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Classification: BIOLOGICAL SCIENCES, Ecology

Title: Behavioral self-organization underlies the resilience of a coastal ecosystem

Abstract (250 words max)

 Self-organized spatial patterns occur in many terrestrial, aquatic and marine ecosystems. Theoretical models and observational studies suggest self-organization is critical for enhanced ecosystem resilience. Yet, experimental tests of this cross-ecosystem theory are lacking. In this study, we experimentally test the hypothesis that self-organized pattern formation improves the persistence of mussel beds (*Mytilus edulis*) on intertidal flats. In natural beds, mussels generate self-organized patterns at two different spatial scales: regularly-spaced clusters of mussels at cm-scales driven by behavioral aggregation, and large-scale regularly-spaced bands at m-scales driven by ecological feedback mechanisms. To test for the relative importance of these two spatial scales of self- organization on mussel bed persistence, we conducted field manipulations in which we factorially manipulated small- and/or large-scale patterns. Our results revealed that both forms of self- organization enhanced the stability of mussel beds after settlement, relative to non-organized beds. Small-scale, behaviorally driven cluster patterns were found to be most crucial for persistence and thus resistance to wave disturbance, while large-scale patterns facilitated reformation of small-scale patterns if mussels were dislodged. This study provides experimental evidence that self-organization can be paramount to enhancing ecosystem persistence and that this effect emerges from the interplay between large-scale ecological, and small-scale behavioral self-organization. We conclude that ecosystems hinging upon such interactions are likely to benefit greatly from conservation and restoration actions that explicitly harness the power of self-organization to increase ecosystem resistance to disturbance.

Significance Statement (120-word-maximum):

 Theoretical models suggest that spatial self-organization enhances the resistance of ecosystems to disturbance. However, experiments investigating this important prediction are lacking. Our paper provides clear experimental evidence that spatial self-organization profoundly increases the ability of ecosystems to persist in the face of disturbance. The mechanisms underlying this positive impact of self-organization is driven by the synergistic interaction between ecological and behavior processes. Specifically, large-scale banded patterns in mussel beds created by ecological feedback processes facilitate fast behavioral aggregation of individual mussels into clumps, in turn improving mussel survival. Our study emphasizes the potential of harnessing spatial self-organization to enhance restoration success and persistence of threatened ecosystems.

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Introduction

 Formation of regular spatial patterns by habitat-forming organisms, such as clumping and banding, have been observed in many different ecosystems, from forests (1) to savannahs (2, 3), peat lands (4- 6) and intertidal ecosystems (7-10). Theoretical studies have highlighted that local ecological interactions can explain the formation of large-scale spatial patterns through a process called spatial self-organization (9, 11, 12) (Figure 1). In this process, regular patterns can emerge when organisms improve their growth conditions locally through habitat modification, while inhibiting conspecifics at a larger scale due to competition for resources or other growth restricting interactions (5, 7, 9, 10, 13- 19). Other theoretical (6, 13) and a small number of comparative studies (2, 9) predict that formation of self-organized patterns enhances ecosystem persistence and stability (20-23). The ubiquity of self- organized spatial patterns across ecosystems worldwide (24) suggests that self-organization could be of universal importance in shaping ecosystem persistence and their resistance to increasing anthropogenic stressors (25)

 Despite well-developed theory predicting that self-organization can enhance ecosystem resistance to disturbance, there is currently no experimental evidence supporting this idea in any real world situation. This lack of experimental support does not only hold back further theoretical advance, but also hampers its real-world application, potentially explaining why self-organization theory has so far had very limited impact in conservation or restoration practices. For instance, the practice of dune restoration still applies an even spread of *Ammophila arenaria* plant propagules, disregarding the strong patchy to patterned distribution of *Ammophila* in many naturally emerging dune systems. Similarly, *Spartina alterniflora* propagules are typically planted at a constant and dispersed distance in salt marsh restoration projects, eliminating facilitation between outplants and reducing overall yield (25, 26). To further both fundamental, and conservation and restoration science regarding self- organization, there is thus an urgent need for experimental tests of the emergent effects of spatial self-organization on ecosystems stability and persistence, using manipulative techniques.

