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1 Acute impacts of bottom trawl gears on benthic metabolism and

2 nutrient cycling

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13 Abstract

14 Research on the environmental impacts of bottom fishing gears has focused mainly on benthic fauna and the physical characteristics of the seafloor. This study assesses the benthic biogeochemical 15 consequences associated with tickler chain beam trawl and electric PulseWing trawl gears. In June 16 2017, professional fishermen trawled experimental transects with both types of gears in the Frisian 17 18 Front area of the North Sea. Box core sediment samples and *in-situ* landers were used to evaluate 19 biogeochemical fluxes and sediment characteristics in untrawled and trawled areas (samples taken 3.5 20 - 70 h after fishing). A reduction of sedimentary chlorophyll a was observed, which was larger 21 following tickler chain (83%) compared to PulseWing trawling (43%). This displacement of surface 22 material caused significant decreases in the sediment oxygen consumption in tickler chain (41%) and PulseWing trawled samples (33%) along with a deeper penetration of oxygen in the sediment (tickler 23 24 chain: 3.78 mm, PulseWing: 3.17 mm) compared to untrawled areas (2.27 mm). Our research implies

that bottom trawl disturbance can lead to immediate declines in benthic community metabolism with
tickler chain trawling exhibiting greater and less variable alterations than PulseWing trawling on
benthic biogeochemical processes.

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Keywords: biogeochemistry, ecosystem functioning, oxygen dynamics, nutrients, beam trawling,
pulse trawling, organic carbon, Frisian Front

31

32 Introduction

33 Concerns over the ecological impacts of bottom trawl fishing have dated back since its inception in the 14th century (Collins, 1887). This form of fishing has since gained widespread use and we find 34 35 ourselves asking the same questions about its environmental effects as during its commencement. Current worldwide criticism of bottom trawling and the introduction of the experimental method of 36 "electric pulse fishing" in the North Sea once again brings this topic to the limelight. While we have 37 38 knowledge of the mechanical (Depestele et al., 2016; Eigaard et al., 2016; O'Neil and Ivanovic, 2016) 39 and ecological (Bergman and van Santbrink, 2000; Kaiser et al., 2006; Hiddink et al., 2017; Sciberras et al., 2018) impacts of bottom trawling on the marine ecosystems, only limited information is 40 available on its effects on benthic biogeochemistry (Kaiser et al., 2002). Furthermore, no research has 41 been conducted on the potential side-effects of electric pulse trawling on geochemical fluxes or 42 43 benthic ecosystem functioning (Soetaert et al., 2015).

44 Traditional beam trawls are rigged with tickler chains or chain matrices and scrape the seabed in order 45 to mechanically stimulate and catch flatfish. This can lead to a direct release of nutrients from the 46 sediments which can enhance primary production in the water column (Duplisea *et al.*, 2001; Dounas 47 *et al.*, 2006; Dounas *et al.*, 2007; Couceiro *et al.*, 2013) and may also release contaminated material if 48 present (Bradshaw *et al.*, 2012). Benthic trawling has been linked to reduced oxygen concentrations in 49 the water column (Riemann and Hoffman, 1991), the homogenisation of benthic nutrient profiles (van de Velde *et al.*, 2018) and alterations of the sediment redox layer (Depestele *et al.*, 2018). The
potential for towed gears to remove and kill benthic fauna (Bergman and Hup, 1992; Bergman and
van Santbrink, 2000) can indirectly alter habitat dynamics with the loss of important bioturbators
and/or ecosystem engineers (Duplisea *et al.*, 2001; Olsgard *et al.*, 2008). Bottom trawling, dredging or
other types of human disturbance has been linked to both the fining (Trimmer *et al.*, 2005; De Backer *et al.*, 2014) and coarsening of the bottom material (Palanques *et al.*, 2014; Depestele *et al.*, 2018),

56 both of which can induce changes to the whole benthic community (De Backer *et al.*, 2014).

57 The controversial introduction of pulse trawling changed the behaviour and activity of fisherman in 58 the North Sea (Sys et al., 2016). With this method, tickler chains are being replaced by electrodes to electrically stimulate flatfish out of the sediment. Reduced fuel consumption (up to 50%) from lower 59 towing speeds/decreased drag through the seafloor (van Marlen et al., 2014), reductions and increased 60 61 survivorship of discards (van Marlen et al., 2014; Batsleer et al., 2016; Reijden et al., 2017) provided 62 evidence for pulse fishing as an environmentally friendly alternative to traditional tickler chain beam trawling. Its popularity amongst the Dutch fishing fleet (Haasnoot et al., 2016), however, was met 63 64 with international criticism due to increased competition between fishermen (Sys et al., 2016) and 65 ecological concerns over animal welfare (de Haan et al., 2016; Soetaert et al., 2016a; Soetaert et al., 66 2016b).

Compared to traditional tickler chain trawl gears, pulse trawls show reduced alterations to seabed
bathymetry (Depestele *et al.*, 2016; Depestele *et al.*, 2018). It may be speculated that the reduced
mechanical disturbance will also lead to a lower impact on benthic biogeochemistry. Nonetheless,
concrete knowledge about the potentially negative side-effects of pulse trawling on characteristics
such as sediment community metabolism and benthic pelagic coupling is lacking. Further research in
these areas is therefore needed to fully understand the environmental effects of different bottom trawl
gears.

Our research investigates the impact of both conventional (tickler chain) beam trawl and electric
PulseWing trawl gears on benthic biogeochemistry. Along with the mechanical effects from
PulseWing and tickler chain trawling, Depestele *et al.* (2018) explored changes in biogeochemical

77 redox conditions associated with the two methods. Here we build upon this knowledge and present the first study with pulse trawling focusing on benthic metabolism and nutrient cycles. We originally 78 aimed for a full BACI (Before-After-Control-Impact) design to allow the comparison of trawled 79 experimental areas and an untrawled reference area before and after the tickler chain and PulseWing 80 81 fishing disturbances. Due to unforeseen logistic constraints and a severe summer storm which took place at the end of the campaign, a balanced design using all experimental equipment (i.e. *in-situ* 82 mooring/landers, box cores) could not be achieved. Our untrawled "control" samples, therefore, come 83 84 from the experimental trawl areas before the fishing disturbance (T0) as well as one sampling period 85 in an adjacent reference area.

