although of lower sampling resolution, also reveals a
307 significant correlation with EM2 ($r=0.47$, $p<0.001$). General trends in both records track overall
308 changes in EM2 (Figure 4); thus it appears that the *n*-alkanes are sensitive to variability in open
309 mountain vegetation. This finding is in agreement with a study of *n*-alkane distributions in modern
310 African vegetation, which found that savanna herbs, trees and shrubs (i.e. shrubby open
311 mountain vegetation) are dominated by the C_{31} *n*-alkane whereas rain forest vegetation is
312 dominated by the C_{29} *n*-alkane (Vogts et al., 2009).

313 Although our $\delta^{13}\text{C}_{\text{wax}}$ record shows similar overall patterns to the $\text{C}_{31}/(\text{C}_{29}+\text{C}_{31})$ ratio, it is
314 relatively more noisy because the analytical error (0.3-0.5‰) is more significant relative to the range
315 (Figures 3, 4). The maximum overall range of the Limpopo River $\delta^{13}\text{C}_{\text{wax}}$ record is 4.1‰ but generally
316 glacial-interglacial changes are around 2.5‰. Such glacial-interglacial shifts in $\delta^{13}\text{C}_{\text{wax}}$ are relatively
317 small in comparison to other East African sites. At Lake Tanganyika (Tierney et al., 2010) and Lake
318 Challa (Sinninghe Damsté et al., 2011), $\delta^{13}\text{C}_{\text{wax}}$ values vary by approximately 10‰ and 9‰,
319 respectively, between the LGM and the early Holocene. In contrast, a marine core from offshore
320 south western Africa (23°S) exhibits glacial-interglacial shifts in $\delta^{13}\text{C}_{\text{wax}}$ of ~ 2.5 ‰ (Collins et al., 2014).
321 The relatively small range in $\delta^{13}\text{C}_{\text{wax}}$ is likely because the Limpopo drainage, and also western
322 southern Africa (Collins et al., 2014), did not experience major C_3/C_4 interglacial-glacial shifts like
323 tropical East Africa experienced. The open mountain vegetation assemblage of EM2 includes the
324 families Cyperaceae, Asteraceae, and Poaceae, which contain some C_4 species (Dupont et al., 2011).
325 However, the abundance of Cyperaceae and Asteraceae pollen is low and is likely related to coastal
326 vegetation while Poaceae (includes C_3 and C_4 species) scores only 14% of the taxa on the EM2
327 assemblage (Dupont et al., 2011). EM3, representing a vegetation complex similar to the present with
328 grasslands present on the interior plateau and forest in the lowlands, also contains Poaceae, which

329 scores about 20% on EM3 (Dupont et al., 2011). Due to the opposing pattern of EM2 dominating
330 during full glacials and EM3 dominating during full interglacials, and the fact that C₄ vegetation is
331 not a dominant component of either end member, it appears that southern East Africa did not
332 experience major glacial/interglacial shifts in C₃ vs. C₄ plant dominance. This may explain why the
333 $\delta^{13}\text{C}_{\text{wax}}$ record lacks well-defined glacial/interglacial cycles that are better resolved by the
334 C₃₁/(C₂₉+C₃₁) ratio.

335

336 ***4.4 SST, orbital forcing and vegetation change in SE Africa***

337 Currently, a strong relationship exists between western Indian Ocean SST and summer rainfall
338 in northern South Africa (Jury et al., 1993; Reason and Mulenga, 1999). A main finding of the pollen
339 analysis of MD96-2048 is that SW Indian Ocean SST was a main control on the extent of open
340 mountain vegetation (EM2) during the past 350 ka (Dupont et al., 2011). We also note a significant
341 negative correlation between the C₃₁/(C₂₉+C₃₁) ratio and the SST stack of MD96-2048 (r=-0.69,
342 p<0.001), after detrending to remove the long-term trend to lower values, further supporting that
343 SW Indian Ocean SST has been a main control on the vegetation of southern East Africa during the
344 past 800 ka. The $\delta^{13}\text{C}_{\text{wax}}$ record exhibits a significant but weaker correlation with the SST stack (r=-
345 0.48, p<0.001), likely due to the relatively larger noise.

346 It was previously found that SST and a qualitative salinity record of MD96-2048 contained
347 strong 100 kyr and 41 kyr cycles (Caley et al., 2011). Likewise, it was found that pollen EM2 (open
348 mountain vegetation) abundances displayed significant power at the 100 kyr and 41 kyr periodicities
349 (Dupont et al., 2011), anti-phased with the SST record (e.g. higher proportions of EM2 coincide with
350 lower SST; Figure 4). While the 100 kyr signal is present in the SST and vegetation records, Caley et al.
351 (2011) found that eccentricity forcing is not significant at site MD96-2048 based on the observation

352 of weak 23 and 19 kyr precession signals, which are modulated by eccentricity, and concluded that
353 high latitude obliquity is the main driver of the Agulhas current system. Spectral analysis of the
354 $C_{31}/(C_{29}+C_{31})$ ratio also reveals strong 100 kyr and 41 kyr cycles (Figure 5), coherent at the 95%
355 confidence level, further supporting the role of obliquity in driving vegetation change in southern
356 East Africa (Dupont et al., 2011; Caley et al., 2011). We note that the amplitude of the precession
357 signal may be dampened in the pollen and *n*-alkane records due to a sampling resolution with an
358 average time step of 4.5 kyr. However, a Mg/Ca SST record from this core with a mean time step of
359 2.5 kyr also failed to yield a precession signal; thus precession likely does not drive SW Indian Ocean
360 SST variability (Caley et al., 2011). Dupont et al. (2011) note that the coring site is at the southern
361 limit of the subtropics and receives seasonal rainfall characteristic of monsoonal climates but not a
362 seasonal wind reversal so a strong influence of precession is not expected in contrast to more
363 equatorial sites. Spectral analysis was conducted on all *n*-alkane parameters but none were found to
364 exhibit a significant precession signal.