 In this paper, we investigated the importance of spatial self-organization on the persistence of mussel 96 beds in sandy intertidal ecosystems. Mussels in soft-sediment ecosystems form very large (1 to >10 ha) highly patterned beds, in which self-organization occurs at two different scales (9, 13, 27). At a small scale, mussels make string-shaped clusters that form reticulate patterns (5-10cm wide, Figure 1C) as a result of behavioral aggregation – a process equivalent to the physical process of phase separation (28). At larger scales, mussels organize in regularly-spaced bands (5-10m wavelength, Figure 1D) perpendicular to water flow as a consequence of local facilitation and larger-scale competition for pelagic algae (13). Comparative studies and theoretical models highlight the potential importance of pattern formation for mussel survival (9) and the persistence of mussel beds on tidal flats that are regularly exposed to intense wave action and predation (29-31). Mussel beds are thus a highly tractable system in which to test the general idea that self-organization can enhance ecosystem persistence. In addition, if this prediction holds, it has direct implications for the management and restoration of mussel beds, which act as keystone habitat for provisioning of biodiversity (32) as well as being a marine food source.

 Using manipulative experiments, we tested whether spatial self-organization affects the persistence of mussel beds on intertidal flats, under the natural influence of wave action and predation. In the summer and in autumn of 2012, we created artificial mussel beds with small-scale and large-scale spatial patterns, similar to the patterns found in natural conditions, and determined their effect on the persistence of the mussels. This was tested with four different spatial-organization treatments: beds with small-scale clusters, large-scale bands, bands and clusters combined and a control treatment consisting of randomly scattered mussels (Figure 2). To identify the mechanistic processes behind the differences in persistence in the experiment, we performed an analysis of mussel behavior in both the laboratory and the field. First, we analyzed how mussel movement on sandy substrates was affected by mussel density in both the laboratory and the field. In addition, we compared mussel behavior on sandy and rocky substrate in the laboratory. Our results provide important and novel insights into the importance of spatial self-organization for ecosystem resilience and how self-organization can be used to improve the restoration and conservation of natural ecosystems.

Results

 Manipulation of the spatial patterns in artificial mussel beds revealed strong positive effects of self- organization on mussel bed persistence. During the first six days, cover in the control beds, which 125 lacked any form of self-organization, decreased twice as fast $(4.98 \pm 1.68 \text{ sec per day})$ relative to the 126 plots with either small-scale or large-scale patterns, or both $(0.87 \pm 0.19$ se per day, Figure 3A and 127 3B), with significant effects of both large-scale banding $(F_{2,43}=4.32; p<0.02)$, and small-scale 128 clustering $(F_{1,43}=16.42; p<0.001)$. Moreover, we found a strong interaction between the two scales of 129 patterning (F_{2,43}=5.17; p<0.01), indicating that the large-scale banded patterns facilitated the formation of clusters. The experimental results were consistent in both June and October, with the overall 131 positive effect of clustering and banding being slightly stronger in October ($F_{1,43}=6.88$; p<0.02). We 132 observed that the loss rate of mussels decreased strongly over time $(F_{1,43}=253.66; p<0.001)$, most likely because most of the remaining mussels in the treatments had organized into clusters after the first few days (Fig. 3C and D). This result highlights the importance of cluster formation for the resilience of mussel beds following experimental disturbance.