86

87 Materials and Methods

88 Study site

Experimental fishing and sampling were carried out within a one kilometre radius of 53.6816° N and 89 90 4.4565° E at a water depth of 34 m in the area of the North Sea known as the Frisian Front (Figure 1). This area provided a promising location for our study due in part to its high productivity and 91 92 homogeneity. The Frisian Front is a transitional zone between courser sandy sediments in the Southern Bight to the south and the siltier Oyster Grounds to the north. It exhibits fine muddy sand 93 94 with an organic carbon percentage between 0.28-1.0 (Upton et al., 1993; Gehlen et al., 1995; Lohse et al., 1995; Slomp et al., 1997; Boon and Duineveld, 1998). These sediments are subject to faunal 95 96 induced mixing with the presence of burrowing organisms such as Callianassa subterranea and Upogebia deltaura (Rowden et al., 1998; Dewicke et al., 2002). Previous research has shown that the 97 98 area is biologically diverse and relatively high in benthic biomass (Dauwe et al., 1998; Dewicke et al, 99 2002; Duineveld and Boon, 2002), biological activity (Duineveld et al., 1990; Duineveld et al., 1991), 100 and chlorophyll a (Chl a) influx to the sediments (Boon et al., 1998) compared with adjacent North 101 Sea habitats. Moreover, areas with these characteristics (muddy sediment/high biomass) are known to 102 be more vulnerable to trawling activity than sandy dynamic habitats (Duplisea et al., 2001; Kaiser et

al., 2006; Queirós *et al.*, 2006, Allen and Clarke, 2007; Sciberras *et al.*, 2016). These environmental
conditions paired with the extensive historical data on the site made the Frisian Front an ideal location
to measure the impact of bottom trawl fishing. Vessel monitoring system (VMS) data was used to
estimate the likelihood of bottom trawl disturbance within one year prior to the study using the
method shown in van Denderen *et al.*, (2014).

108 Experimental design

109 To experimentally determine the biogeochemical impact of tickler chain and PulseWing trawl gears, commercial trawlers were instructed to fish specified areas in the Frisian Front. Information was 110 collected before and after fishing and at a nearby reference location (Figures 1 and 2). Intact sediment 111 112 samples were brought on-board to obtain information on Chl a, particle size analysis, organic carbon/nitrogen, oxygen microprofiles, porewater nutrients and oxygen/nutrient fluxes while *in-situ* 113 data for benthic fluxes and water column parameters was also obtained. We looked at short term 114 115 effects (<24 hr) and longer-term effects >24 hr in the case of the tickler chain trawler. A summer 116 storm took place during the afternoon of 6 June, which modified the surface sediment due to storm-117 induced sediment resuspension and mixing. Hence, we decided to discard all samples taken after the storm event (Figure 2). 118

119 Two rectangular 80 m by 1000 m treatment areas were specified for experimental fishing by either 120 beam trawl ("tickler") or pulse trawl ("pulse") gears. A non-fished reference area was chosen south of 121 the treatment areas (Figure 1). The areas were spaced 400 m apart and aligned parallel but not directly 122 adjacent to each other in order to minimize interference from resuspended sediment caused from the 123 experimental trawling (Figure 1). To ensure full "coverage" of the seafloor being fished in the treatment areas, both vessels conducted 7 trawl passes in parallel yet slightly overlapping trajectories 124 125 over the treatment areas. Given the widths and the space between the trawl gears, this led to a fishing intensity of 150 to 200% within the middle portion of the treatment areas (modelled after the 126 procedures conducted in Bergman and van Santbrink, 2000 and Depestele et al., 2016). 127

128 Experimental fishing

On the 1st of June 2017 (8h30 – 10h) the tickler treatment was carried out by the HD 29 commercial vessel which towed its gear at ~ 6 knots. Conventional 12 m wide beam trawl gears (a shoe located at both ends of the beam) were towed at both sides of the ship, each rigged with 8 tickler chains and 10 net ticklers. Following the experimental fishing, a side-scan sonar was used to observe changes in bathymetry caused from tickler chain trawling.

The pulse treatment was carried out by the UK 227 commercial vessel on the 6th of June 2017 (7h30 – 134 10h). This vessel trawled at a speed of ~ 5 knots and towed a 12 m wide "HFK PulseWing" at either 135 side of the boat. With the PulseWing, the traditional beam is replaced with an aero foil shaped 'wing' 136 137 without shoes at the ends but with one "nose" located in the middle of the front section of the gear. The wing creates lift as it is towed through the water similar to an aeroplane wing. It is designed to 138 skim above the seabed with a standard beam trawl net behind it. To stimulate the flatfish from the 139 seabed the tickler chains are replaced by electrodes which use a pulsed bi-polar current. This type of 140 141 alternating current is used to minimize the effects of electrolysis which would cause corrosion of the electrodes (H.K. Woolthuis, designer of HFK PulseWing, pers. comm). Each pulse wing gear was 142 rigged with 28 electrodes lined up parallel to the fishing direction (0.42 m apart) and worked with a 143 voltage of 50 V at the electrodes at 80 pulses per second. More details on the fishing gears and 144 145 electric parameters used, can be found in van Marlen et al., (2014) and de Haan et al., (2016).

146 **Data collection**

147 Water column plume dynamics

To investigate the effect of PulseWing trawling on the water column characteristics, a mooring was deployed (4 to 8 June 2018) 100 m north of the experimental area. The location of the mooring was chosen based on the predicted direction of the current during the experimental fishing operation. The mooring was equipped with an Aanderaa SeaGuard recorder, suspended at 3.5 m above the sediment (29 m depth) which featured a turbidity sensor which measured suspended particulate matter (SPM), an oxygen optode and doppler current sensor. The logistic and time constraints mentioned earlier did not allow for the planned deployment of this mooring during tickler chain trawling.