365

366 ***4.5 The MBE in southern East Africa***

367 The Mid-Brunhes Event (MBE) is a climate transition that occurred between Marine Isotope
368 Stages (MIS) 12/11 (Jansen et al., 1986; EPICA community members, 2004). Antarctic and Southern
369 Ocean records reveal that prior to the MBE interglacials were characterized by higher global ice
370 volume, lower pCO₂ and lower temperatures in comparison to post-MBE interglacials (EPICA
371 community members, 2004; Jouzel et al., 2007, Yin, 2013). The MBE is reported in numerous
372 paleoclimate archives, especially from the southern hemisphere. It is debated whether the MBE was a
373 global or regional event as some records, particularly terrestrial records, do not capture the MBE (e.g.
374 Candy et al., 2013; Meckler et al., 2012). The vegetation records of MD96-2048 provide insight into

375 the MBE from a subtropical continental setting. In the subsequent discussion we examine two
376 intervals: 800-430 ka (pre-MBE) and 430-0 ka (post-MBE) (Yin, 2013; EPICA community members,
377 2004).

378 Most *n*-alkane parameters exhibited statistically significant differences at the 95% confidence
379 level between the pre- and post-MBE intervals as determined from a two sample Student's t-test,
380 after first performing an F-test to determine equality of variances. Based on the outcome of the F-
381 test for each *n*-alkane parameter, the appropriate t-test (either assuming unequal or equal variances)
382 was conducted. Only the $\delta^{13}\text{C}_{\text{wax}}$ record did not show a significant difference between pre- and post-
383 MBE values ($p > 0.05$). We find that the pre-MBE interval is characterized by higher mean ACL and
384 $\text{C}_{31}/(\text{C}_{29} + \text{C}_{31})$ values (Figure 6). In the EPICA Dome C deuterium isotope (δD) record (not plotted), the
385 MBE transition is not expressed by a change in the mean value of the pre- and post-MBE intervals
386 but rather the post-MBE interval is characterized by a larger amplitude in δD values (EPICA
387 community members, 2004). In the EPICA Dome C pCO_2 (Lüthi et al., 2008) and global benthic
388 oxygen isotope (Lisiecki and Raymo, 2005) records, a change in both the mean and amplitude is
389 noted between the pre- and post-MBE intervals (Figure 6). Most of our records, including the SST
390 stack, also indicate a change in amplitude between the pre- and post-MBE intervals (Figure 6). We
391 note that we have not excluded MIS 7, recognized as a weak interglacial, or MIS 19, recognized as a
392 strong interglacial, in our analysis as Yin (2013) did, although doing so would result in even more
393 pronounced pre- and post-MBE differences. Overall, our *n*-alkane records indicate that increased
394 shrubby vegetation characterized the pre-MBE interval.

395 Shifts in the location of oceanic fronts were likely a main cause of differences in the
396 vegetation and climate of southern East Africa on glacial-interglacial timescales as well as in the pre-
397 versus post-MBE intervals. On glacial-interglacial timescales, proxy data indicate that in the SW

398 Indian Ocean, the STF shifted northwards during glacials and southwards during interglacials of the
399 past 1.5 Ma (Bard and Rickaby 2009; Caley et al., 2011; Caley et al., 2012). The relative position of the
400 STF exerts an influence on SW Indian Ocean SST in addition to temperature changes associated with
401 insolation-driven glacial-interglacial cycles. Within this context, it is recognized that when the STF
402 reached its most northerly position, such as during MIS 10 and 12, glacial SSTs at MD96-2048 were
403 relatively mild (Caley et al., 2011). In the SW Indian Ocean, an opposite SST response occurs between
404 sites MD96-2048 (26°S) and MD96-2077 (33°S) (Bard and Rickaby, 2009). At site MD96-2077, located
405 near to the present day position of the STF (Figure 1), extreme northward migration of the STF results
406 in lower SST whereas site MD96-2048 experiences higher SST. This pattern is expected from a
407 northward migration of the STF, which is associated with a contraction of the subtropical gyre and
408 causes the location of the Agulhas retroflexion to be shifted to the north and restricted within the
409 Indian Ocean (Sjip and England, 2008).

410 It appears that shifts in the location of the STF also caused differences in vegetation and SST
411 between the pre- and post-MBE intervals. Our data suggests that in the post-MBE interval both
412 interglacial and glacial periods were characterized by relatively larger inputs of trees and relatively
413 lower SSTs in comparison to the pre-MBE interval. At the Angola Basin, Jansen et al. (1986) report a
414 change from more arid to more humid conditions at 400-350 ka. Yin (2013) examined individual
415 interglacial responses to variable insolation forcing and found that stronger westerlies characterized
416 pre-MBE interglacials, which increased Southern Ocean upwelling and enhanced Antarctic Bottom
417 Water formation. This caused the Antarctic Polar Front (Yin, 2013) and the STF to be located in
418 relatively more northerly positions during the pre-MBE interglacials (Q. Yin, personal communication,
419 2015). Relatively higher SST at site MD96-2048 during both glacials and interglacials of the pre-MBE
420 interval support an overall more northerly position of the STF, corroborating the results of Yin (2013).