 We conducted behavioral experiments in both the laboratory and in the field to unravel the importance of active mussel movement in cluster formation. The behavioral experiments revealed that limited ability of mussels to move and aggregate on sand – crucial in determining clump size – underlies lower resistance of mussels in unpatterned beds. The number of mussels in clumps was significantly 140 enhanced by both the simulated clustering and banding treatments $(\chi$ 2=78.44; p<0.001 and γ 2=106.59, p<0.001, respectively) compared to the controls where average clump size was up to 3 142 times smaller. Moreover, we found a significant interaction between both treatments (χ^2 =38.28, p<0.001), as both the banding and the clustering treatments similarly facilitated aggregation (Fig. 4A). In addition, we also identified a significant interaction between the clustering treatment and the 145 experimental setting (χ^2 =11.10, p<0.001), as the effect of clustering was marginally lower in the field compared to laboratory conditions. Apart from forming smaller clumps, we also found 2 to 7 times more individual mussels out of clumps in the controls as illustrated by a significant effect of the clustering and banding treatments, as well as their interaction, on the number of isolated mussels

 (F1,32=34.96, p<0.001; F1,32=43.93, p<0.001; F1,32=16.88, p<0.001, respectively; Fig. 4B). Similar to clump size, we also found a significant interaction between bands, clusters and the location 151 (F₁₃₂=7.65, p=0.009), because effects of self-organization were comparable but slightly lower in the field.

 When the movement of mussels on sand is compared to that on rock in the laboratory, results show that the inability of mussels to move and aggregate on sand is the key limitation explaining the low persistence of mussels in the control treatments, where patterns were absent. The clustering and banding treatments had no significant effect on mussel movement in terms of their average velocity, 157 but mussels were found to move better on stone than on sand $(F_{1,609}=109.23, p<0.001;$ Fig. 5). Furthermore, we found significant two-way interactions between banding and substrate, and clusters 159 and substrate $(F_{1,609} = 16.91, p \le 0.001; F_{1,609} = 29.57, p \le 0.0001$, respectively), as well as a three-way 160 interaction between banding, clustering and substrate $(F_{1,609}=15.12, p<0.0001)$. Overall, these results highlight that when isolated, individual mussels can double their movement velocity when on rock, allowing for a fast behavioral response to isolation, is in agreement to observations in prior studies (9, 28). In contrast, the movement of mussels on sand is lowered by 26% to 39% when they are isolated. This highlights that when they are alone and on sand, mussels experience significant restrictions in their movement, preventing them to form the clumps that are essential for survival, and explaining the low persistence within the unpatterned mussel treatment, where mussels were scattered over the entire experimental area.

Discussion

 Theoretical models predict that self-organized spatial patterns can have important emergent consequences for the functioning of ecosystems and their ability to resist disturbance (2, 6, 13, 21, 24, 33, 34). However, experimental validation of these emergent effects is lacking, restricting advancement and refinement of this cross-ecosystem theory as well as the application of self- organization concepts in the management and restoration of degraded ecosystems (25). In this paper, we experimentally demonstrate that in mussel beds, self-organization processes enhance mussel resistance to disturbance and thus the stability of this diversity-enhancing ecosystem on intertidal flats

 (35). This positive feedback occurs because of a synergistic interaction between self-organization processes occurring at two separate spatial scales. Without any form of self-organization, i.e. when fully dispersed, field experiments demonstrate that the loss of mussels from the bed is 2.5 to 5 times higher compared to beds where mussels were aggregated in patterns of any sort. Here, small-scale, behavior-driven patterns proved crucial for mussel persistence, and the large-scale banded patterns facilitated aggregation at the small scale. In-depth laboratory analyses identify behavioral self- organization at small spatial scale as the determining factor for the persistence of mussels on the beds; inability to move and aggregate into clumps in the treatments without any self-organization was found to underlie the high losses experienced in this treatment. Hence, our results provide unambiguous experimental support for the emergent effects of spatial self-organization in mussel bed ecosystem, and highlight the mechanisms that are behind this phenomenon.