155 Box core sampling

All sampling equipment was deployed from the R.V. Pelagia. A cylindrical NIOZ box corer with an 156 internal diameter of 30 cm and a height of 55 cm, collected intact sediment samples up to 40 cm deep 157 158 into the seafloor. Tickler samples were taken one hour before fishing (T0, 2 box cores, 4 incubations) and 6 h (T1, 2 box cores, 4 incubations), 30 h (tickler T2; 2 box cores/incubations) and 75 h (tickler 159 T3; 3 box cores/incubations) after trawl disturbance (Figure 2). In the pulse treatment area, samples 160 were taken 3 days before trawling (T0, 3 box cores/incubations) and 3.5 hours after trawling (T1, 4 161 box cores, 7 incubations). For the "control" variable used to compare with trawled conditions, the TO 162 163 samples from tickler and pulse areas were combined with additional data (2 box cores/incubations) taken from the reference area on 3 June 2017. 164 165 Dry sediment parameters and chlorophyll a

166 All sediment samples were freeze dried and sieved (1 mm) prior to analysis. Laser diffraction was

used to measure particle size analysis (PSA) parameters with a Malvern Mastersizer 2000 (McCave et

168 *al.*, 1986). Organic carbon (OC), was measured by removing carbonate from the total carbon (TC)

169 concentration (with 0.1N HCl) and calculating the difference (Nieuwenhuize *et al.*, 1994). TC, OC

and total nitrogen (TN) content were determined using an Interscience Flash 2000 organic element

analyser. Samples for chl *a* analysis were collected from the top 1 cm of sediment from each box core

and were immediately placed in a -80 °C freezer for storage. Sediment phytopigments were extracted

173 with acetone and measured using HPLC methods (Zapata *et al.*, 2000). Subsamples for

174 carbon/nitrogen (C/N) and PSA were taken with 3.5 cm diameter sediment cores and were sliced at

- 175 2.5 cm intervals down to 12.5 cm.
- 176 On-board measurements: Benthic profiles and fluxes

177 From the box cores, "incubation" sediment cores (14 cm diameter) with overlying water were

subsampled for oxygen microprofiling and subsequent oxygen consumption/nutrient flux incubations

- 179 (hereafter referred to as "on-board incubations" to distinguish between *in-situ* lander incubations).
- 180 During the on-board incubations, overlying water in the cores was continually mixed with a central

181 stirring mechanism which ensured homogenous concentrations of nutrients and O₂ but without resuspending the sediment. All incubations were run in a climate-controlled chamber which 182 maintained a constant temperature of 12°C representative of the bottom water. 183 Clark-type O₂ micro-electrodes (100 µm tip size, Unisense) were used to make oxygen-depth profiles 184 in the cores immediately after collection (Revsbech, 1989). In each incubation core, 3 replicate 185 profiles were taken from different areas of the sediment. For each profile, readings were taken at 100-186 μ m intervals, starting approximately 10000 μ m (10 mm) above the sediment water interface (100%) 187 O₂ saturation) to the depth in the sediment at which all oxygen was depleted (i.e. the oxygen 188 189 penetration depth [OPD]). A two point calibration was conducted prior to measurements using 100% and 0% oxygen saturated seawater to represent water column and anoxic O_2 concentrations 190 respectively. 191

The incubation cores used for oxygen profiling were subsequently placed in a 12°C water bath and
sealed for up to 12 h in order to obtain sediment community oxygen consumption (SCOC) estimations

194 in the dark. The oxygen concentration during the incubation period was measured with optode sensors

195 (FireStingO2, Pyroscience) using a measurement interval of 30 seconds. The cores were opened, re-

aerated and kept for an additional 24-36 h to take samples for nutrient flux measurements.

197 Ammonium (NH₄⁺), nitrogen oxides (NO_x), phosphate (PO₄³⁻) and silicate (SiO₂) fluxes (mmol $m^{-2}d^{-1}$)

198 were determined by fitting a linear regression over the concentration change in the overlying water

199 over time and multiplying the regression coefficient with the height of the water column. For this

regression, water samples were taken at 0, 8, 16, 22, 36, and 48 hours after the start of the incubation

with a syringe and filtered (0.45 μ m) into a 10 mL polystyrene vial for nutrient analysis (NH₄⁺, NO_x,

202 PO_4^{3-} and SiO₂) and stored frozen (-20°C). Upon thawing, samples were analysed by a SEAL

203 QuAAtro segmented flow analyser (Jodo *et al.*, 1992; Aminot *et al.*, 2009). If the fitted regression was

not statistically significant (Pearson correlation, p > 0.05), it was interpreted as a zero flux.

205 Box cores were further subsampled for porewater nutrients using 10 cm diameter sub-cores with

206 vertical sampling ports. These were used in combination with rhizon samplers (Rhizosphere Research

Products) to collect water samples at 0, 1, 2, 3, 5, 7, and 10 cm depth (Seeberg-Elverfeldt *et al.*, 2005;

- Dickens *et al.*, 2007; Shotbolt, 2010). Porewater nutrients were stored and analysed using the same
 methods as the incubation water samples.
- 210 In-situ SCOC and nutrient fluxes
- 211 Two ALBEX landers (Autonomous Landers for Biological Experiments) Duineveld et al., 2004;
- 212 Witbaard *et al.*, 2000) were used to obtain *in-situ* rates of oxygen and nutrient fluxes from the
- sediment. The landers were deployed in tickler (1 June 2017) and pulse (6 June 2017) trawled areas
- within 3 h after fishing concluded. The exact position inside the tickler trawled area was verified by
- using a side scan sonar (Kongsberg PULSAR) which was used in conjunction with the Kongsberg
- 216 EM302m MBES (Multibeam Echosounder) mounted on the RV Pelagia (Figure 3). To gather
- 217 information from an untrawled location, the landers were positioned inside the pulse treatment area on
- 4 June 2017 before fishing as the control deployment.
- Each lander held 3 measurement chambers enclosing a surface area of 144 cm². For deployment, the
- 220 landers were carefully lowered on a cable until they reached the seafloor. After descent, each
- 221 measurement chamber was autonomously driven into the sediment by a hydraulic mechanism. The in-
- *situ* incubations lasted 5 h and began shortly after deployment.
- 223 The decrease in oxygen concentration in the headspace of each chamber was measured every 30
- seconds using JFE-ALEC rinko optodes. Water in the chamber was stirred with a magnetic stirrer mounted to the lid. At pre-set time intervals, a 30 ml water sample was taken from the headspace of each chamber. At the first (and last) sampling moment, a simultaneous sample from the outside water was taken. In this way a sequence of water samples were taken. Upon retrieval, water samples were immediately frozen and analysed similar to the other nutrient samples. At the end of the incubation, a sliding lid closed the underside of the measurement chamber and the entire sample including the incubated sediment was brought back on board with the lander.
- 231 Data analysis and statistics

Shapiro-Wilk and Levene's tests were conducted to determine if data was normally distributed and/ordisplayed homogeneity of variances. If assumptions for parametric testing were violated, data was

234 normalised using a log-transformation. Differences in depth, biogeochemical parameters (benthic O_2 and nutrient fluxes, OPD, Chl a, porewater nutrients, OC, TN), and sediment characteristics (% silt, % 235 fine sand, D50, D10) between T0 samples from the tickler chain, PulseWing and reference areas (i.e. 236 untrawled areas) were tested for by applying a one-way analysis of variance (ANOVA). A one-way 237 238 ANOVA was used to investigate significant differences in biogeochemical and sediment parameters between tickler T1, tickler T2, tickler T3, pulse T1 and untrawled samples. If significant differences 239 were detected by the ANOVA, a Tukey HSD post hoc test was applied to perform pairwise 240 241 comparisons between specific treatments. To quantify the relationship between water column oxygen 242 and SPM concentrations, a linear regression was performed. All statistical analyses were performed 243 using R (R Core Team, 2013).