421 Interestingly, higher SSTs in the pre-MBE interval are seemingly at odds with the plant leaf
422 wax data suggesting overall increased inputs from grasses (C_{31}), which we interpret as mainly
423 reflecting aridity on glacial-interglacial timescales (see section 4.3). In the modern, higher Indian
424 Ocean SST is associated with increased rainfall in East Africa (Jury et al., 1993; Reason and Mulenga,
425 1999). However, as noted previously (section 4.2), especially strong glacials/interglacials in the alkane
426 records do not always coincide with strong expression in the SST record, implying a role for other
427 factors in driving vegetation change. A study by Kohn et al. (2014) combined paleoecological data
428 and model simulations to examine impacts of rainfall, pCO_2 and temperature on Holocene and LGM
429 (MIS 2) vegetation of the Zambezi River basin. Through different model experiments, they found that
430 precipitation and pCO_2 alone could not account for C_3/C_4 vegetation shifts in the Zambezi basin
431 inferred from $\delta^{13}C_{wax}$. Their study indicates that relatively small temperature changes are important
432 for driving C_3/C_4 shifts with Holocene vegetation controlled by precipitation and temperature, and
433 LGM vegetation mainly controlled by temperature and pCO_2 (Kohn et al., 2014). Furthermore, they
434 suggested that temperature influenced the vegetation of southern tropical Africa on long timescales
435 (Kohn et al., 2014). Lower pCO_2 and lower temperatures characterize pre-MBE interglacials (EPICA
436 community members, 2004; Jouzel et al., 2007, Yin, 2013). Thus, lower temperatures combined with
437 lower pCO_2 perhaps favored grasses (C_{31}) over trees (C_{29}) in the pre-MBE interval despite somewhat
438 higher SST locally.

439 The strength of the westerlies, and by association the position of the STF, also plays a crucial
440 role in the strength of the Agulhas Current system and leakage (e.g. Caley et al., 2012; Durgadoo et
441 al., 2013). Shifting the STF to the north results in reduced Agulhas leakage (Caley et al., 2012); thus,
442 the overall effect is that reduced Agulhas leakage characterized the pre-MBE interval. The Agulhas
443 leakage transfers heat and salt from the Indian Ocean to the Atlantic Ocean and affects variability in

444 the Atlantic Meridional Overturning Circulation (AMOC) (Caley et al., 2014; Peeters et al. 2004; Weijer
445 et al., 2002), which may explain why the MBE is noted in terrestrial records from Spain (Blain et al.,
446 2012). Increased Agulhas leakage during post-MBE glacials could also explain why the ODP Site 1082
447 (Figure 1) planktonic $\delta^{18}\text{O}$ record shows higher glacial SSTs in the post-MBE interval (Jahn et al.,
448 2003). Lower SSTs at site MD96-2048 in conjunction with higher SSTs at ODP Site 1082 are consistent
449 with increased Agulhas leakage during post-MBE glacials. Outside of the southern high latitudes and
450 locations that directly fall under the influence of the Antarctic Polar Front or the STF, regions that are
451 sensitive to AMOC variability may be well suited for recording the MBE.

452

453 ***4.6. Variability in mid- to late-Pleistocene African landscapes***

454 The African landscape is recognized as important to hominin development and therefore
455 understanding the mechanisms driving vegetation dynamics on a variety of timescales is of interest.
456 Pleistocene vegetation records reveal highly variable conditions across the African continent. A
457 compilation of West African marine pollen records indicates that despite strong fluctuations, the
458 latitudinal arrangement of biomes has been conserved through the past three or four climate cycles
459 (Dupont, 2011). There is some tendency toward increased forest vegetation during interglacials while
460 during glacials an equatorward savanna shift into the modern rain forest area is suggested (Dupont,
461 2011). At elevated areas open mountainous scrubland was widespread during the glacials,
462 alternating with phases in which mountain forests expanded, with *Podocarpus maxima* falling mostly
463 between the extremes of full glacials or full interglacials (Dupont 2011).

464 At Lake Malawi (11° S) multi-proxy records including pollen indicate a “megadrought”,
465 occurring during MIS 6 and persisting for 18,000 years (Lane et al., 2013; Beuning et al., 2011; Scholz
466 et al., 2007; Cohen et al., 2007). During the megadrought, the volume of water in Lake Malawi was

467 reduced by at least 95% (Scholz et al., 2007) and grass-dominated vegetation was limited, implying
468 extreme aridity and suggesting conditions that would have been inhospitable to humans in the
469 region (Beuning et al., 2011). Our Limpopo basin vegetation records contrast significantly as we find
470 no evidence of the megadrought (Figure 4) suggesting that the extreme aridity was confined to more
471 tropical sites. In MD96-2048, the proportion of EM1, reflecting mainly humid mountainous
472 *Podocarpus* forest, is relatively high at this time (Dupont et al., 2011) while no significant changes in
473 the $C_{31}/(C_{29}+C_{31})$ ratio or $\delta^{13}C_{wax}$ are observed (Figure 4). Although glacial-interglacial changes in the
474 vegetation of southern East Africa are observed, notably woodland/forest pollen persists throughout
475 the entire record (Dupont et al., 2011) (Figure 4). The continued presence of trees on the landscape
476 indicates substantially less variability in the vegetation of southern East Africa in comparison to the
477 Lake Malawi region. Beuning et al. (2011) noted consistency between Lake Malawi and West African
478 pollen records (Angola and Congo basins) and suggested that large scale vegetation changes were
479 not controlled by SST but rather by changes in Hadley circulation or ITCZ position, which would be
480 sensitive to precession. However, we find that SW Indian Ocean SST variability, driven by obliquity,
481 exerted the main control on southern East African vegetation. Dupont (2011) concluded that while
482 the representation of tropical rain forest fluctuated with summer insolation and precession, the
483 subtropical biomes showed more obliquity variability or followed the pattern of glacial and
484 interglacials.

485 The emerging picture is that Pleistocene environments of the southern African continent
486 were more stable in contrast to those of tropical Africa. In recent years the southern African
487 continent has received an increasing amount of attention as a region critical to hominin evolution
488 and the appearance of modern behavior (Compton, 2011). Our results support the hypothesis that
489 the southern African continent provided suitable living environments for hominins and fauna

490 throughout the Pleistocene, which may have been especially important at times when tropical
491 Eastern Africa experienced extreme aridity.