 Biological complexity at different spatial scales, driven by a multitude of behavioral, population- level or ecosystem-level processes, is a defining characteristic of natural ecosystems. A recent theoretical study highlighted that the interplay between two different self-organization processes, created spatial patterns at two different scales in mussel beds, which proved a crucial factor defining mussel bed persistence (21). Our results provide experimental validation of this prediction. The formation of small-scale self-organized patterns proved to be crucial for mussel persistence, as clumps increase resistance to disturbance - dislodgement and predation (9, 36-39). In our experiment, the large-scale spatial patterns were found to stimulate the formation of small-scale cluster patterns essential for survival: without large-scale banded patterns, clump formation was hampered, leading to excessive mussel losses. When aggregated into bands, mussels could aggregate and form the cluster patterns by using each other as a foothold, a behavior that becomes impossible when fully dispersed due to the low overall density. Hence, we observed a clear interaction between two scales of pattern formation in driving mussel bed persistence.

 An unexpected result from our experiments was the clear importance of rapidly emerging behavioral self-organization in determining the persistence of mussel bed. Most studies of regular patterns in ecosystems suggest a scale-dependent interplay of facilitation and competition as the underlying process (5, 7, 10, 13, 14), a slow form of pattern formation that is akin to Turings activator- inhibitor principle (40, 41). In mussels, however, the formation of small-scale patterns results from a behavioral process that is more similar to the physical process of phase separation (28). Phase separation occurs for instance during the formation of alloys, where separation between different types of molecules creates spatial patterns at sub-millimeter scale, which boosts the material strength of alloys such as steel and bronze (42). Our results highlight that the patterns resulting from the behavioral self-organization in mussels (49) similarly determine the "strength" of mussel beds to resist predation and wave action. This highlights the importance of behavioral self-organization, driven by fast movement processes, as an underappreciated and understudied driver of ecosystem persistence.

 Our study adds to a growing body of papers – theoretical or empirical – pointing at the importance of facilitation and self-organization for the resilience (43, 44), and productivity (45), and biodiversity of natural ecosystems (35). In many – if not most – human-modified ecosystems, the natural spatial structure is altered or lost to mowing, drainage, dredging and other forms of interference. Moreover, in the coming decades, many ecosystems are expected to face further increases in disturbance as a result of global change (46, 47). Our results highlight that restoration of natural communities in these human-altered and homogenized ecosystems could be facilitated if 1) the original spatial structure is restored or conserved, or 2) the self-organization processes that generate these spatial patterns are restored to their former functioning. This requires a change in management perspectives and restoration approaches. It is likely insufficient to focus on improving abiotic conditions and removing 222 dispersal barriers, as these do not recover the facilitative processes that are characteristic to foundation species such as mussels, cordgrasses or marram grass (25, 26). Instead, restoration approaches should also aim to restore the functioning of internal positive feedback interactions to facilitate the persistence of the involved species. This can be done by recovering or approximating the self- organized spatial configuration of the ecosystem that has to be restored. Our study suggests that harnessing the emergent effects of spatial self-organization can make an important difference in the restoration of many marine and non-marine ecosystems, such salt marshes (25), seagrass beds (48) or arid bushlands (49).

 There has been a recent global surge in promoting habitat restoration as a critical conservation approach to deal with both climate change and habitat degradation. At the 2014 United Nations Climate Summit, all nations present pledged to actively restore 350 million acres of degraded ecosystems by 2030. Critical to the success of this global pledge is (1) the facilitation of regrowth of ecosystems in degraded areas, and (2) the continued persistence of those systems once they are initially established. Although restoration of habitats dominated by ecosystem engineers has been prioritized (50-54), large-scale restoration attempts of ecosystems such as coral reefs, shellfish reefs, seagrasses, is currently very costly and of limited success (55-59). As many of these ecosystems are characterized by self-organized spatial patterns generated by habitat forming species, we argue that harnessing positive interactions and the resulting self-organization processes will be critical in developing more successful restoration and conservation practices (25, 26, 46, 47, 60). Our paper provides a strong empirical basis for such a new premise by experimentally demonstrating the importance of self-organization in mussel bed restoration. Moreover, it highlights the importance of the interplay of behavioral and ecological processes in driving ecosystem resilience. This points at the need for an integrated perspective on ecosystem restoration that not only addresses limitation in organism establishment, but integrates the impact of organism behavior in terms of their effect on ecosystem resilience (21).