244

245 **Results**

246 Study site characteristics

Data from the echosounder showed no significant differences in depth between sample locations in 247 tickler, pulse, or reference areas (ANOVA, p > 0.05). Additionally, untrawled sediment from tickler 248 249 T0, pulse T0 and reference box core samples did not show significant differences between O_2 /nutrient fluxes, porewater nutrients, chl a, OC, TN, measurements or grain size characteristics (ANOVA, p >250 251 0.05). Therefore, for the rest of the analyses, data from the T0 (pulse and tickler) and reference 252 samples were pooled to act as the control treatment representing the untrawled situation. Estimates of 253 trawl disturbance using VMS data suggested that in the year leading up to the study, the fishing effort 254 within the treatment areas was minimal with little to no beam trawling occurring, however, the analysis also suggested a possibility (0.25 - 1.25 h fished) of pulse trawling conducted in part of the 255 256 reference area.

Our personal observations confirmed that both tickler chain and PulseWing commercial trawlers
made 7 trawl passes through the designated treatment areas. The effect of tickler chain trawling was
also verified by using side-scan sonar, which showed the mechanically disturbed seabed across the

planned treatment area (Figure 3). Furthermore, the sonar images revealed that the benthic landers
were placed inside the disturbed area (Figure 3). Unfavourable weather conditions prevented us from
using the side scan sonar following PulseWing trawling. As a result, we relied on the visual tracking
of the pulse trawler using its AIS (Automatic Identification System) from the RV Pelagia.

264 Effect of the PulseWing on sediment plume dynamics

The turbidity sensor on the mooring logged a notable increase in the suspended particulate matter 265 (SPM) concentration, including distinct peaks with each passage of the PulseWing trawl (Figure 4). 266 SPM concentrations ranged from 4.0 to 23.2 mg L⁻¹ and increased rapidly whenever the pulse trawler 267 passed through its designated treatment area. The peaks in SPM coincided with dips in the dissolved 268 269 oxygen concentration (Figure 4a). Linear regression analysis showed that 73% of the variation in 270 oxygen concentration was accounted for by the variations in turbidity during experimental pulse fishing demonstrating an inverse relationship (p < 0.001; Figure 4b). Data from the SeaGuard showed 271 272 that at the time of trawling, the current was northward and in the direction of the mooring and with a 273 current velocity between 3 and 15 cm/s.

274 Fishing effects on sediment characteristics

275 *Physical sediment parameters*

276 Box core sediment samples collected after beam trawling (tickler T1, tickler T2) exhibited a fluffy

277 layer of fine sand at the surface which was not present in control samples. Tickler samples also

appeared visibly "flatter" in topography, while control samples displayed superficial sand ripples.

279 These characteristics (finer sediment layer/flat topography) were present in some but not all sediment

samples taken after pulse trawling (pulse T1).

281 Deeper sediment layers (2.5 – 12.5 cm) did not exhibit any significant differences for physical

sediment characteristics between treatments or surface sediment (ANOVA, p > 0.05). The following,

therefore only documents the changes found in the upper sediment layers (0 - 2.5 cm). Table 1 shows

results from the grain size measurements in control, tickler chain, and PulseWing trawled box core

samples. Smaller mean silt ($<63 \mu m$) fractions were found for tickler T1 and tickler T2 compared to

286 control and pulse T1 and tickler T3 samples (Table 1). This was significant for tickler T2 versus control (HSD, p < 0.001), pulse T1 (HSD, p < 0.01), and tickler T3 (HSD, p < 0.001) sediments. Fine 287 sand (62.5-125 μ m) fractions in tickler T2 were significantly higher than control (HSD, p < 0.05), 288 pulse T1 (HSD, p < 0.05), and tickler T3 (HSD, p < 0.05) samples while fine sand fractions in tickler 289 290 T1 were significantly higher compared to only the pulse T1 sediments (HSD, p < 0.05). For D10 values (10% of the sample particles are smaller than this value), tickler T1 and tickler T2 were 291 significantly higher than control (HSD, p < 0.05, p < 0.0001), pulse T1 (HSD, p < 0.001, p < 0.0001), 292 293 and tickler T3 (HSD, p < 0.001, p < 0.0001) samples showing coarsening after beam trawl fishing 294 (tickler T1/T2), followed by the reestablishment of ambient sediment characteristics (tickler T3). For 295 all grain size measurements, control, tickler T3 and pulse T1 samples displayed similar values which 296 were not statistically different from each other (ANOVA, p > 0.05; Table 1).

Table 2 documents organic carbon and total nitrogen in surface sediments (0 - 2.5 cm). OC and TN displayed similar patterns to the silt content. Average organic carbon in surface sediments was highest in pulse T1 samples but was only significantly higher than tickler T2 (HSD, p < 0.05; Table 2). Total nitrogen content in these sediments was significantly lower in tickler T2 samples compared with control (HSD, p < 0.05) and pulse T1 (HSD, p < 0.01) values (Table 2).