492

493 **5. Conclusions**

494 Paired analyses of plant leaf waxes and pollen assemblages reveal insights into Pleistocene
495 vegetation change in southern East Africa. We find that while the Limpopo River basin did not
496 experience major glacial-interglacial changes in C₃ vs. C₄ vegetation, *n*-alkanes chain lengths are
497 sensitive to varying inputs of open mountain vegetation, which is closely tied to SW Indian Ocean
498 SST. In turn, the SST of the SW Indian Ocean largely reflects changes in high-latitude obliquity. Our
499 leaf wax records indicate a clear response of the southern East African vegetation to glacial-
500 interglacial climate variability as well as to the MBE. Differences between pre- and post-MBE
501 vegetation and climate of southern East Africa are attributed to shifts in the position of the STF, and
502 associated changes in the strength of the Agulhas leakage and AMOC may have been important for
503 transmitting the MBE outside of the southern high latitudes. Overall, our vegetation records indicate
504 that while glacial-interglacial changes in vegetation assemblages occurred, and a long-term shift
505 took place over the past 800 ka, in general landscapes of subtropical southern East Africa were
506 relatively stable compared to those of tropical East Africa. The relatively stable Pleistocene
507 environments of southern East Africa may have provided an important refuge for early hominins and
508 fauna at times when inhospitable conditions occurred in tropical East Africa.

509

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703

704 **Figure Captions**

705 **Figure 1:** Map of the southern African continent with core locations and major surface currents
706 drawn based on Caley et al. (2011). The locations of marine cores MD96-2048 (this study), MD96-
707 2077 (Bard and Rickaby, 2009) and ODP Site 1082 (Jahn et al., 2003) are shown. The Zambezi and
708 Limpopo River basins are outlined by the light and dark gray shading, respectively. The black line
709 drawn on southern region of the continent indicates the location of the Great Escarpment. The
710 location of Maputo (M) is given by the white dot and the approximate location of drill core MAL05-
711 1c from Lake Malawi is indicated (Scholz et al., 2007; Cohen et al., 2011; Beuning et al., 2011). The
712 Agulhas Current (AC), Agulhas Return Current (ARC), Benguela Current (BC) are the major surface
713 currents in the region and are shown by the labelled arrows. Sites of retroflection and recirculation
714 are noted. The approximate location of eddies of the Mozambique Channel (Moz.), East Madagascar
715 Current, and the Agulhas Rings, which transport heat and salt into the Atlantic Ocean, are indicated.
716 The dashed line indicates the location of the subtropical front (STF). B) The plant geographical
717 regions of southern Africa (figure modified from Dupont et al. (2011), which is based on White,
718 1983). The five regions relevant for our study are Zambezian (tropical, mainly savanna and
719 woodland), Zanzibar-Inhambane (tropical, mainly forest), Highveld (subtropical grassland),
720 Tongaland-Pondoland (subtropical forest) and Afromontane (White, 1983).

721
722 **Figure 2:** MD96-2048 *n*-alkane data. a) The concentration of the nC_{27} , nC_{29} , nC_{31} and nC_{33} *n*-alkanes.
723 The C_{31} *n*-alkane is the most abundant of the long-chain *n*-alkanes (mean concentration of $0.10 \mu\text{g g}$
724 sed^{-1}) followed by the C_{33} *n*-alkane (mean concentration of $0.09 \mu\text{g g sed}^{-1}$) and the C_{29} *n*-alkane
725 (mean concentration of $0.05 \mu\text{g g sed}^{-1}$). b) The mass accumulation rate (MAR) of long-chain *n*-
726 alkanes (sum of C_{27} to C_{33} ; black circles) and c) the MAR of total branched glycerol dialkyl glycerol

727 tetraethers (GDGTs; open gray triangles). d) The average chain length (ACL). e) The carbon isotopic
728 composition of the C_{31} *n*-alkane ($\delta^{13}C_{wax}$). f) The $C_{31}/(C_{29}+C_{31})$ *n*-alkane ratio. In D, E and F the
729 horizontal lines plot the mean values for the 800-430 ka and 430-0 ka intervals. The vertical dashed
730 line at 430 ka indicates the MBE. The Marine Isotope Stages (MIS) are indicated by the numbers at
731 the top of panel E.

732
733 **Figure 3:** Summary of paleoclimate records during the past 800 ka. a) The carbon isotopic
734 composition of the C_{31} *n*-alkane ($\delta^{13}C_{wax}$). The thick green line represents the smoothed data (5 point
735 running mean). Higher (less negative) values indicate increased inputs from C_4 vegetation. b)
736 Average chain length (ACL). Higher ACL values occur at times of lower SST and thus are likely mainly
737 reflecting changes in aridity. c) The $C_{31}/(C_{29}+C_{31})$ *n*-alkane ratio. The y-axis is reversed. Higher values
738 suggest increased inputs of grasses (C_{31}) and likely reflect arid conditions. d) The SST record of core
739 MD96-2048 based on the stacked record of the U^{K}_{37} Index, Mg/Ca ratios of *G. ruber* s.s., and TEX_{86} .
740 Data from Caley et al. (2011). In b, c, and d, the straight gray line indicates the overall trend over the
741 past 800 ka. e) The global benthic oxygen isotope ($\delta^{18}O$) stack is shown for comparison (Lisiecki and
742 Raymo, 2005). Marine Isotope Stages (MIS) are indicated by the gray boxes and numbers at the
743 bottom and top of the graph. The vertical blue bars and roman numerals at the top indicate glacial
744 terminations. With the exception of SST (d), all y-axes are reversed.

745
746 **Figure 4:** Comparison between *n*-alkane parameters and pollen assemblage data for the past 350 ka.
747 All pollen data are from Dupont et al. (2011). In a, b and c the results of end-member modeling of
748 the pollen assemblages are displayed (note the reversed y-axes). EM3 is plotted in a) and represents
749 a complex assemblage of different biomes with woodland and forest taxa combined with coastal

750 vegetation. EM1 is plotted in b) and represents humid mountainous *Podocarpus* forest and
751 woodland taxa. EM2 is plotted in c) and represents open mountain vegetation dominated by
752 ericaeaceous scrubs. d) The SST record of MD96-2048 from Caley et al. (2011). e) The carbon isotopic
753 composition of the C₃₁ *n*-alkane ($\delta^{13}\text{C}_{\text{wax}}$). The black line is the 5 point running mean. f) The
754 C₃₁/(C₂₉+C₃₁) *n*-alkane ratio. g) The percent of woodland and forest pollen in core MD96-2048. It is
755 notable that woodland/forest pollen is present throughout the entire record. The Marine Isotope
756 Stages (MIS) are indicated by the gray boxes and numbers at the bottom and top of the graph. Note
757 the relationships between EM2, SST and the C₃₁/(C₂₉+C₃₁) *n*-alkane ratio, supporting that SW Indian
758 Ocean SST is a main control on the vegetation of southern East Africa.