Materials and Methods

Ecological field experiment

 To study the effect of self-organization on mussel bed persistence, we set up an experiment in which we tested the importance of pattern formation on the persistence of transplanted mussels in artificial beds. We tested for the effect of large-scale self-organization (bands) and small-scale self-organization (clusters) in a full-factorial design and then measured how treatments affected the persistence of the bed in the weeks after transplantation.

 We set up the experimental beds (3x5m) on the tidal flats near Schiermonnikoog, the eastern island of the Dutch Wadden Sea (Figure 6) in an area at the same elevation as natural beds (-0.5m, coordinates: 53°27'9.91"N,6°8'50.07"E). Using mussels from a nearby intertidal mussel bed, 12 plots 257 were constructed using an overall density of 2,7 kg/m² (40kg in total), which is similar to densities found in natural mussel beds (9). We applied four different spatial treatments in these experimental beds. The large-scale self-organization was represented by 2 bands of 1 by 3m. Within these bands, mussels were aggregated by hand in string and cluster patterns to reflect small-scale self-organization. In the first treatment (control, Figure 2A), all scales of self-organization were present. In the second treatment (Figure 2B), only clusters were made, and no large-scale, banded patterns were used. In the third treatment (Figure 2C), only bands were made, within which the mussels were fully dislodged. Finally, in the control treatment (Figure 2D), neither large- and small-scale self-organization was implemented, and mussels were randomly dispersed on the plot. Plots were positioned along the low- water line, and the bands were orientated perpendicular to the dominant flow direction. The entire experiment was replicated 4 times in space yielding 16 beds in total. To test for generality over time, the experiment was conducted twice, once in summer (June 2012), and once in autumn (October 269 2012). To measure the change of mussel cover in time, we took aerial pictures at a daily basis during the first 6 days, and once every 12 days after that, using a camera mounted on a telescopic pole. Pictures were transformed in black (mussels) and white (bare sand) images using Image J software. The proportion of black pixels was determined using image J, to provide us with an estimate of mussel cover for each plot. The development of cover over time was used as a measure of mussel persistence.

Behavioral experiments

 To investigate to what extent mussel movement behavior contributes to the observed differences in self-organization and subsequent persistence, we studied how mussel aggregative movement varied with the various densities of conspecifics in the different treatments. We first studied mussel aggregation both under natural and controlled conditions. In a second experiment, we analyzed aggregative movement in controlled laboratory conditions.

 Mesocosm experiment: In the mesocosm, small artificial beds (40x40cm) were set up in two polyester tanks (120x80cm). As in the previous experiment, 4 spatial treatments were used with 4 replicates per treatment. To reflect the conditions within the bands of the large-scale self-organization treatment used 283 in the field, we used a high density of 5.6 kg/m². To reflect conditions without bands, we lowered the 284 density to 2.5 kg/m². Both densities are within the range of densities found in natural mussel beds (9). In both densities, we mimicked small-scale self-organization by aggregating mussels by hand in 286 clumps in half of the units. In the other half, small-scale self-organization was removed by manually detaching the mussels and placing them randomly on the bed.

 Early observations suggested that mussels appeared more restricted in their movement on sediment compared to the stone surfaces that had been used in prior experiments (Van de Koppel et al 2008, De Jager et al 2011). For this reason we replicated the entire experiments on both solid and sandy substrate. The experiments were carried out in 80x120x10 cm tanks with a constant supply of fresh seawater. Each 100 L tank was divided in 2 equal areas on which treatment was randomly applied to create 4 small artificial mussel beds were created. The bottom of the tanks was covered with either 5-cm layer of sand or a 50x50cm stone tile. Mussels were collected from wooden poles at the beach near Vlissingen (The Netherlands) a few days prior to the start of the experiment. Before the start of the experiments, the mussels were dislodged and added to one of the treatments. Each experiment was repeated 3 times.