302 Chlorophyll-a in surface sediments

Figure 5 illustrates the relationship between average levels of surface chlorophyll a amongst control, 303 tickler T1 and pulse T1 treatments. Control samples had an average chl a concentration of 3.01 ± 0.68 304 μ g chl *a* g⁻¹, while fished samples decreased to 0.51 ± 0.17 μ g chl *a* g⁻¹ for tickler T1 and 1.76 ± 0.91 305 μ g chl *a* g⁻¹ for pulse T1. The acute impact from both fishing methods caused a significant decrease in 306 307 surface chl a compared with the control areas, however, the effect of the tickler chain trawl (tickler 308 T1; HSD, p < 0.0001) was more pronounced and less variable than the effects of the PulseWing trawl 309 (pulse T1; HSD, p < 0.05; Figure 5). Surface chl *a* in tickler T2 samples remained significantly lower than in control samples (0.71 \pm 0.29 µg chl a g⁻¹, HSD, p < 0.001). Compared to tickler T2, tickler T3 310 samples showed an increase (though not significantly different than T1 or T2) in chl a at 1.50 ± 0.61 311 μ g chl *a* g⁻¹, though this was still significantly lower than control samples (HSD, p < 0.05). 312

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313 Fishing effects on oxygen and nutrients

Porewater NH_4^+ profiles in control samples exhibited a depth gradient with <15 µmol at the surface 314 that steadily increased down to 40 µmol at 10 cm depth (Figure 6). Following tickler and pulse 315 316 trawling, average NH_4^+ concentrations in the upper 3 cm of the box cores were significantly elevated for tickler T1 (HSD, p < 0.01) and pulse T1 (HSD, p < 0.05) treatments compared with control 317 samples (Table 3). Tickler T1 samples in particular, had a more homogenous depth profile of NH₄⁺ 318 compared with the control samples (Figure 6a). NH_4^+ found in the top 3 cm of the tickler T2 samples 319 remained higher than the control sediments, albeit not significantly (Table 3). Control samples in the 320 321 upper 3 cm exhibited the highest average concentrations of porewater NO_x and SiO_2 as well as the lowest values for PO₄³⁻ compared to trawled (tickler T1, tickler T2, pulse T1) samples, though the 322 differences were not statistically significant (Table 3). Deeper (5 - 10 cm) sediment layers showed no 323 significant patterns between porewater nutrients in control, tickler or pulse samples (ANOVA, p >324 325 0.05). No porewater samples were collected for Tickler T3.

The average oxygen penetration depth after tickler chain trawling (tickler T1) was $3776 \pm 731 \,\mu$ m. In comparison, pulse T1 cores had an oxygen penetration depth of $3166 \pm 1808 \,\mu$ m. These were both deeper than the OPD's found in the control cores which measured $2250 \pm 565 \,\mu$ m though the difference was only significant between the control and tickler T1 treatments (HSD, p < 0.001; Figure 7). Accurate OPD measurements for tickler T2 could not be obtained, because of variability created from macrofaunal burrows near the sediment water interface. However, the OPD in tickler T3 samples were not significantly deeper than control profiles (2972 μ m ± 935; HSD, p < 0.05).

Table 4 shows the average O_2 and nutrient flux values between on-board and *in-situ* incubations (note:

334 O₂ "fluxes" in the table are denoted as negative to be consistent with the nutrient flux data, while in-

text O₂ "consumption" data are positive by definition). Sediment community oxygen consumption

- 336 (SCOC) was significantly higher in the control incubations compared to both tickler T1 (HSD, p <
- 337 0.001) and pulse T1 (HSD, p < 0.05) treatments (Table 4, Figure 8). SCOC in tickler T2 and T3
- samples remained significantly lower than the control (HSD, p < 0.05) measurements (Table 4). In-

339 situ oxygen consumption measured by the ALBEX landers was lowest after tickler chain trawling, and highest after PulseWing trawling though the differences were not significant (Figure 8b, Table 4). 340 Nutrient fluxes from the on-board incubation cores showed no significant differences between fished 341 or control treatments (ANOVA, p > 0.05, Table 4). Phosphate fluxes from on-board incubations were 342 close to zero with the highest flux coming from Pulse T1 samples $(0.002\pm0.02 \text{ mmol m}^2 \text{ d}^{-1})$ and the 343 lowest showing an influx from the control sediments (-0.003±0.02 mmol m² d⁻¹). NH₄⁺ fluxes ranged 344 from 0.35 ± 0.41 mmol m² d⁻¹ at tickler T1 to 0.10 ± 0.25 mmol m² d⁻¹ in tickler T2 samples. 345 In-situ incubations yielded lower NO_x fluxes after tickler chain and PulseWing trawling compared to 346 the control deployment which was statistically significant for the tickler treatment (HSD, p < 0.05). 347

No other significant differences were found in nutrient fluxes between control, tickler or pulse lander deployments, however, *in-situ* estimates for PO_4^{3-} and SiO_2 fluxes were markedly higher than in the on-board incubations (Table 4). It is noted that data from only one of the landers could be used after PulseWing trawling. Storm induced water currents created a build-up of sediment which partially buried the incubation chambers of one of the landers (which was evidenced upon retrieval) and seemed to create irregular measurements. Data was, therefore, used only from the lander which showed a range of flux data comparable to historical information from the Frisian Front.

355

356 **Discussion**

In this study we compared the effects of conventional tickler chain trawling and electric pulse fishing on benthic biogeochemical functioning and water column processes in the Frisian Front, an area located 50 km off the Dutch Coast characterised by fine sandy sediments. Despite unfortunate methodological constraints, we were able to effectively capture and assess the acute effects of bottom trawl activity on the biogeochemical functioning of North Sea sediments. In particular, our results show that trawling resulted in clear differences between chl *a* (labile organic material), and oxygen dynamics in trawled and untrawled sediments. Here, we discuss the effect of bottom fishing on water 364 column properties, followed by sedimentary organic and inorganic solid particles, to end with the365 impact on benthic oxygen and nutrient dynamics.

366 Effects in the water column

The mooring, deployed during PulseWing trawling, showed increased turbidity after each pass of the 367 fishing vessel (Figure 4), indicating resuspension of sediments to the overlying water. This data 368 369 supports the findings of Depestele et al., (2016) who recorded sediment resuspension from both tickler chain and pulse trawled gears. Concurrent with the increased turbidity, we observed prominent 370 drops in water column oxygen concentrations (Figure 4a). A similar decrease in water column O_2 was 371 documented by Riemann and Hoffman, (1991) after mussel dredging in the Limfjord. The release of 372 373 low oxygenated porewater and reoxidation of reduced substances resuspended from the sediment may 374 be the primary cause for the increased water column O₂ uptake (Almroth et al., 2009; Almroth-Rosell et al., 2012). 375

376 The sediment data are consistent with these water column observations. The decrease of silt,

377 chlorophyll and organic carbon in the upper sediment layers after fishing suggests resuspension of

378 these substances to the water column. Furthermore, the reduction in sediment oxygen uptake that we
379 found after fishing suggests that part of the metabolic activity, due to removal of labile organic matter
380 and loss of reduced compounds, is displaced from the sediment to the overlying water.