759

760 **Figure 5:** Cross-spectral analysis between the SST stack (Caley et al., 2011) and the C₃₁/(C₂₉+C₃₁)
761 ratio from site MD96-2048. a) power spectra (log-scale) showing the SST record in black and the
762 C₃₁/(C₂₉+C₃₁) ratio in gray, b) coherence with the 80 and 95% confidence intervals indicated by the
763 dashed lines, and c) phase in degrees. Strong 41 kyr cycles are noted in the SST and C₃₁/(C₂₉+C₃₁)
764 ratio supporting the role of obliquity in driving SW Indian Ocean SST and vegetation change in
765 southern East Africa.

766

767 **Figure 6:** Box and whisker plots highlighting the differences between pre- and post-MBE intervals in
768 MD96-2048. In all plots the bottom and top of the box indicate the first and third quartiles while the
769 solid line inside the box indicates the median (the second quartile). The dashed line inside of the box
770 indicates the mean, which in a few cases plots on top of the median line. The tips of the whiskers
771 represent the smallest and largest values that are not more than 1.5 times the interquartile range
772 above or below the median. The dots represent the outliers. For all plots, a Student's t-test significant

773 at a 95% confidence level was first performed to test the null hypothesis that the means of the pre-
774 and post-MBE intervals are the same; for all parameters the null hypothesis was rejected. a) The
775 global benthic LR04 oxygen isotope stack (Lisiecki and Raymo, 2005). b) Carbon dioxide (CO₂) data
776 from the EPICA Dome C ice core (Luthi et al., 2008) in units of parts per million by volume (ppmv). c)
777 MD96-2048 *n*-alkane average chain length (ACL) values. d) MD96-2048 C₃₁/(C₂₉+C₃₁) *n*-alkane ratio.
778 e) SST stack at site MD96-2048. Data from Caley et al. (2011). The range of the data for the pre- and
779 post-MBE intervals is indicated on the plots.