 Field experiment: Finally, to test whether laboratory results were an accurately reflected natural conditions, we repeated the part of laboratory experiment that concerned manipulation of mussels on sandy substrate. Pilot experiments revealed that visibility nearby the artificial beds on Schiermonnikoog was too limited to allow for reliable underwater camera observations. The experiment was therefore moved to a tidal flat in the Eastern Scheldt, in the South of the Netherlands (51°27'44.85"N,4°4'51.75"E, Figure 6), where water clarity was much higher. We used the same plot size (~40x40-cm clumps within 50x50-cm plots) and aggregation treatments as in the laboratory and collected the mussels from the same site a few days prior to the start of the experiment. The experiment was set up in November 2013 and replicated 2 times.

 Data collection: We tracked mussel aggregation and movement in the laboratory using Canon powershot D10 cameras that were mounted over each tank. For the field, we used Canon powershot S90 cameras within a Ikelite 6242.95 underwater housing (www.ikelite.com). The cameras took

 pictures every minute for 180 minutes. For each picture, we applied a pixel to cm conversion coefficient based on the distance of the camera from the bed and its angle. To analyze the effect of the treatments on the level of aggregation we counted the number of clumps, the number of mussels within the clumps, and the number of isolated mussels after 24 hours. In the lab, mussel movement velocity was quantified for 10 random mussels in each experimental unit. Images were processed in Image J and Matlab to determine the change in position (x,y coordinates) of the mussels, from which the distance travelled per unit of time was calculated.

Statistical Analyses

 Ecological field experiment: All of statistical tests were run in R version 3.2.2. Loss of mussels in the ecological experiment was studied including 2 different periods: during the first 6 days of experiment and during the remaining part of experiment. We used analysis of variance (ANOVA) with the four self-organization treatments, period (first 6 days or remaining days), and sampling month as fixed factors.

 Mussel aggregation analyses: Differences in clump size (i.e. the number of mussels in a clump) was analyzed using a Generalized Linear Model with a negative binomial distribution, using banding, clustering and location (field or mesocosm) as fixed factors. The percentage of single, detached mussels was analyzed using ANOVA with banding, clustering and location (field or mesocosm) as fixed factors. The percentage of loose mussels was square root-transformed in order to obtain a normal distribution of the model residuals.

 Aggregative movement analyses: Differences in movement on sandy versus rocky substrate were tested using an ANOVA, with the aggregation treatments and substrate as fixed factors. The data were square root-transformed in order to obtain normality of the model residuals.

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 Figure 1: Observations of self-organization in different ecosystems. A: Spotted pattern of in coral reefs in Australia (© Google Earth). B: Labyrinth pattern of bushy vegetation in Niger (© Google Earth). C: Banded patterns in seagrasses in Australia (Picture : Marjolijn Christianen), D: Small-scale self- organization in mussel bed in the Netherlands (Picture: Hélène de Paoli). Mussels organize in strings (5-10cm wide). E: Large-scale self-organisation in mussel beds in the Netherlands (Picture: Hélène de Paoli). Mussels organize in bands (5-7m wide).

486 Figure 2: Experimental set up to study the effect of spatial self-organization on persistence of mussel 487 beds. Artificial beds were set up using a full factorial design, using four treatments: A: Both bands and 488 clusters, B: Clusters but no bands, C: Bands but no clusters, D: Mussels fully dispersed (control). Note 489 that for each experimental plot, each treatment was repeated, making a 3 by 5 plot.

 Figure 4: Effect of experimental self-organization treatments on clump formation in laboratory and field conditions. A: Average number of mussels per clump (Mean +/- SE). B: Average number of loose, individual mussels (Mean +/-SE).

 Figure 5: Average movement velocity of a individual mussels under laboratory conditions (Mean +/- SE). Isolated individual mussle on a rocky surface increase their velocity, whereas movement on sand under these consitions is hampered.