Removal of surficial sediment

We observed an overall coarsening in surface sediments due to trawl activity (Table 1), which is in 382 agreement with Depestele et al., (2018), Mengual et al., (2016) and Palanques et al., (2014). The 383 appearance of finer particles on the sediment surface after tickler chain trawling, however, suggests 384 385 that two processes are occurring: 1) the smallest sediment fraction (silt) is winnowed and reallocated 386 away from the trawl track, while 2) the heavier sand fractions resettled or remained on the trawl track 387 leaving finer particles (but not the finest silt fraction) sorted on the surface with heavier particles 388 underneath. As sedimentary organic carbon and nitrogen are strongly associated to the abundance of 389 fine sediment, the winnowing of the upper silt fraction led to decreases in OC, TN as well as chl a.

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390 Tickler T3 samples showed reintegration of silt particles in the upper sediment layers along with OC and TN (Tables 1 and 2). This relatively fast "recovery" of sediment parameters may have occurred 391 through bioturbation activity as infaunal organisms such as Upogebia deltaura and Callianassa 392 subterranea rebuild their burrows after disturbance and are known to expel large amounts of 393 394 sediments from depth (Rowden et al., 1998). Our study was conducted after the spring bloom (April/May), which provides an annual influx of chl 395 a from the water column onto the sediment surface of the Frisian Front (Boon and Duineveld, 1996; 396 397 Boon and Duineveld, 1998). Both trawl types induced large reductions of sediment chl a (83% -398 tickler T1, 45% - pulse T1; Figure 4), implying that trawling physically removed the top sediment layer along with the labile organic material within it, lowering benthic food quality (Watling et al., 399 2001). The observed reductions in sedimentary OC and chl a are in agreement with Brylinsky et al, 400 (1994) and Watling et al., (2001), who documented significant losses of phytopigments shortly after 401 402 towing bottom trawl gears in shallow (<15 m) sediments. The loss of chl *a* is expected if an acute mechanical stressor, such as bottom trawling, is able to displace the surface sediment, however, 403 longer-term effects on sediment phytopigments and organic material may vary. 404

Pusceddu et al., (2014) sampled chronically trawled versus untrawled deep sea (500 - 2000 m)405 406 sediments and reported reduced chl a and OC concentrations due to bottom trawling. In shallower (10 407 -70 m) environments Pusceddu et al., (2005) and Palanques et al., (2014), however, associated increased OC with greater annual trawl intensities. Sciberras et al., (2016) related higher chl a with 408 long-term trawl disturbance. In the Bay of Fundy, Brylinsky et al. (1994) detected an increase in 409 sediment chl a occurring 80 days after an initial depletion of phytopigments caused from experimental 410 411 trawling. Enhanced OC and chl a production after bottom trawl disturbance may come as a delayed response due to the loss of microbial (Watling et al., 2001) or macrofaunal (Bergman and Hup, 1992; 412 Bergman and van Santbrink, 2000; Tanner, 2003) biomass leading to reduced grazing activity and/or 413 414 the eventual settling of silt particles (Palanques et al., 2014). Watling et al., (2001) saw an 88% 415 decline in surface chl a immediately after scallop dredging in shallow (15 m) water but reported only 416 a 4% difference in chl *a* from disturbed and adjacent areas four months after the fishing. Deep sea

- 417 environments lack the biological and physical mechanisms to recover quickly from disturbance, thus
- 418 leaving OC and pigment levels in their depleted state for longer periods of time.

419 Effect on biogeochemical profiles and fluxes

- 420 The significant increase in porewater NH₄⁺ after tickler chain and PulseWing trawling (tickler
- 421 T1/pulse T1) in the top 3 cm sediment suggest a physical disturbance in the upper sediment layer
- 422 (Table 3, Figure 5). As it can take several months for NH_4^+ to reach a new steady state after sediment
- 423 disturbance (van de Velde et al., 2018), these altered profiles probably show transient effects,
- 424 reflecting the removal of the upper sediment layer and/or the homogenisation of the sediment column.
- 425 Oxygen, in contrast will more quickly reach its steady state in the sediment.
- 426 Decreased labile organic material and the removal of reduced compounds will lower SCOC and
- 427 increase O₂ concentrations in the sediment, thereby increasing the OPD (Gundersen and Jorgensen,
- 428 1990). Our results demonstrate this pattern as fishing disturbance led to deeper OPD's in addition to
- 429 the reduction in SCOC (Figures 7 and 8) and chl *a* (Figure 5). The OPD's in our study were 40%
- 430 deeper in the tickler T1 and 29% deeper in pulse profiles in comparison with control samples (Figure
- 431 7). These results are supported by Allen and Clarke, (2007)'s prediction of a deeper sediment oxic
- 432 layer following bottom trawl disturbance.
- 433 Sediment community oxygen consumption (SCOC) can be used as a measure for total (oxic and
- 434 anoxic) sediment metabolism, as it represents the collective respiration of microbial, meiofaunal and
- 435 macrofaunal communities residing in the sediment, as well as chemical reoxidation processes of
- 436 reduced compounds (Glud 2008). Historical data from the Frisian Front shows seasonal variation in
- 437 O_2 consumption from 5 mmol O_2 m²d⁻¹ during winter months to its peak in August at around 50 mmol
- 438 O₂ m²d⁻¹ (van Raaphorst *et al.*, 1992; Nedwell, *et al.*, 1993; Upton *et al.*, 1993; Boon *et al.*, 1998;
- 439 Boon and Duineveld, 1998). From the month of June, O₂ consumption ranges between 15 to 36 mmol
- 440 $O_2 m^2 d^{-1}$ (Upton *et al.*, 1993; Boon *et al.*, 1998; Boon and Duineveld, 1998), which is comparable
- 441 with the SCOC rates from our study before trawling.

442 Although the differences in O_2 consumption from the *in-situ* lander incubations were not statistically significant, the results are complimentary to the data from our on-board incubations, implying that 443 fishing with tickler chains is more likely to cause reductions in SCOC than PulseWing trawling. The 444 reduction of SCOC rates and deepening of the OPD after trawl disturbance is consistent with the 445 446 removal of the reactive top layer of sediment, as demonstrated by the loss in chlorophyll and organic matter. This top layer typically also holds high abundances of microbial (Watling et al., 2001) and 447 macrofaunal (Dauwe et al., 1998) organisms. Thus, removal of this layer likely decreased the overall 448 449 biological activity and carbon mineralisation in these sediments.