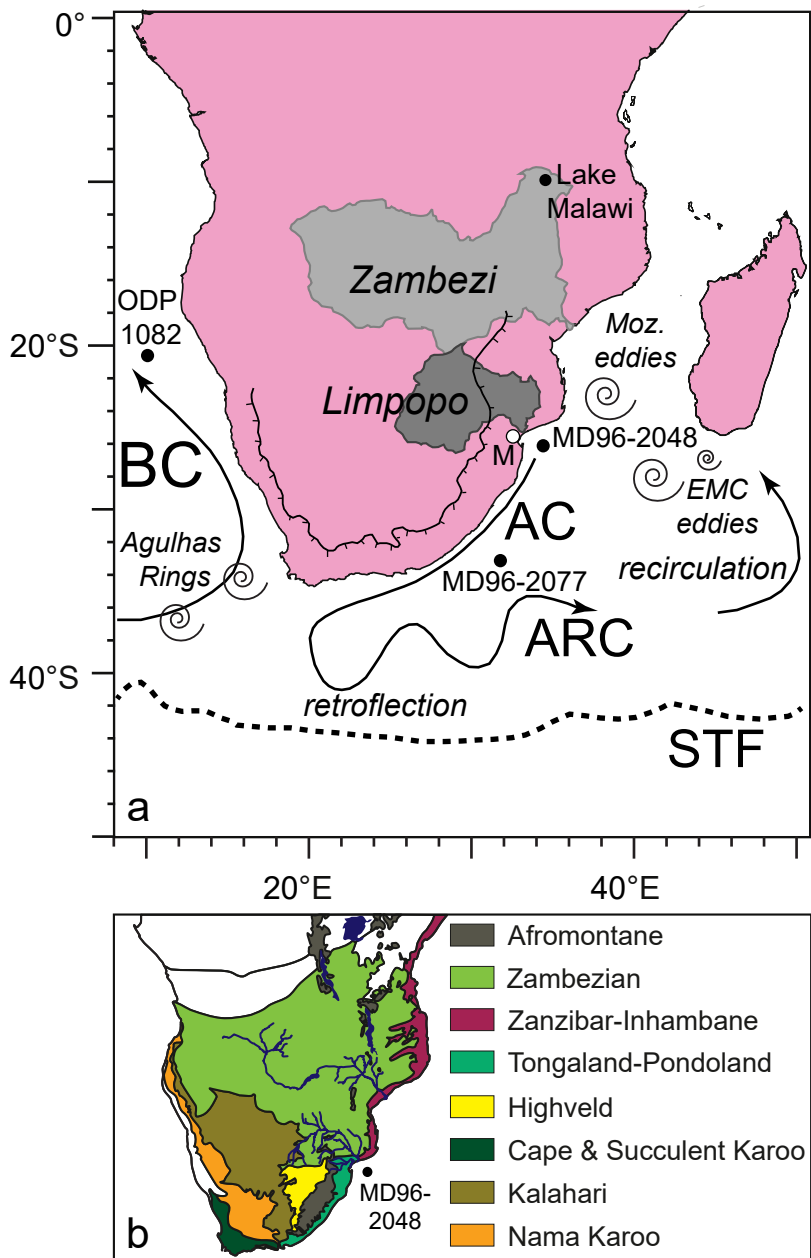


Figure 1

Figure 2

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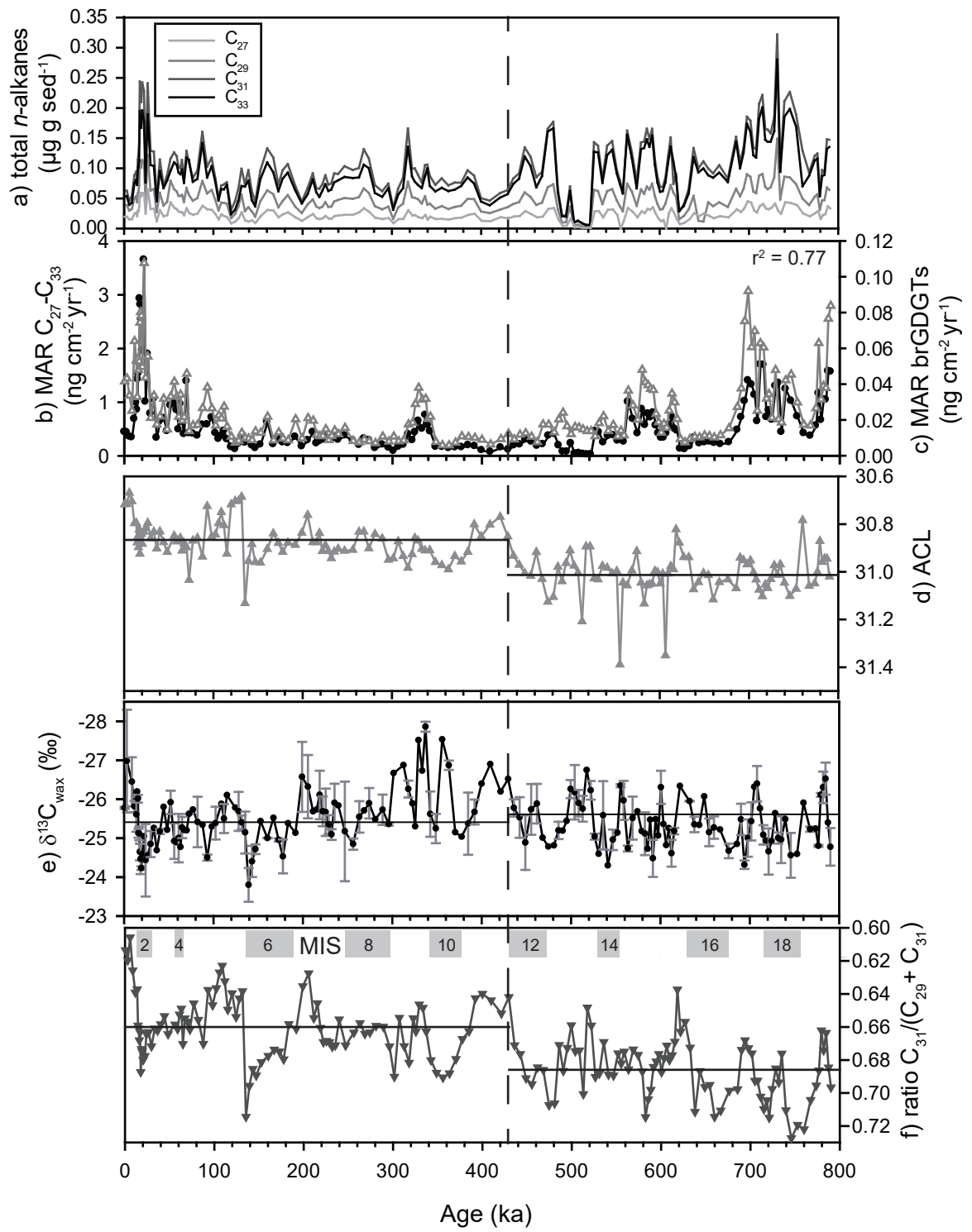


Figure 2

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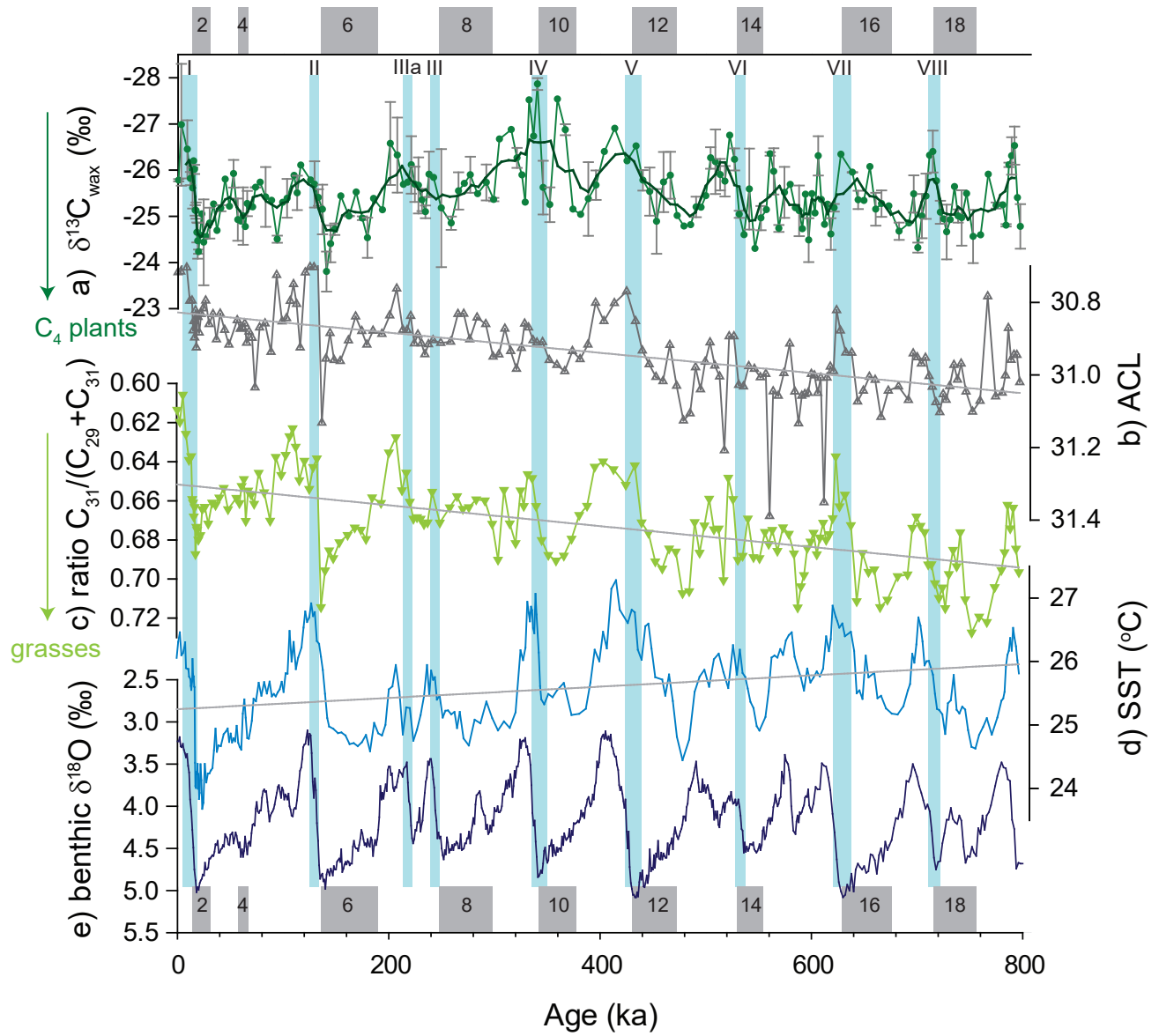