450 To our knowledge, we are the first to report significantly decreased SCOC rates and increased O_2 penetration in marine sediments following bottom trawling. Trimmer et al., (2005) found no 451 significant changes in oxygen uptake between trawled (various bottom gear types) and untrawled 452 sandy sediments in the southern North Sea. Sciberras et al., (2016) did not find a significant effect of 453 454 bottomfishing (scallop dredge/otter trawl) on OPD in sandy and muddy sediments in the Irish Sea. In the soft sediments of Galveston Bay Texas, Warnken et al., (2003) found inconsistent results in their 455 oxygen flux measurements leading them to conclude that O_2 consumption was not affected by shrimp 456 trawling. Our results contrast with the findings of van de Velde et al., (2018) who reported, a drastic 457 458 increase in total carbon mineralisation rates after anthropogenic caused mixing in carbon rich muddy sediments off the coast of Belgium. The increase was attributed to the re-exposure of previously 459 buried organic material to oxic conditions. The sediments in their study, however, are extremely 460 461 eutrophic and therefore not representative for most North Sea sediments. In comparison, Frisian Front sediments are less metabolically active, contain significantly less carbon, and have much higher 462 463 macrofaunal activity.

464 Nutrient fluxes measured in sediment cores and *in-situ* were quite variable both in the control and 465 trawled areas. The ammonium fluxes $(0.10 - 0.61 \text{ mmol m}^2 \text{ d}^{-1})$ were lower than the maximum 466 summertime values recorded in previous studies, but were well within the range of annual fluctuations 467 in NH₄⁺ flux (-0.1 – 1.7 mmol m² d⁻¹) in this area (van Raaphorst *et al.*, 1992; Nedwell, *et al.*, 1993; 468 Lohse *et al.*, 1995). NO_x fluxes in the Frisian Front can reach a value around 0.3 mmol m² d⁻¹ in 469 summer, however, van Raaphorst et al. (1992) found that NO_x fluxes in June remained closer to 0.1 470 mmol $m^2 d^{-1}$ which is comparable to the fluxes found in our study (Table 4). Whereas the NH₄⁺ fluxes between treatments in our study were not significantly different, we found a 50% decrease between 471 *in-situ* lander NO_x fluxes from control and tickler trawled incubations. The Frisian Front exhibits 472 473 distinct porewater NO_x maxima near the sediment surface (Lohse *et al.*, 1995), which is consistent with the nitrate fluxing out of the sediment (Table 4). The removal of the top sediment layer may have 474 475 weakened the diffusive gradient between NO_x and the overlying water, therefore reducing fluxes from 476 the sediment.

477 In-situ lander flux estimates were consistently higher for oxygen, phosphate and silicate compared with on-board incubations (Table 4). Cores used for the on-board incubations held 22 cm of sediment 478 at most, and so the fluxes recorded in the on-board incubation cores, measure the results of processes 479 occuring within this space. The *in-situ* landers have no such limitation and measure fluxes over a 480 481 deeper sediment layer. Bioturbating infauna in the North Sea are known to contribute to significant releases of silicate from the sediment (Olsgard et al., 2008). A prominent mud shrimp in the Frisian 482 Front, C. subterranea, has burrows extending down to 81 cm, and water in its burrows can hold 483 higher concentrations of phosphate and ammonium compared to the overlying water (Witbaard and 484 485 Duineveld, 1989, Rowden and Jones, 1995). Macrofaunal burrows were frequently seen in our 486 sediment samples, several of which extended beyond the bottom of the incubation cores. We therefore 487 infer that processes occurring deep in the sediment are the primary cause for the discrepancy in fluxes 488 measured in our in-situ landers compared with the on-board incubations, where the former includes 489 the impact of deep dwelling organisms, and the latter does not. Wave-induced advective transport 490 may have also played a role in our in situ lander results if waves were able to pump burrow water into 491 the measurement chambers. The impermeable muddy sand in the Frisian Front, however, would 492 prevent this process from occurring through advective porewater transport.

493 Implications

494 Previous research has shown that different bottom gear types can cause variable effects on benthic
495 fauna (Kaiser *et al.*, 2006; Hiddink *et al.*, 2017; Sciberras *et al.*, 2018). Moreover, severe bottom

496 trawling may potentially induce long-term impacts on benthic biogeochemical cycles in certain sediments (Pusceddu et al., 2014; van de Velde et al., 2018). Our study adds the ability for bottom 497 trawl gears to slow down overall benthic metabolism, at a time scale of several days at the least. The 498 lowering of benthic oxygen consumption and the simultaneous increase in oxygen demand from the 499 500 water column, provides evidence that trawling displaces part of the benthic activity into the overlying water. Given the global scope of bottom trawl fishing, this has widespread implications for carbon 501 mineralization and nutrient cycling. The significant loss of labile organic matter (in the form of chl a) 502 503 from the sediments after trawl disturbance and consequent lowering of the food quality may also 504 affect benthic lifeforms on longer time scales.

Finally, this study demonstrated the greater and less variable impact of tickler chain beam trawl gears
on biogeochemical functioning when compared with PulseWing trawling. Information gained from
this research has implications for bottom trawl fisheries management and provides concrete evidence
linking lower mechanical disturbance in fishing gears to a reduced impact on benthic marine
ecosystems.

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Figure 1. Map of the study site. The inset shows the positions of the experimental areas and box cores
taken from the tickler treatment to the north, the pulse treatment to the east and the reference area in
the south.





Figure 2. Sequence of events and weather conditions. Box core sediment samples (arrows), *in-situ*lander deployments (brackets) and experimental fishing treatments (shaded columns) are shown.
Samples taken in the shaded region on the right were not included in the analysis due to storm
induced sediment disturbance.

(a)





Figure 3. (a) A side-scan sonar image of the tickler trawled area. In addition to the evidence of

- bottom disturbance, images of 2 benthic ALBEX landers and an additional oxygen sensing lander can
- be seen within the disturbed portion of the seafloor. (b) Tracking of PulseWing trawl coordinates
- showing the path taken by the fisherman while fishing the experimental (pulse) area.



Figure 4. (a) PulseWing facilitated resuspension effects on SPM (mg L⁻¹) and O₂ (mmol m⁻³)

concentrations. Data was taken from 3.5 m above the sediment surface. (b) The relationship between

740 SPM (x-axis) and O₂ concentration (y-axis) in the water column during pulse fishing.



Figure 5. Surface chlorophyll-*a* concentrations in control, tickler T1, tickler T2, tickler T3 and pulse
T1 sediments. *p < 0.05; **p < 0.01; ***p < 0.001 significant differences compared to control
samples.