Figure 3

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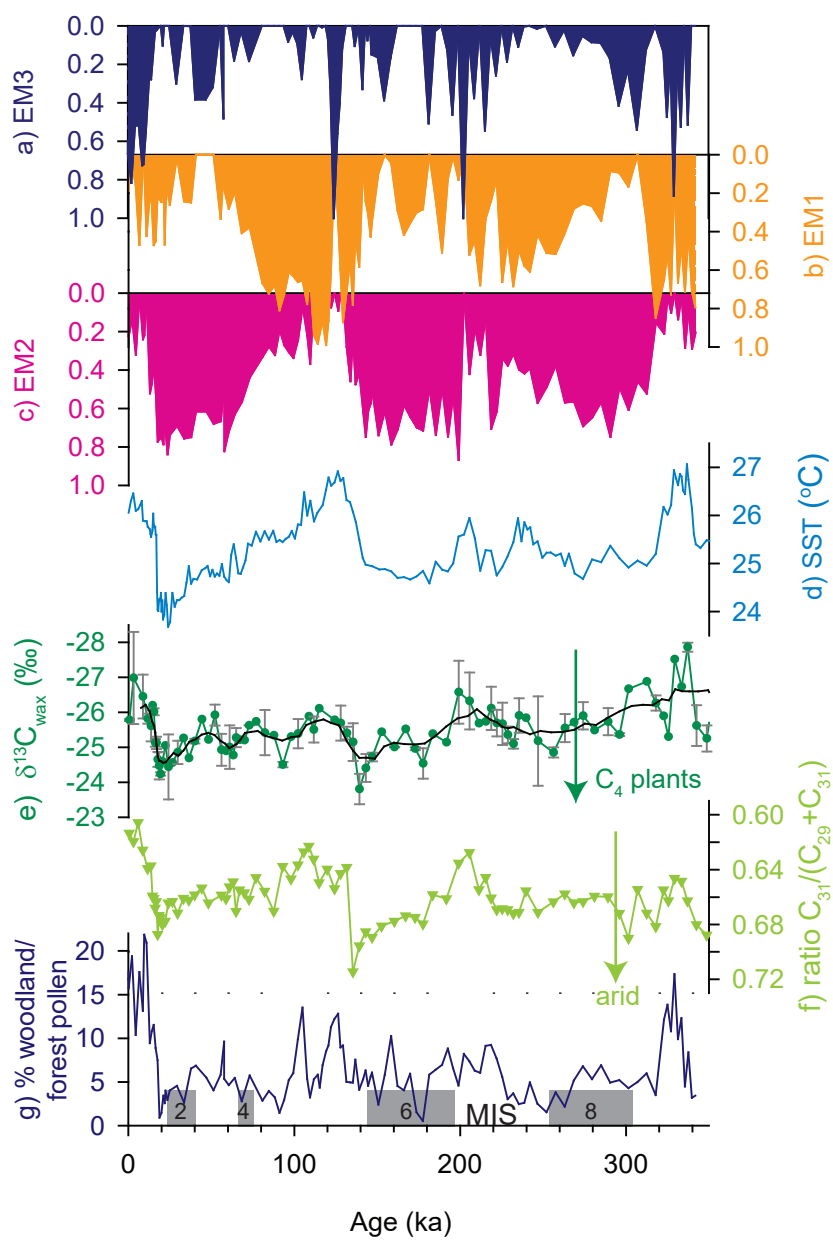