Porewater ammonium concentration (µmol/L)

Figure 6. Porewater NH_4^+ concentrations comparing (**a**) tickler T1 and (**b**) pulse T1 with control





Figure 7. Oxygen microprofiles for (a) control, (b) tickler T1, and (c) pulse T1 areas. (d) Average O₂
penetration depth (mm) and standard deviation from each treatment.



Figure 8. Sediment community oxygen consumption (SCOC) in control, tickler chain trawled and**PulseWing trawled sediments. (a)** SCOC in on-board measurements taken from box core samples. (b)**O**₂ consumption measured from *in-situ* ALBEX landers. *p < 0.05; **p < 0.01; ***p < 0.001</th>**Significant differences compared to control samples.**

Tables

| Table 1. Grain size parameters taken from the top 2.5 cm: % silt (<63 µm), % fine sand (63- |
|--|
| 125 μ m), D50 = median grainsize (μ m), D10 = diameter at which 10% of particles in the |
| sample are smaller (µm). |

| | % Silt | % Fine sand | D50 | D10 | |
|------------|---------------|------------------|-------------------|---------------|---|
| | mean \pm sd | mean \pm sd | mean \pm sd | mean \pm sd | n |
| Control | 33.06±7.33 | 36.37±3.96 | $91.81{\pm}11.95$ | 6.78±1.26 | 9 |
| Tickler T1 | 26.17±2.74 | 41.09 ± 1.62 | 99.46±3.22 | 9.21±1.21* | 4 |
| Tickler T2 | 20.46±2.85*** | 44.59±2.48* | 105.22±2.63 | 12.13±1.42*** | 2 |
| Tickler T3 | 35.96±6.67 | 34.94 ± 2.47 | 88.55±9.83 | 6.14±1.53 | 3 |
| Pulse T1 | 37.21±4.48 | 33.53±2.26 | 87.74±6.29 | 5.58±1.03 | 7 |

Bold = significantly different than control samples. *p < 0.05; **p < 0.01; ***p < 0.001

| | % OC | % TN | |
|------------|-----------------|-------------------|---|
| | mean \pm sd | mean \pm sd | n |
| Control | 0.35±0.09 | 0.041 ± 0.009 | 9 |
| Tickler T1 | 0.30 ± 0.04 | 0.031 ± 0.003 | 4 |
| Tickler T2 | 0.24 ± 0.04 | 0.026±0.002** | 2 |
| Tickler T3 | 0.37±0.15 | 0.041 ± 0.015 | 3 |
| Pulse T1 | 0.43 ± 0.04 | 0.045 ± 0.004 | 7 |

Table 2. Percentage organic carbon and nitrogencontent from the top 2.5cm

 $\label{eq:bold} \begin{array}{l} \textbf{Bold} = \text{significantly different than control samples.} \\ {}^{*}p < 0.05; \; {}^{**}p < 0.01; \; {}^{***}p < 0.001 \end{array}$ 760

761

| | $\mathrm{NH_{4}^{+}}$. | NO _x | PO4 ³⁻ | SiO ₂ | |
|------------------|-------------------------|-----------------|-------------------|------------------|----|
| | mean \pm sd | mean \pm sd | mean \pm sd | mean \pm sd | п |
| Control | 13.85 ± 7.64 | 2.94 ± 5.64 | 0.46±0.31 | 85.48±19.16 | 15 |
| Tickler T1 | 26.97±9.27** | 2.52±1.85 | 0.53 ± 0.34 | 80.00±23.46 | 6 |
| Tickler T2 | 18.24 ± 3.55 | 2.55 ± 1.60 | 0.72 ± 0.19 | 69.40±14.63 | 6 |
| Pulse T1 | 21.96±8.10* | 1.58±0.42 | 0.62 ± 0.27 | 80.53±12.78 | 12 |
| D 11 1 10 | 1 11 00 1 | | 0.0.5 det 0.01 | | |

Table 3. Porewater nutrient concentrations in the upper 3 cm (µmol/L)

Bold = significantly different than control samples. *p < 0.05; **p < 0.01

Table 4. Benthic oxygen and nutrient fluxes (mmol $m^2 d^{-1}$) from on-board incubations and in-situ lander deployments. n.d. = no data, O₂ "fluxes" are denoted as negative.

| | O_2 | $\mathrm{NH_4^+}$ | NO _x | PO ₄ ³⁻ | Si(OH) ₄ | |
|-------------------------|-------------------|-----------------------|------------------|-------------------------------|---------------------|---|
| On-board incubations | mean \pm sd | $mean \pm sd$ | $mean \pm sd$ | $mean \pm sd$ | mean \pm sd | п |
| Control | -17.78 ± 3.07 | 0.25 ± 0.34 | 0.106 ± 0.03 | -0.003 ± 0.02 | 1.43 ± 0.37 | 9 |
| Tickler T1 | -10.46±1.50*** | 0.35 ± 0.41 | 0.095 ± 0.02 | 0.001 ± 0.01 | 1.10 ± 0.41 | 4 |
| Tickler T2 | -9.23±2.14* | 0.10±0.13 | 0.097 ± 0.02 | 0.001 ± 0.01 | 0.70 ± 0.36 | 2 |
| Tickler T3 | -10.51±1.96* | n.d. | n.d. | n.d. | n.d. | 3 |
| Pulse T1 | -11.93±4.02* | 0.28 ± 0.25 | 0.108 ± 0.02 | 0.002 ± 0.01 | 1.30±0.52 | 7 |
| | O_2 | \mathbf{NH}_{4}^{+} | NO _x | PO ₄ ³⁻ | Si(OH) ₄ | |
| In-situ incubations | mean \pm sd | $mean \pm sd$ | mean \pm sd | mean \pm sd | mean \pm sd | n |
| Control | -21.40±4.45 | 0.39±0.29 | 0.177 ± 0.05 | 0.071 ± 0.03 | $2.85{\pm}1.04$ | 6 |
| Tickler | -17.01±6.36 | 0.61 ± 0.55 | 0.088±0.02* | 0.076 ± 0.04 | 2.22±0.84 | 6 |
| Pulse | -23.30 ± 4.05 | 0.17±0.12 | 0.089 ± 0.06 | 0.047 ± 0.02 | 3.78±0.98 | 3 |

Bold = significantly different than control samples. *p < 0.05; **p < 0.01; ***p < 0.001