Figure 4

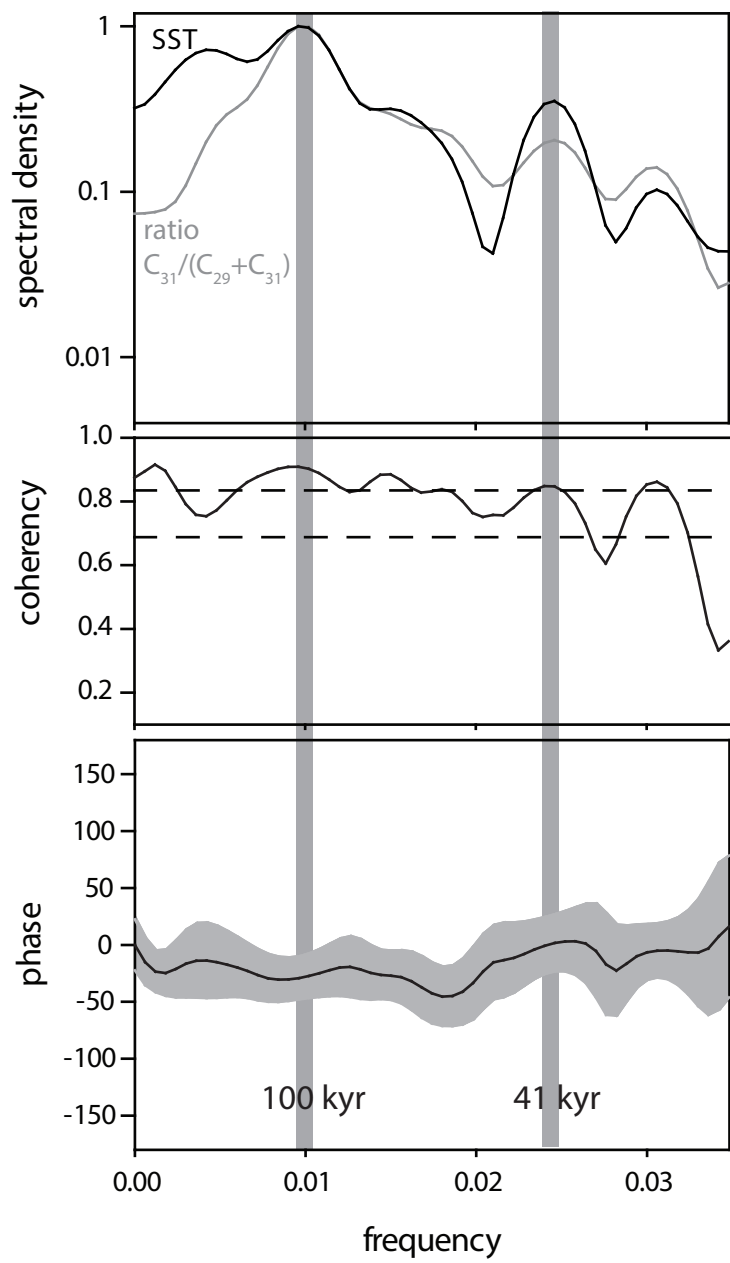


Figure 5

Figure 6
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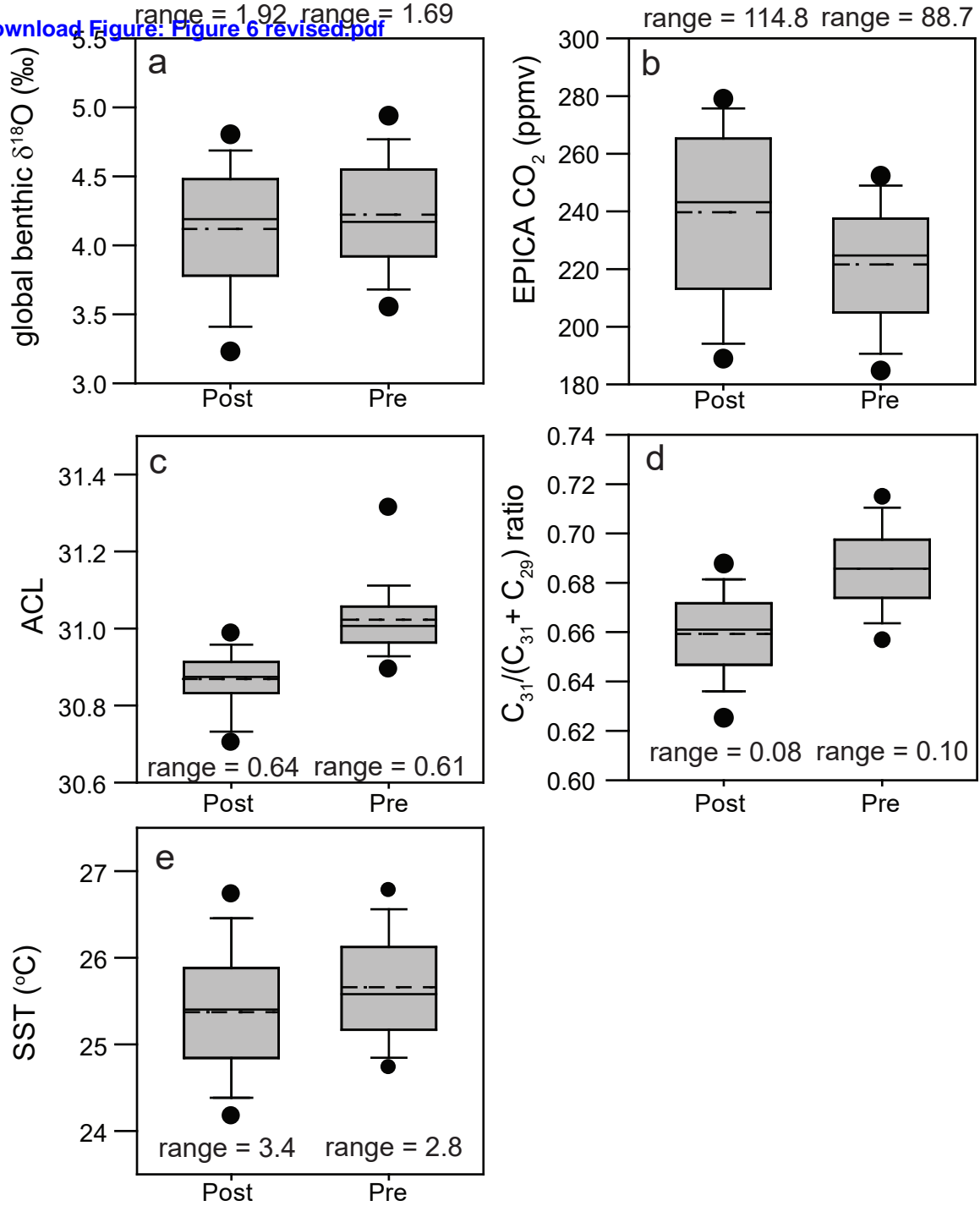


Figure 6